



## Term 3 Week 8 - Home Learning Program Year 1

= PM Reader App

= Mathletics Set Task

= Seesaw activity or post work to Seesaw

= Zoom Meeting

	Monday 30 August	Tuesday 31 August	Wednesday 1 September	Thursday 2 September	Friday 3 September
<b>Morning check-in</b>	Class Zoom call 9:00am. Click your class for link: <a href="#">1G 1J 1M 1W</a>	Class Zoom call 9:00am. Click your class for link: <a href="#">1G 1J 1M 1W</a>	Check Seesaw for a morning message from your teacher. <a href="#">Stage 1 Zoom</a> 2:00pm with Mr Shuster, Mrs Lockhart and Ms Rhodes	Class Zoom call 9:00am. Click your class for link: <a href="#">1G 1J 1M 1W</a>	Check Seesaw for a morning message from your teacher.
<b>Wellbeing Activity</b>	Mindful Monday- <a href="#">Smiling Mind</a>  Mindfulness -Gratitude meditation  (My programs-Year 1-Lesson 11-Gratitude meditation)  Listen to <a href="#">Kid President's 25 Reasons to Be Grateful</a>	Watch <a href="#">Taste Test Mindful eating</a> . You will need a small piece of fruit for this healthy start to your day!  Help someone with making a meal today.	Watch and join in <a href="#">Kids Circuit</a> or create your own obstacle course outside- include star jumps, sit ups, skipping, running.  Thank your body for its strength, and your mind for pushing through challenges.	Join in <a href="#">Gratitude tree meditation</a> .  Add 3 leaves of gratitude to your tree at home.	Watch <a href="#">Strike a (Power) Pose</a> to start your day confidently. Sketch a picture of you as a cartoon character with superpowers (think of your strengths). 
<b>Morning</b>	<b>ENGLISH</b>  <b>Before Reading:</b> Look at the front cover and read the first page. Tell someone in your family what you predict will happen in the story.  <b>Reading</b> Read a book on the PM	<b>ENGLISH</b>  <b>Reading</b> Read a <b>fiction</b> book on the PM reader app or a book of your own.  <b>After reading:</b> Tell someone in your family what happened at the beginning, middle and end of the story.	<b>ENGLISH</b>  <b>Reading</b> Read a <b>non-fiction</b> book on the PM reader app or a book of your own.  <b>After reading:</b> Be a noun detective. A <b>noun</b> is a person, place or thing.	<b>ENGLISH</b>  <b>Reading</b> Read a <b>fiction</b> book on the PM reader app or a book of your own.  <b>After reading:</b> Tell someone in your family, what was the complication in the story? The complication is the	<b>ENGLISH</b>  <b>Reading</b> Read a <b>fiction</b> book on the PM reader app or a book of your own.  <b>After reading:</b> Draw a picture of your favourite part of the story and discuss your drawing with someone in your family.

reader app or a book of your own.

## FRUIT BREAK

### Spelling Unit



On Seesaw, click the link and sing along with the actions to all the sounds we have learnt so far. Drag the words to match the picture for the sound of the week.

Can you become a GOLD medal winner?

Go on a Word Hunt around your house for the week's sound.

Bronze = 5 words

Silver = 10 words

Gold = 20 words

Use the template on Seesaw or write your words on paper and upload a photo.

### Writing: Recycling Journal

This week year 1 had planned an excursion to Kimbriki Tip Waste and Recovery Center.

The writing activities for this week will be focused on the ways we can help the environment by

- Reducing
- Reusing
- Recycling

Watch the video to learn about the 3 R's, Link here:

Reduce, Reuse and R...

