

## Term 3 Week 7 - Home Learning Program Kindergarten











= Seesaw activity or post work to Seesaw



= Zoom Meeting



= Brain Break

	Monday 23rd August	Tuesday 24th August	Wednesday 25th August <i>Wellbeing Wednesday</i>	Thursday 26th August	Friday 27th August
<b>Check in Task</b>	<p><b>Class Zoom call</b>  9:00 am</p> <p>Click your class for link <a href="#">KD</a> <a href="#">KS</a> <a href="#">KW</a> <a href="#">KRA</a> <a href="#">KF</a></p>	<p><b>Class Zoom call</b>  9:00 am</p> <p>Click your class for link <a href="#">KD</a> <a href="#">KS</a> <a href="#">KW</a> <a href="#">KRA</a> <a href="#">KF</a></p>	<p>Check Seesaw for a  morning message from your teacher.</p> <p><b>2.30pm Grade zoom</b>  with Mr Shuster, Mrs Lockhart and Ms Rhodes (Don't forget to dress up as a book character)</p>	<p><b>Class Zoom call</b>  9:00 am</p> <p>Click your class for link <a href="#">KD</a> <a href="#">KS</a> <a href="#">KW</a> <a href="#">KRA</a> <a href="#">KF</a></p>	<p>Check Seesaw for a  morning message from your teacher.</p>
<b>Wellbeing Activity</b>	<p>Smiling Mind-Mindful Learning 203-Empathy and Kindness (Programs-7-9yrs-203-Mindful Learning-Empathy and Kindness)</p> <p>Listen to <a href="#">What is gratitude?</a></p>	<p>Listen to <a href="#">The Thankful Book</a>.</p> <p>Write or draw 3 things that you are thankful for this morning. Pop them into your gratitude jar.</p> 	<p>Start the day with a self affirmation I am kind I am grateful I am special I am one of a kind Repeat 5 times</p>	<p>Listen to the <a href="#">The Gratitude Song</a></p>  <p>Make a handmade thank you card for someone special who has helped you. (<a href="#">For example-a teacher, friend, parent, helper, support teacher, office staff</a>). You can send a photo of your card to: <a href="mailto:balgowlah-p.schools.nsw.gov.au">balgowlah-p.schools.nsw.gov.au</a> email or place in the</p>	<p>Watch and join in a Go Noodle video <a href="#">Rainbow Breath</a>. We are so lucky for the fresh air we breathe each day.</p> <p>Spend time in nature today.</p>

				school letter box on Lewis street (near driveway)	
<b>Morning</b>	<p>Class Zoom 9:00am </p> <p><b>ENGLISH</b></p> <p><b>Soundwaves</b></p>  <p>Watch the video for today's sound - /x/ Brainstorm some words that have this sound. Can you put some of these words into an interesting sentence?</p> <p><b>FRUIT BREAK</b></p>  <p><b>Anemone is not the enemy</b> Listen to Miss Fleming read the CBCA shortlisted story. Anemone ends up helping his new friend. Write about how you can help your friends.</p> <p>Optional: Learn about the <a href="#">Great Barrier Reef</a> and</p>	<p>Class Zoom 9:00am </p> <p><b>ENGLISH</b></p> <p><a href="#">Handwriting Gg</a></p> <p>You can practice your handwriting on a blank piece of paper or there are printable lines available on BHPS website.</p> <p><b>FRUIT BREAK</b></p>  <p><b>There's No Such thing</b> Listen to the story There's No Such thing one of the CBCA shortlisted stories for this year. Think about how Bear and Ted are great friends and how Ted helps Bear throughout the story.</p> <p>Think about the characters that Bear was describing in the story. Write 3 or 4 sentences describing one of the characters which Bear was scared of. Think</p>	<p><b>ENGLISH</b></p> <p><b>Wellbeing Writing</b> After Listening to the Kindergarten teachers video this morning, write about some things that you are doing to look after your wellbeing during home learning? You don't need to share it on Seesaw but talk about the importance of caring for yourself and each other with your family.</p>  <p><b>FRUIT BREAK</b></p> <p><b>Restful Reading</b> Collect your favourite books from home and sit in a cosy place by yourself or with your family. Read together, look at the illustrations together...which books are your favourites and why? What makes a book special to you?</p>	<p>Class Zoom 9:00am </p> <p><b>ENGLISH</b></p> <p><a href="#">Handwriting Hh</a></p> <p>You can practice your handwriting on a blank piece of paper or there are printable lines available on BHPS website.</p> <p><b>FRUIT BREAK</b></p>  <p><b>Your Birthday Was The Best</b></p>  <p>Listen to Miss White read the CBCA shortlisted story. Have a look at all the different food being served in the story. Create a party food menu that you would love to have at your party. Write out your</p>	<p><b>ENGLISH</b></p> <p><b>PM - read for 10 mins</b></p>   <p><b>Busy Beaks</b> Listen to Mrs Kirwan read the CBCA shortlisted story. There are many different species of beautiful Australian birds in the story. What is your favourite bird? Draw a picture and write about why you choose your favourite bird.</p> <p><a href="#">Optional: Art hub for kids how to draw a Rainbow Lorikeet</a></p>  <p><b>PM - read for 10 mins</b></p>  <p><b>FRUIT BREAK</b></p>

