



Term 3 Week 8 - Home Learning Program Kindergarten



= Seesaw activity or post work to Seesaw



= Zoom Meeting



= Brain Break

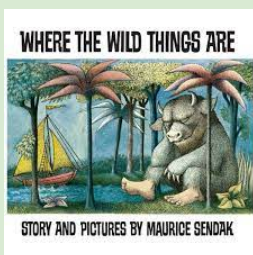
	Monday 30th August	Tuesday 31st August	Wednesday 1st September	Thursday 2nd September	Friday 3rd September
Check in Task	Class Zoom call 9:00 am Click your class for link KD KS KW KRA KE	Class Zoom call 9:00 am Click your class for link KD KS KW KRA KE	Check Seesaw for a morning message from your teacher. 2.30pm Grade zoom with Mr Shuster, Mrs Lockhart and Ms Rhodes	Class Zoom call 9:00 am Click your class for link KD KS KW KRA KE	Check Seesaw for a morning message from your teacher.
Wellbeing Activity	Mindful Monday Smiling Mind Mindfulness 207 -Gratitude meditation (My programs-7-9yrs-Mindfulness 207-Gratitude meditation) Listen to Kid President's 25 Reasons to Be Grateful	Watch Taste Test Mindful eating . You will need a small piece of fruit for this healthy start to your day! Help someone prepare a meal today.	Watch and join in Kids Circuit or create your own obstacle course outside-include star jumps, sit ups, skipping, running. Thank your body for its strength and your mind for pushing through challenges.	On & Off Flow Begin the day learning how to manage your energy. Watch and join in Take 5 breathing exercise to calm your mind when you need it today.	Watch and join in a meditation with Mind Yeti Hello Gratitude Think about what you are most grateful for this morning. Tell someone in your family why they are so special to you.
Morning	Class Zoom 9:00am ENGLISH	Class Zoom 9:00am ENGLISH	ENGLISH Soundwaves	Class Zoom 9:00am ENGLISH	ENGLISH PM - read for 10 mins

Soundwaves



Watch the video for today's sound - /ch/. Brainstorm some words that have this sound. Can you put some of these words into an interesting sentence?

FRUIT BREAK



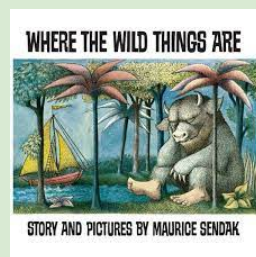
Where the Wild Things Are

Listen to Miss Irish read *Where the Wild Things Are*. What kind of wild thing would you be? Imagine you lived among the Wild Things. Draw a picture to show what your wild creature would look like, with labels. Write at least 3 sentences about what it looks like, what it sounds like and what it likes to eat.

Handwriting li -

You can practice your handwriting on a blank piece of paper or there are printable lines available on BHPS website.

FRUIT BREAK



Where the Wild Things Are

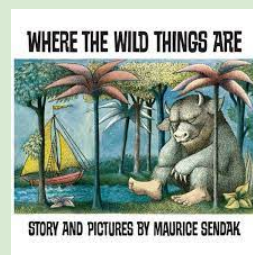
Listen to Miss Irish's video where she talks about Max's emotions in *Where the Wild Things Are*. Max was feeling very wild that night. Write at least 3 sentences about what you do when you feel wild. You might like to give an example of a time that you felt mad, upset or stressed, and what you did to calm yourself down.

PM - read for 10 mins



Watch the video for today's sound - /sh/. Brainstorm some words that have this sound. Can you put some of these words into an interesting sentence?

FRUIT BREAK



My Special World

When Max was upset, he went into his special world where he met the Wild Things. This helped Max to reflect on his actions and realise he wanted to be back with the ones who loved him most - his family.

Write at least 3 sentences describing your special world that you might go to when you need to reflect or calm down. Write about what you see, who is there and how it makes you feel.

ENGLISH

Handwriting Ji

You can practice your handwriting on a blank piece of paper or there are printable lines available on BHPS website.