## FRUIT BREAK:

### Writing: Kimbriki tip virtual tour

[Watch this video to take a tour around Kimbriki tip.](#)

**Write a short paragraph** describing Kimbriki tip and how the center is helping people to reduce, reuse and recycle.

You could include information about the different items they can take there- you might like to mention -

- The buy back center where you can buy items that can still be used
- Household recycling (paper and cardboard)
- Eco center for school excursions and education on recycling and composting.
- Green waste - take old plants and vegetation from the garden
- Weighing in and out on the weigh bridges

Take a photo of your work and upload it to Seesaw



How many nouns can you find in the story? Point out some nouns to someone in your family.

## FRUIT BREAK

### Writing: Recycling at our school

Go through the Sustainability at our school slideshow with Miss Goldrick

Link here:

Untitled: Aug 24, 2021...

**Write a letter to a friend** at another school to tell them about all the different ways students at Balgowlah Heights are helping the environment.

You might like to mention

- Why it is important to recycle
- How we use recycling bins
- Our native garden that grown herbs and vegetables
- How we recycle paper in the classroom
- Waste free lunches and Waste free Wednesday

Take a photo of your work and upload it to Seesaw



problem, when there is something to overcome or resolve.

## FRUIT BREAK

### Spelling

Choose 10 of your words from the Monday Word Hunt/Matching activity. Write a your words in either one or a mix of:

*Rainbow*

*Fancy*

**Bubble**

### Writing: Composting and Worm farms.

Watch the slideshow with Miss Goldrick on how we compost at school.

Link here:

<https://youtu.be/QilUMFAabGg>

In the presentation there is a link to a 'Composting 101' video by the ABC. If you would like to view it as well, you can click this link: <https://www.abc.net.au/gardening/factsheets/compost-101/12654882>

At school we use large compost bin's filled with food scraps. The nutrient rich soil goes back into our gardens and vegetable patches to help the plants grow.

## Spelling

### Roll a Word



Choose 6 of your words from the Monday Word Hunt/Matching activity. Write a word in the top of the box under each picture of the dice.

Roll a dice and match the number you rolled with the number on the board.

Say the word under the number. Write the word in the box. Repeat until your page is filled.

You can:

1. write or type onto the template in Seesaw
2. print out the page
3. draw 6 columns on a sheet of paper and complete

## FRUIT BREAK



How can we reuse items to give them a new purpose?

Watch this Video to learn about how artists at kimbriki tip are reusing and recycling materials to make art.






[https://www.kimbriki.com.au/aiovg\\_videos/kimbriki-artist-in-residency-program/](https://www.kimbriki.com.au/aiovg_videos/kimbriki-artist-in-residency-program/)




**Find some items at home that you could reuse or repurpose to make something new.**

You could make  
- an artwork

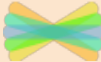




	<p><b>Write a short paragraph</b> about the ways you are already recycling in your home. Are there any questions you have about what can or can't be recycled that you would like to find out?</p>			<p><b>Design a Compost Poster</b> that Mr Shuster could use to encourage the students to put their compost in the bin. You might include</p> <ul style="list-style-type: none"> <li>• Why composting is important</li> <li>• where to put your food scraps</li> <li>• Where we will use the compost (in our native gardens and vege patches)</li> <li>• How it helps the environment</li> </ul> <p>Take a photo of your work and upload it to Seesaw</p> 	<ul style="list-style-type: none"> <li>- a toy</li> <li>- a musical instrument (like a shaker or drum).</li> </ul> <p>Take a picture of your item and then write a few sentences describing your item and how you created it.</p>
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**Break**

