

## Term 3 Week 10 - Home Learning Program Kindergarten



= Seesaw activity or post work to Seesaw










= Zoom Meeting



= Brain Break

[Access to printable resources](#)

|                           | Monday 13 September  | Tuesday 14 September   | Wednesday 15 September<br><i>Reduced Screen Time Day</i>  | Thursday 16 September   | Friday 17 September   |
|---------------------------|--|--|---|---|---|
| <b>Check in Task</b>      | <b>Class Zoom call 9:00 am</b> <br>Click your class for link<br><a href="#">KD</a> <a href="#">KS</a> <a href="#">KW</a> <a href="#">KRA</a> <a href="#">KE</a>   | <b>Class Zoom call 9:00 am</b> <br>Click your class for link<br><a href="#">KD</a> <a href="#">KS</a> <a href="#">KW</a> <a href="#">KRA</a> <a href="#">KE</a> | <b>Check Seesaw for a morning message from your teacher.</b> <br><br><b>2.30pm Grade zoom</b> <br>with Mr Shuster, Mrs Lockhart and Ms Rhodes- Remember to wear a hat for the zoom. | <b>Class Zoom call 9:00 am</b> <br>Click your class for link<br><a href="#">KD</a> <a href="#">KS</a> <a href="#">KW</a> <a href="#">KRA</a> <a href="#">KE</a><br><br><b>Grade Disco Zoom 2pm</b>  | <b>Check Seesaw for a morning message from your teacher.</b>   |
| <b>Wellbeing Activity</b> | Zones of Regulation- Family Check-In. What Zone are you in? Use your Check-In you created last Thursday!<br><br>Mindful Monday <a href="#">Smiling Mind</a> Mindfulness 204 -Body Scan meditation<br><br>My programs-7-9yrs-Mindfulness 204-Body Scan meditation)<br><br>This meditation helps you tune into your body and feel calm and safe. | Zones of Regulation- Family Check-In. What Zone are you in?<br><br>Watch and join in <a href="#">Breathe With Me</a> - 5 tools/ strategies to help you return to the Green Zone (calm, focused, ready to learn).                                 | Zones of Regulation- Family Check-In. What Zone are you in?<br><br>Balloons Aloft- Use self control and keep a balloon in the air. Challenge is to keep it off the ground for as long as possible.<br><br>Make someone laugh today by telling them a funny joke.  | Zones of Regulation- Family Check-In. What Zone are you in?<br><br>Enjoy <a href="#">Freeze Dance</a> which is a fun game for self regulation.  | Zones of Regulation- Family Check-In. What Zone are you in?<br><br>Watch and join in <a href="#">Belly Breathing</a> . Place your hands on your belly and take a deep breath in through your nose, blowing your belly up like a balloon, slowly exhale out of your mouth. A great breathing strategy to return to the Green Zone! Use this anytime. |

## Morning

Class Zoom  
9:00am



### ENGLISH Writing

Choose one of the picture stimuli that is on Seesaw to write about. Use your chosen picture to do some free writing. Be as creative as you would like - for example, you could write about what you can see, or you could start writing a story of your own.

PM - read for 10 mins



Don't forget to put your sticker on your reading chart.

FRUIT BREAK



### 10am Recognition Assembly



This link is available at 10am for viewing

Class Zoom 9:00am



### ENGLISH

### Rosie Revere Engineer Writing



Watch Mrs Daly read to you on Seesaw. Rosie loved to make things but failed the first time she tried. She didn't give up and then kept dreaming of becoming an engineer. Write about something that you were not good at to begin with but never gave up at. Why is it important to never give up on something you dream about doing?

FRUIT BREAK

PM - read for 10 mins



Don't forget to put your sticker on your reading chart.

### ENGLISH

### Writing

Create your own invention like Rosie.

What would you invent? Can you use recycled materials at home to make something magnificent? If you don't have the materials to make something - then draw it and label the parts.

Write about something you would invent or make.

**If I was an inventor I would invent....**

FRUIT BREAK

**Read a book from home  
for 10 mins**

Don't forget to put your sticker on your reading chart on Thursday.

### PDH- Fruit and Veg Month

This month is Fruit and Veg month. Talk to someone at home or at school about what your favourite fruit and vegetable is and why. Have a go at drawing your own fruit bowl.

### ENGLISH

### PM Reader and writing



Read a PM book.



Write about the book that you just read - What happened in the story? Who were the characters? What was your favourite part?

FRUIT BREAK

PDHPE



PE

Watch Mr Smith's [Video](#).

This week's PE lesson is about YOU.

So far this term we have focussed on overarm throw, throwing a shot put, static balance, dynamic balance, skipping, jumping, vertical jumping and catching.

### ENGLISH

PM - read for 10 mins



Don't forget to put your sticker on your reading chart.