FRUIT BREAK

PM Reader and writing



Read a PM book. In your own words, write about what happened in the story. Write about what happened in the beginning, middle and end of the story.



Sight word activity

Memory/ Snap

Write your words twice onto flash cards. Use these to play memory or snap.

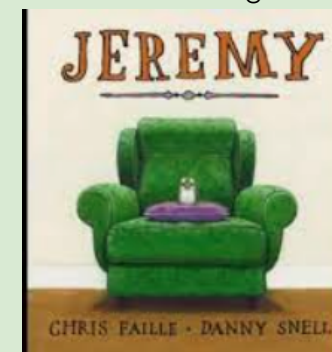
Don't forget to put your sticker on your reading chart.

Writing activity



Listen to Miss Saltmarsh reading the story *Jeremy* by Chris Faille and Danny Snell.

Write about your favourite part of the story. Remember to explain why you have chosen the part of the story. Don't forget to use your sound card when writing.



FRUIT BREAK

Creative arts
Gratitude art

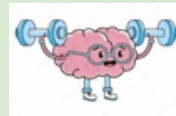
PM - read for 10 mins



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Optional Writing Challenge



There are 3 double pages in *Where the Wild Things Are* that do not have any words (shown on SeeSaw). Use speech bubbles to write what you think the characters might be saying on these pages. Write 1 sentence per double page. Look at SeeSaw for Miss Irish's example.

PM - read for 10 mins

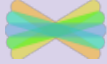
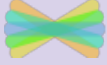
















Don't forget to put your sticker on your reading chart.



Create a portrait of your Dad or an adult in your life that you love. You could use paint, crayon, texta etc. Around your portrait write describing words to describe that person. E.g. Kind, loving, generous etc. Shhh... don't tell them about your art! Give it as a gift to thank them for all they do for you.

Break

<p>Middle</p>	<p>MATHEMATICS</p> <p>Warm up - watch the following video to practice our counting</p> <p>Fractions Monster art</p>  <p>Draw the outline of a monster, or use one of the monster templates on Seesaw. Do not colour in your monster when you are designing and outlining it.</p> <p>Once you have drawn the outline of your monster, put a line straight down the middle - your monster should now be split in half. Colour one half of your monster in cool tones (blue, green and purple), and the other half of your monster in warm tones (red, yellow and orange).</p> <p>Upload your monster to Seesaw when you have finished.</p>	<p>MATHEMATICS</p> <p>Warm up video - watch the following video to practice counting backwards</p> <p>Fractions Making a fruit salad</p>  <p>You will need to ask an adult for some help, and could use this fruit salad as your crunch and sip.</p> <p>Grab some fruit that you love to eat, two bowls, and something to cut the fruit with. Watch the video on Seesaw of Miss White making her fruit salad.</p> <p>Cut your fruit in half, and put one half of the fruit into each bowl. If you don't want to cut the fruit, you can ask an adult to cut the fruit instead. Show your trusted adult where they should cut the fruit to make equal halves. Once all your fruit is cut, share your fruit salad with someone.</p>	<p>HISTORY/GEOGRAPHY</p> <p>How do we look after the animals in our natural world? Watch the video on a Koala who needs help. Design a refuge for the Koala to live in. You could draw it or build it out of lego, cardboard, playdough etc.</p>  	<p>MATHEMATICS</p> <p>Warm up - watch the following video to practice counting by 10's.</p> <p>Capacity</p>  <p>We are learning about capacity, the amount of space a liquid occupies. Use a selection of different containers and a cup to measure the capacity of each container.</p> <p>Record your findings using the recording sheet on Seesaw or print the sheet.</p> <p>Make an estimate before measuring</p> <ol style="list-style-type: none"> 1. Record your estimate. 2. Use water and a cup to measure the capacity of each container. 3. Record your results. 4. Compare your results. 	<p>MATHEMATICS</p> <p>Warm up - watch the following video to practice counting forwards and backwards.</p> <p>Volume</p>  <p>We are learning about volume, the amount of space a substance occupies. Use sand or other household items to fill a bucket. How many scoops of sand does it take to fill a beach bucket? How many sandcastles can you build? How many scoops have you used? Take a photo of your results.</p> 
<p>Break</p>					