<p><b>Middle</b></p>	<p><b>MATHEMATICS</b></p> <p><b>Counting on and back</b></p> <p>Complete the addition and subtraction activity in Seesaw.</p>  <p>Use the counting on and back strategy to work out the addition and subtraction problems.</p> <ul style="list-style-type: none"> <li>- Circle the bigger number and count forwards or backwards to solve the problem.</li> </ul>	<p><b>MATHEMATICS</b></p> <p><b>Doubles &amp; Near Doubles</b></p> <p>Complete the doubles and near doubles activity on Seesaw.</p>  <p><b>Doubles:</b></p> <ul style="list-style-type: none"> <li>- Spin the 1-10 spinner</li> <li>- Find the double answer of the number you landed on.</li> <li>- Circle the answer on the game board.</li> </ul> <p><b>Near doubles:</b></p>	<p><b>MATHEMATICS</b></p> <p><b>Combining numbers to 10 Bridging to 10</b></p> <p>Complete the activity on Seesaw.</p> <ul style="list-style-type: none"> <li>- Circle the numbers that add to 10.</li> <li>- Add the remaining number to find the total sum.</li> </ul>  <p><b>Optional: <a href="#">Mathletics</a></b></p> <p>Choose one or more of the Mathletics activities.</p> <ul style="list-style-type: none"> <li>- Add 3 numbers using number bonds to 10.</li> <li>- Addictive Addition</li> <li>- Subtracting from 10</li> </ul>	<p><b>MATHEMATICS</b></p> <p><b>Volume and Capacity</b></p> <p>Watch  <a href="#">Volume and Capacity f...</a></p> <p>Think about why you would need to know which of two (or more) containers is the larger?</p> <p>How do you know which container holds the most?</p> <p>Look around your home, How many cans fit in a cupboard? Think about how many oranges fit in a bag?</p> <p>Complete the activity: </p>	<p><b>MATHEMATICS</b></p> <p><b>Volume and Capacity</b></p> <p>Today we will measure the volume of two different rectangular containers.</p> <p>You will need Lego or blocks and balls or marbles to measure the volume of 2 rectangular containers or boxes. (Make sure you use the same size unit of lego to measure).</p> <p>Estimate how many blocks you will need to fill each container. Write your estimation down.</p>
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	<p><b>Optional:</b> Play the game <a href="#">Mental Maths Train</a>.</p>	<ul style="list-style-type: none"> <li>- Add the two numbers in the rockets using near doubles.</li> <li>- Find the answer and move the flame with that number under the rocket.</li> </ul> <p><b>Optional:</b> Play the game 'hit the button' Follow the link, click doubles and play doubles to 10.</p>	<ul style="list-style-type: none"> <li>- All about 10</li> </ul> 	<p>How many spoons of water fit in a bucket? How many cups of water fit in a bucket? Estimate your answer first and then count.</p> <p>Is the container full? What did you use? Are there any gaps? Can you think of another unit to fill the bucket?</p> <p>Take a photo of your results and record your answer.</p> <p>Activity: <a href="#">Mathletics: Filling Fast!</a></p> 	<p>Now count each item as you fill the container.</p> <p>What do you notice? Explain how you packed each item into the container. Were there any gaps?</p> <p>Can you think of a better way to fill the container so there are no gaps?</p> <p>Take a photo of your full container and record your answers on Seesaw.</p> 
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**Break**

<p><b>Afternoon</b></p>	<p><b>SCIENCE</b> This week we are looking at the constructed changes to our landscapes. Complete the activities on Seesaw.</p> 	<p><b>CREATIVE ARTS</b> <b>Music</b> Today's music lesson brings music for spring and a silly song about Dads snoring as well as revisiting last week's songs. Have fun!</p> 	<p><b>CREATIVE ARTS</b> <b>Visual Arts</b> On Seesaw, listen to the book Rain Fish.</p>  <p>Look closely at the pages from the book. Look at all the different types of garbage the fish are created from.</p> <p>Create your own Rain Fish or another animal of your choice from recycled materials around your home.</p> <p>Upload a photo of your creation if you want to share it with your teacher.</p>  <p><a href="#">zoom 2.00pm Stage one</a></p>	<p><b>PDHPE</b> <b>PE</b></p> <ol style="list-style-type: none"> <li>1. Watch Mr Smith's <a href="#">Video</a></li> <li>2. Watch <a href="#">GetActive@Home Video</a> and participate in catching activities</li> </ol>	<p><b>GEOGRAPHY</b> We will investigate how places are managed and cared for.</p> <p>Create a poster to show how you care for an important local place.</p> 
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			zoom.: Join Mr Shuster, Mrs Lockhart and Ms Rhodes for some afternoon games.		
Make sure you have submitted to your teacher:	<ul style="list-style-type: none"> <li>Journal</li> <li>Spelling</li> <li>Mathematics</li> <li>PD/Health</li> </ul>	<ul style="list-style-type: none"> <li>Writing</li> <li>Mathematics</li> </ul>	<ul style="list-style-type: none"> <li>Writing</li> <li>Mathematics</li> </ul>	<ul style="list-style-type: none"> <li>Writing</li> <li>Mathematics</li> </ul>	<ul style="list-style-type: none"> <li>Mathematics</li> <li>Geography</li> </ul>

