

Term 3 Week - Home Learning Program Year 1

= PM Reader Seesaw activity or post work to Seesaw					
	Monday	Tuesday	Wednesday	Thursday	Friday
Check in Task	Message from teacher Check in	Message from teacher Check in	Message from teacher Check in	Message from teacher Check in	Message from teacher
Wellbeing Activity	Smiling Mind -Managing emotions meditation 204 You will need to get the free mindfulness app at https://www.smilingmind.com.a u/smiling-mind-app	Mindfulness- <u>Belly breathing</u>	Watch and join in-Go Noodle <u>Mood Walk</u> . Tell someone how you are feeling today.	MIndfulness guided relaxation. Watch <u>Peace Out</u> .	Dance- Watch <u>Kids Zumba</u> . Start your day grooving and moving!
Morning	ENGLISH Reading Read a book of your choosing or on the PM reader app. Spelling Seesaw: Complete the spelling brainstorm 'p, pp' and 'r, rr, wr' FRUIT BREAK	 ENGLISH Reading P Read a book of your choosing or on the PM reader app. Book Review: give the book you read marks out of 10 and explain why you gave it that mark. FRUIT BREAK 	ENGLISH Reading Read a book of your choosing or on the PM reader app Think of a question you would like to ask the main character in your story. Write the answer as if you were the character.	ENGLISH Reading Read a book of your choosing or on the PM reader app. At halfway, write down your prediction for what might happen at the end of the book. When you finish, check back and see if your predictions were correct . Spelling Segmenting activity:	ENGLISH Reading Read a book of your choosing or on the PM reader app. Spelling Using a book you have read this week, try and find the spelling sound in as many words as you can in that book FRUIT BREAK

and you taking you point insert to wiss Colin reading. Try this week to add adjectives to your writing to make it more interesting. The Adventures of Beekle - An Unmaginary Friend After listening to the story, think of a time you were brave or courageous. The Adventures of the story, think of a time you were brave or courageous. Where did you do it? Beekle was brave when he set off to find his real child. Why were you doing it? With at least 4 sentences (a paragraph) describing whith ave. Why were you doing it? Don't forget to reread your writing to make sure it makes sense. Check for capital letters and full stops. Upload a photo of your writing to Seesaw. Upload a photo of your writing to Seesaw. Upload a photo of your writing to Seesaw. Upload a photo of your writing to Seesaw. Break The Adventures and writing to seesaw.

Middle	MATHEMATICS	MATHEMATICS	Don't Forget: 11:30 year 1	MATHEMATICS	MATHEMATICS
			Zoom meeting <u>Click here</u>		
	Money Watch Australian Coin rap Ask If you can borrow some coins. Look at the different shapes and sizes. Place your coins in order of size from smallest to largest. When they are in order place each coin under a sheet of paper and gently rub over it with a pencil. (Please keep your sheet safe for tomorrow's activity) Games: Place your coins in a bag. Put your hand in the bag and see if you can identify the coin by feeling it. Play 'Which coin am I? Take a coin out of the bag. Describe its features to a partner. Can they guess the coin?	Money Watch Funny Money Take out your coin rubbing sheet. Now place your coins from smallest value to largest value. How is it different from your coin rubbing? Activity Mathletics Whole number: Everyday money	Activity Watch Provide Australian Mint	 2D space Watch the video on 2D shapes and complete the activities on Seesaw. Activity Design a character using 2D Shapes. Using either coloured or plain white paper. Cut out a variety of 2D shapes to make your very own 2D shape character. For example a cat, a dog or a monster. You might like to make a house using 2D Shapes. Colour in your design, take a photo and record yourself pointing out which shapes you used.	2D Space What 2D shapes can you find in the 2021 NAIDOC WEEK Healing Country Image? Using the Pen tool circle the 2d Shapes you can see in the picture. Take a photo of your backyard and circle any 2D shapes that you can see. Upload to seesaw, you can record yourself telling me what shapes you can see.
Break				DDUDE	
Afternoon	PD/Health (PBL) Drama Where can I get information to keep myself and others safe and healthy? Be an eSafe Kid - Be safe -Be kind -Be curious -Be secure activity	CREATIVE ARTS Music You will find your music lesson for this week on It's a very silly song called Loose Tooth. Have fun!	SCIENCE Watch Mrs Lowe's video message. We are starting our new topic - Changes in the Sky. Come on an adventure and learn about how things change in the sky and on the land.	PDHPE Watch Mr. Smith's <u>Video</u> <u>Message</u> . While we are learning remotely, it's really important to stay active and keep moving. Click the link or watch on SeeSaw. If you are at home you can open the Olympic Day Fitness <u>video</u> and get started. If you are at school. The Teacher will play <u>youtube link</u> for the whole class.	GEOGRAPHY What are the features of places? At the Beach: Look at the photos of our local beaches. Draw and label the natural and human features of your favourite beach. Complete the activity

Make sure you have submitted to your teacher:	SpellingPD/Health	 Writing about when you were brave or courageous. 	 Alice and Beekles Adventure list and writing 	 Unimaginary Friend picture and writing. 	SpellingGeography

Incorporate at least 20 minutes of independent reading into your daily routine.



zoom Year 1 Grade Zoom Link Wednesday 11:30am: https://nsweducation.zoom.us/j/61194188321?pwd=OVB0VTNyYjdlUVVuWU85RE5iQUc2QT09

Year 1 Class Zoom Links Friday					
1G Maddison Goldrick's	1W Ashlee Wyngaard's	1J Justine Oakley's Personal	1M Linda Mcwhirter's Personal		
Personal Meeting Room	Personal Meeting Room	Meeting Room	Meeting Room		
Friday 11:30am	Friday 12:00pm	Friday 11:30am	Friday 11:30am		
Join Zoom Meeting :	Join Zoom Meeting:	Join Zoom Meeting	Join Zoom Meeting		
https://nsweducation.zoom.us/j/41	https://nsweducation.zoom.us/j/23	https://nsweducation.zoom.us/j/71	https://nsweducation.zoom.us/j/48		
85352586?pwd=ZlpTL3hwR01FL	13810821?pwd=Z3NOd0wrK0w0	12489847?pwd=UDZlanZXTzJ0c	00360327?pwd=Rmw0UkZxeUIY		
zRoZyt5Sk53cEZndz09	M1RpU3RKNko2eIAzZz09	DVpNWdZNmITZzRGZz09	QU9LZGJrVjQ5YnNaZz09		
Meeting ID: 418 535 2586	Meeting ID: 231 381 0821	Meeting ID: 711 248 9847	Meeting ID: 480 036 0327		
Passcode: bhps20	Passcode: bhps20	Passcode: 470815	Passcode: 099294		