create or draw your own coral reef.



**PM - read for 10 mins**



about what the character in the book looks like and how it might move.

Optional activity: Log into Story Box online  
Log in: BHPS1  
Password: library  
complete the [activity using the link provided to create your own character](#).

**PM - read for 10 mins**



### Soundwaves

Watch the video for today's sound - /qu/.  
Brainstorm some words that have this sound. Can you put some of these words into an interesting sentence?



menu, you can draw pictures also, and upload your menu to Seesaw.

**PM - read for 10 mins**

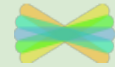


### Sight Word Hunt

Write out your sight word list on separate cards or paper and ask an adult or older sibling to hide them around the house for you.

As you find them you need to read them and say the word in a sentence. If you find the word -each- read the word and then a sentence - I want to eat each of the cookies.

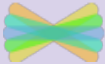
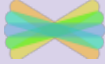

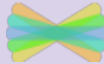
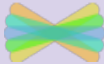







### HISTORY/GEOGRAPHY Rubbish in our natural environments



Watch the video on Seesaw about recycling. Complete the recycling activity, sorting rubbish into different categories.

Once you have sorted the rubbish, discuss with an adult or record a message on Seesaw for your teacher about what we could do to reduce the rubbish at school and at home.

**Break**

<b>Middle</b>	<p><b>MATHEMATICS</b></p> <p><b>Warm up</b> - watch the following video to practice our <a href="#">counting</a></p> <p><b>Fractions</b></p>  <p>Watch Miss Fleming's video exploring half. Sort the shapes according to those cut in half and those that aren't.</p>	<p><b>MATHEMATICS</b></p> <p><b>Warm up video</b> - watch the following video to practice <a href="#">counting backwards</a></p> <p><b>Fractions</b></p>  <p>Watch Miss Fleming's video about halving shapes into 2 equal parts. Have a go yourself using paper and scissors or art supplies such as paint, chalk or texta.</p>	<p><b>Calming Creative Arts</b></p> <p>Go outside and create an artwork of what you see.</p> <p>This could be going in the garden, on your balcony or front yard. You may draw, paint or use any materials you have to create your artwork from outside your house..</p> 	<p><b>MATHEMATICS</b></p> <p><b>Warm up</b> - watch the following video to practice <a href="#">counting</a> by 10's.</p> <p><b>Volume and Capacity</b></p>  <p>Watch Miss Irish's video on Seesaw about capacity. Complete the Seesaw activity to predict and compare the amount of liquid/sand different containers can hold.</p>	<p><b>MATHEMATICS</b></p> <p><b>Warm up</b> - watch the following video to practice <a href="#">counting</a> forwards and backwards.</p> <p><b>Volume and Capacity</b></p>  <p>Watch Miss Irish's video on Seesaw about volume. Complete the Seesaw activity using blocks/duplo to find out how much space different containers take up.</p>
<b>Break</b>					
<b>Afternoon</b>	<p><b>PBL</b></p> <p><b>PERSONAL BEST</b></p> <p>The focus this week is on gratitude. We are learning to be grateful for our learning experiences and those who help us.</p>  <p>Make a card for someone who has helped you. It might be a teacher, a member of your family or carer.</p>	<p><b>CREATIVE ARTS</b></p> <p><b>Music</b></p>  <p>Clap along with the ice-cream rhythms, meet the orchestra with George and do the actions to Home among the Gumtrees with Mrs Cronin.</p> 	<p><b>Wellness Wednesday</b></p> <p>Get outside into the sunshine and get moving.</p> <p>This afternoon go out for a walk, bike ride or create an obstacle course at home.</p>  <p><b>zoom</b> 2.30pm <a href="#">Kindergarten</a></p> <p><a href="#">Grade zoom</a>: Join Mr Shuster, Mrs Lockhart and Ms Rhodes to celebrate Book Week. Don't forget to dress up as a book character.</p>	<p><b>PDHPE</b></p>  <p>Watch Mr Smith's <a href="#">Video</a></p> <p>Watch discovering jumping <a href="#">video</a></p> <p>Watch and practice techniques from vertical jumping <a href="#">video</a></p> <p>Assess your technique using the <a href="#">video</a> and go back to adjust technique</p> <p>Jumping fitness <a href="#">circuit</a></p> <p><b>PDH</b></p>  <p>Create an artwork of your</p>	<p><b>SCIENCE</b></p>  <p>This week we are drawing and labelling parts of a plant. Upload a picture of your grass head to Seesaw.</p>