Incorporate at least **20 minutes** of independent reading into your daily routine.



**Year 1 Class Zoom Links 9:00am Monday, Tuesday and Thursday**

<p><b>1G Maddison Goldrick's Personal Meeting Room 9:00am</b></p> <p>Join Zoom Meeting : <a href="https://nsweducation.zoom.us/j/4185352586?pwd=ZlpTL3hwR01FLzRoZyt5Sk53cEZndz09">https://nsweducation.zoom.us/j/4185352586?pwd=ZlpTL3hwR01FLzRoZyt5Sk53cEZndz09</a></p> <p>Meeting ID: 418 535 2586</p> <p>Passcode: bhps20</p>	<p><b>1W Ashlee Wyngaard's Personal Meeting Room 9:00am</b></p> <p>Join Zoom Meeting: <a href="https://nsweducation.zoom.us/j/2313810821?pwd=Z3NOd0wrK0w0M1RpU3RKNko2elAzZz09">https://nsweducation.zoom.us/j/2313810821?pwd=Z3NOd0wrK0w0M1RpU3RKNko2elAzZz09</a></p> <p>Meeting ID: 231 381 0821</p> <p>Passcode: bhps20</p>	<p><b>1J Monday/Tuesday Josie Conn's Personal Meeting Room 9:00am</b></p> <p>Join Zoom Meeting <a href="https://nsweducation.zoom.us/j/69445678672?pwd=THVpWWZDWjQweTlCMzVjVE5GYjdudz09">https://nsweducation.zoom.us/j/69445678672?pwd=THVpWWZDWjQweTlCMzVjVE5GYjdudz09</a></p> <p>Meeting ID: 694 4567 8672</p> <p>Passcode: 148904</p>	<p><b>1J Thursday Justine Oakley's Personal Meeting Room 9:00am</b></p> <p>Join Zoom Meeting <a href="https://nsweducation.zoom.us/j/63157417878?pwd=V1Z0d1lyQTY1cGVtbzBtTHRvNFVDOU9">https://nsweducation.zoom.us/j/63157417878?pwd=V1Z0d1lyQTY1cGVtbzBtTHRvNFVDOU9</a></p> <p>Meeting ID: 631 5741 7878</p> <p>Passcode: 363283</p>	<p><b>1M Linda McWhirter's Personal Meeting Room 9:00am</b></p> <p>Join Zoom Meeting <a href="https://nsweducation.zoom.us/j/4800360327?pwd=Rmw0UkZxeUIYQU9LZGJrVjQ5YnNaZz09">https://nsweducation.zoom.us/j/4800360327?pwd=Rmw0UkZxeUIYQU9LZGJrVjQ5YnNaZz09</a></p> <p>Meeting ID: 480 036 0327</p> <p>Passcode: 099294</p>
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**Stage 1 Grade Zoom Link Wednesday 2.00pm:** <https://nsweducation.zoom.us/j/64969392015?pwd=eJF5SVNIT3BsSC9UTmh6ZzdURmt6UT09>