

BALGOWLAH HEIGHTS PUBLIC SCHOOL TERM 3 PROGRAM 2021

## Term 3 Week 9 - Home Learning Program Year 6OC

= Google Classroom Activity						
	Monday 6 September	Tuesday 7 September	Wednesday 8 September	Thursday 9 September	Friday 10 September	
Check in	Check in on Google Classroom - make sure to read your teacher's morning post and answer the daily roll question					
Wellbeing Activity	Mindful Monday <u>Smiling Mind</u> 204 -Emotions meditation (My programs-10-12yrsMindfulness 204-Emotions meditation) This meditation helps you tune into where you feel emotions in your body.	Watch and join in <u>Take Five</u> <u>Breathing</u> . This will help you to calm your mind. Write a list of activities you like to do to calm down. (Eg/ read, draw, meditate, hug your pet, drink water, lay in a hammock)	Green over Screen Paint a kindness rock and place it in your front garden or on a path you walk along. It will bring a smile to someone's face and bring you joy.	Watch <u>Zones of Regulation Home</u> <u>Check-In</u> and create your own for your family to use to show how you are feeling. You might like to make it together. Follow these steps and copy <u>Zones</u> <u>Check-In</u> proforma (for school).	What zone are you in? Use your Home Check-In & notice changes in your emotions throughout the day. What causes your emotions/ feelings to change? Use Lazy 8 breathing as a strategy to calm.	
Morning	Class Zooms!         At 9.10am, your individual classes will have Zoom sessions!         Spelling - Soundwaves Unit 27 Y6 Extension List View the words on the attached doc and complete the assigned activity         View the words on the attached doc and complete the assigned activity         FRUIT/ BRAIN BREAK         Education LIVE stream Check out today's video https://education.nsw.gov.au/te aching-and-learning/learning-from m-home/learning-at-home	Class Zooms!         At 9.10am, your individual classes will have Zoom sessions!         Spelling         Spelling/Vocab games online (use links attached to today's assignment)         Play two of the Soundwaves online games.         FRUIT/ BRAIN BREAK         Education LIVE stream Check out today's video https://education.nsw.gov.au/te aching-and-learning/learning-from-home/learning-at-home	OFFLINE WEDNESDAY! No Zoom this morning. Today's work will be completed offscreen, however; you will need to access your Google Classroom to source resources or instructions before you begin. Spelling - <u>Soundwaves</u> <u>Activity Page 2</u> Student Code: water693 FRUIT/ BRAIN BREAK Reading and Responding Based on the novel you are reading or have read and complete one these tasks OFFLINE	Class Zooms!         At 9.10am, your individual classes will have Zoom sessions!         Spelling         Kahoot based on all Unit 27 words (link attached to today's assignment)         words (link attached to today's assignment)         FRUIT/ BRAIN BREAK         Education LIVE stream         Check out today's video         https://education.nsw.gov.au/te         aching-and-learning/learning-from         m-home/learning-at-home	Class Zooms!         At 9.10am, your individual classes will have Zoom sessions!         Viewing and Responding         Sit back and relax and watch this week's BTN episode.         Complete the set Kahoot after viewing.         Keter Strategy         Keter Strategy         Recess 10:20 am	

	Reading and Responding Final: 'How to Make a Bird' - today's activity is to Create: (Slides) Writing Poem Forest This week you will be composing your poem for the Red Room Poem Forest competition. Review your 'Nature Mind Map' (week 7) and the poems you created using poetic devices (week 8) and start pulling together ideas for your poem. Jot them down e.g. topic, device/s you want to use, what emotion do I want to express?	Reading and Responding 'Wonderopolis' Use the link attached to today's assignment and explore the 'World of Wonders' <b>Writing</b> Poem Forest View the slides showing some examples and the poets' reflections. Follow the prompts and start writing	Artful Artist ( <u>Slides</u> ) Creator ( <u>Slides</u> ) Literary Observer ( <u>Slides</u> ) Writing Poem Forest Continue writing your poem.	Reading and Responding 'Wonderopolis' Use the link attached to today's assignment and explore the 'World of Wonders' <b>Writing</b> Poem Forest Complete your poem and submit on Classroom	10:45 am to 12:45 pm SHEER GENIUS Curiosity Shop Project			
Recess B Middle Whole Number	MATHEMATICS Whole Number REVISION/MUST> MUST> MUST/ SHOULD> All activities will be posted on the OC Maths Slideshow - uploaded on Monday to Google Classroom. **Read the instructions on the first slide**	MATHEMATICS Whole Number MUST/SHOULD> SHOULD> SHOULD/ COULD>	MATHEMATICS Whole Number Try your hand at these <u>card</u> activities and games to improve your calculation skills!	MATHEMATICS Whole Number SHOULD	Curiosity Shop Project cont.			
	Lunch Break							
Afternoon	CREATIVE ARTS Music Go to the music Google Classroom to find a variety of activities. Code: juv43dk Stage 3 Week 9	.HISTORY This week we are continuing to look at the Paralympic Games, focusing on the athletes and their stories View the slides and complete the task/s assigned <u>(submit today)</u>	Visual Arts Complete this drawing. Try to be as creative as you can!	Science Lesson Seven Meat Free Monday Google Classroom fndftav Code 6489 Link: http://inq.co/class/2gb5 Stage Zoom!	<ul> <li>PDHPE <u>High Jump</u></li> <li>1. Watch Mr Smith's <u>Video</u></li> <li>2. Watch the rules of high jump <u>animation</u></li> <li>3. Watch Little Athletic's <u>video</u></li> <li>4. Watch rotating over the</li> </ul>			

	Visual Arts Watch this video to assist you with Wednesday's visual arts task. <u>How to Add Value with</u> <u>Colored Pencils</u>		Or Draw an animal of your own creation by combining two different animals.	At 2pm, your grade will have a Zoom session! <u>Click here to access.</u> Bring your pet to Grade Zoom day!	<ul> <li>bar <u>video</u></li> <li>Complete the agility, balance and coordination fitness <u>circuit</u> and then go outside and practise your jumping. Be creative!</li> </ul>
Make sure you have submitted to your teacher:	<ul><li>Spelling</li><li>Reading</li></ul>	<ul><li>Reading</li><li>History</li></ul>	<ul> <li>Nothing to submit OFFLINE TASKS ONLY TODAY</li> </ul>	<ul> <li>Reading</li> <li>Writing - Poem</li> <li>Maths</li> <li>Science via Science GC</li> </ul>	<ul> <li>BTN Kahoot</li> <li>Maths - project task</li> </ul>
Check Out Task	Complete a kind gesture for a family member at home.	Read a book in a comfy corner of your room.	Listen to some music and relax on your bed.	Complete some mindful colouring or drawing.	Get outside and get some fresh air.

Incorporate at least 20 minutes of independent reading into your daily routine.

Zoom Years 5 and 6 (Stage 3) Grade Zoom Link Thursday 2pm

https://nsweducation.zoom.us/j/63444289473?pwd=QWIKRWYxbFVnN3VGOGVYMEVPcIdXUT09

Meeting ID: 63444289473 Passcode:393070



Year 6 Class Zoom Links

## 6L Mrs Chester's Personal Meeting Room 9:10am

Join Zoom Meeting:

https://nsweducation.zoom.us/j/8704204339?pwd=NjNBMFRhTG1vZmoycHVIbXl2U3dxUT09

Meeting ID: 870 420 4339

Passcode: bhps21