Afternoon	<p>PBL</p> <p>PERSONAL BEST</p> <p>The focus this week is on gratitude. We are learning to be grateful for our learning experiences and those who help us.</p> <p>Daily Gratitude Journal Keep a daily gratitude journal by drawing and writing about one thing you are grateful for each day. You can use the template on Seesaw or write on a piece of paper. Upload a photo of your journal on Friday for your teacher to read.</p> 	<p>CREATIVE ARTS</p> <p>Music</p>  <p>Today's music lesson brings music for spring, some more adventures with the orchestra and a silly song about Dad's snoring as well as revisiting last week's songs. Have fun!</p> 	<p>Science</p>  <p>Let's go on a leaf hunt. Can you find 5 different types of leaves? Complete the activities on seesaw.</p>  <p>zoom 2.30pm Kindergarten Grade zoom: Join Mr Shuster, Mrs Lockhart and Ms Rhodes.</p>	<p>PDHPE</p>  <p>PE</p> <p>Watch Mr Smith's Video</p> <p>Then, watch GetActive@Home Video and participate in catching activities</p> <p>PDH- Bike Safety</p> <p>Talk about rules for Bike safety, discuss these rules with an adult. Some rules include:</p> <ul style="list-style-type: none"> • always wear a helmet • ride with both hands on the handlebars • check for driveways • walk your bike across the road • use your bell to warn people before you pass them. <p><u>Optional activity</u> - Complete the art hub for kids activity ' how to draw a bike' using the link provided.</p>	<p>Fabulous Fun Friday</p>  <p>Choose an activity from the Fun Friday Grid to complete in the afternoon. The template will be in Seesaw.</p> 
Check out	<p>Zones of Regulation</p>  <p>How are you feeling today?</p>	<p>Butterfly Body Scan</p> <p>Find a quiet, relaxing place to lay or sit to listen to the meditation. Make yourself comfortable and enjoy.</p>	<p>Repeat this Affirmation</p> <p>I am safe I am cared for I am loved I am glad I am me Repeat 5 times</p>	<p>Add 3 things that you are grateful for today into your gratitude jar. Maybe ask each family member what they are grateful for too.</p>	<p>We are Going on a Bear Hunt Cosmic Yoga</p> <p>End the week with some relaxing yoga...have a great weekend :)</p>

Incorporate at least **10 minutes** of independent reading into your daily routine.

Class Zoom meetings Monday, Tuesday, Thursday				
KD class Zoom Link 9:00 am https://nsweducation.zoom.us/j/68029092624?pwd=VUZBN GFPUVFKaIM2VjFMSE9DVXg4 QT09 Meeting ID- 680 2909 2624 Meeting Password - KD	KF Class Zoom Link 9:00 am https://nsweducation.zoom.us/j/65928201102?pwd=bFZZZkpUTHE0RlpBYXhLZ0lpMzBrdz09 Meeting ID - 659 2820 1102 Meeting password - KF	KRA Class Zoom Link 9:00 am https://nsweducation.zoom.us/j/65646735342?pwd=d0Y1R zFibUVON29oZUp1djdaU0hNZ z09 Meeting ID-656 4673 5342 Passcode: KRA	KS Class Zoom Link 9:00 am https://nsweducation.zoom.us/j/62013730515?pwd=cVZsN HM1N09ucG9yclRXaHNJVXZ5 UT09 Meeting ID - 620 1373 0515 Meeting Password - KS	KW Class Zoom Link 9:00 am https://nsweducation.zoom.us/j/64430867044?pwd=djZaVk laWGRaQW8zQ0RkNCthbFN UQT09 Meeting ID - 644 3086 7044 Meeting password - KW
Kindergarten Grade Zoom Link 2:30pm Wednesday: https://nsweducation.zoom.us/j/68435720044?pwd=WTBlcmxJNTFCZDloZFpsWHBuRDIZUT09				