	Each day write one thing you are grateful for and put it in your gratitude jar.			favourite pool or beach. Discuss the safety rules with your family and write them down.	
<b>Check out</b>	<b>Zones of Regulation</b>  How are you feeling today?	Find a restful place to sit and get ready to <u>Slow Breathe with the Mind Yeti</u> 	 Say this affirmation 5 times out loud...it is true :)	Find a quiet place to lay down or sit with your favourite pillow. Close your eyes and imagine that you are inside your favourite book? Imagine you are one of the characters...think about what you would be doing? Which character are you? ...Mrs Daly would be Beth in The Magic Faraway Tree.	

Incorporate at least **10 minutes** of independent reading into your daily routine.

**Class Zoom meetings Monday, Tuesday, Thursday**

KD class Zoom Link 9:00 am	KF Class Zoom Link 9:00 am	KRA Class Zoom Link 9:00 am	KS Class Zoom Link 9:00 am	KW Class Zoom Link 9:00 am
<a href="https://nsweducation.zoom.us/j/68029092624?pwd=VU7BN GFPUVFKaIM2VjFMSE9DVXg4 QT09">https://nsweducation.zoom.us/j/68029092624?pwd=VU7BN GFPUVFKaIM2VjFMSE9DVXg4 QT09</a> Meeting ID- 680 2909 2624 Meeting Password - KD	<a href="https://nsweducation.zoom.us/j/65928201102?pwd=bFZ7Zk pUTHE0RlpBYXhLZ0lpMzBrdz09">https://nsweducation.zoom.us/j/65928201102?pwd=bFZ7Zk pUTHE0RlpBYXhLZ0lpMzBrdz09</a> Meeting ID - 659 2820 1102 Meeting password - KF	<a href="https://nsweducation.zoom.us/j/65646735342?pwd=d0Y1R zFlbUVON29oZUp1djdaU0hNZ z09">https://nsweducation.zoom.us/j/65646735342?pwd=d0Y1R zFlbUVON29oZUp1djdaU0hNZ z09</a> Meeting ID-656 4673 5342 Passcode: KRA	<a href="https://nsweducation.zoom.us/j/62013730515?pwd=cVZsN HM1N09ucG9yciRXaHNJVXZ5 UQ09">https://nsweducation.zoom.us/j/62013730515?pwd=cVZsN HM1N09ucG9yciRXaHNJVXZ5 UQ09</a> Meeting ID - 620 1373 0515 Meeting Password - KS	<a href="https://nsweducation.zoom.us/j/64430867044?pwd=djZaVkl aWGRaQW8zQ0RkNCthbFN UQT09">https://nsweducation.zoom.us/j/64430867044?pwd=djZaVkl aWGRaQW8zQ0RkNCthbFN UQT09</a> Meeting ID - 644 3086 7044 Meeting password - KW

**Kindergarten Grade Zoom Link 2:30pm Wednesday: Celebrating Book Week- Come dressed as a book character**

<https://nsweducation.zoom.us/j/68435720044?pwd=WTBlcmxJNTFCZDloZFpsWHBuRDIZUT09>