### Writing activity



The Kindergarten teachers are very proud of all that you have achieved this term. We want to know what you are most proud of? Your writing today should tell us what you are most proud of with your learning?

I am proud of \_\_\_\_\_ because \_\_\_\_\_

FRUIT BREAK

### Creative arts

As it is time for holidays and the weather is warming up. I know lots of you will and have been enjoying the beach so watch the art hub for kids video '[How to draw a beach umbrella](#)' and create a beach in the

[https://youtu.be/aqrsz1NWU\\_0](https://youtu.be/aqrsz1NWU_0)



This week I want you to choose the activity you liked the most to go out and do again.

I have also linked a PE with Joe [Video](#) to make sure we are looking after our body.

background.



### Break

Middle

### MATHEMATICS

Warm up - [Count to 120](#)

### Number

Create a board game to practice your number facts. You could include Friends of 10, Doubles or Friends of 20.

You will need paper, pencils/textas, dice and counters.

When you finish, play your game with a family member.



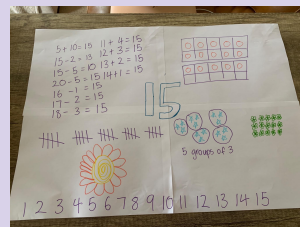
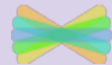
### MATHEMATICS

Warm up - [Count backwards from 100](#)

### Number

Choose a number: 12, 25 or 32.

Make a poster displaying all the different ways to make that number. You could include: addition, subtraction, equal groups, drawings, tallies, tens frames, photos of a collection of items etc.



### HISTORY/GEOGRAPHY

Choose your favourite environment - It could be the same one you chose earlier in the term, or you can choose a different environment.

Design a poster for your favourite environment that promotes and encourages recycling.



### MATHEMATICS

Warm up - Write out your friends of 10, Doubles or Friends of 20.

### Time



Label the clock face on Seesaw by dragging the numbers onto the clock.

Record yourself reading the time.

Use the clock template on Seesaw to practise making the time using digital and analogue clocks.



### MATHEMATICS

Warm up - Workout and count to 100. You could jump, hop, skip, do star jumps etc.











### Time



Complete the activity 'What's the time Mr Wolf' on Seesaw.

Play What's the Time Mr Wolf with a family member.

### Break

|                         |  |   |   |   |  |
|-------------------------|--|---|---|---|--|
| <p><b>Afternoon</b></p> | <p><b>PBL</b></p> <p><b>RESPONSIBILITY</b></p>  <p>We are learning to recognise and regulate our emotions.</p> <p>Listen to the story The Colour Monster by Anna Llenas.</p>  <p>Use the template on Seesaw to colour in the monster based on how you are feeling today. Think about ways in which you can get back to the green zone if you are in the yellow or blue zone.</p> | <p><b>CREATIVE ARTS</b></p> <p><b>Music</b></p>  <p>Go to the <b>Kindy Music Choice Board</b> and choose 1 or 2 activities from each page.</p>  | <p><b>Wonderful Wednesday</b></p> <p>Choose an activity from the Fun Friday Grid to complete in the afternoon. The template will be in Seesaw.</p>  <p> <b>2.30pm Kindergarten Grade zoom:</b> Join Mr Shuster, Mrs Lockhart and Ms Rhodes- don't forget to wear a hat!</p> | <p><b>Grade Disco - 2pm</b></p>   <p><u><a href="https://nsweducation.zoom.us/j/64720834283?pwd=bUFRQkowUGRMZmRkWDN2WDBLZkxTUT09">https://nsweducation.zoom.us/j/64720834283?pwd=bUFRQkowUGRMZmRkWDN2WDBLZkxTUT09</a></u></p> <p>Click the link</p> <p>Meeting ID is 647 2083 4283</p> <p>Password is 235240</p> | <p><b>Science</b></p>  <p>This week we are looking at what products come from animals and plants that we use. Complete the activities on Seesaw.</p> |
| <p><b>Check out</b></p> | <p><b>Zones of Regulation</b></p>  <p>How are you feeling today?</p>  | <p><b>Gratitude Jar</b></p> <p>Add in two things you are grateful for today and put it in your Gratitude Jar.</p>   | <p><b>Mindfulness</b></p> <p>Do something that helps you relax after a day of school work. You may like to do colouring in, take some deep breaths, look at the clouds in the sky, kick a soccer ball or even go for a walk with your family.</p>   | <p><b>Favourite Activity</b></p> <p>Tell someone at home what your favourite activity was today and why.</p>  | <p><b>Last day of term 3</b></p> <p>Tell your teacher something you are looking forward to doing in the holidays. Share something you have enjoyed this term.</p>  |

Incorporate at least **10 minutes** of independent reading into your daily routine.

**Class Zoom meetings Monday, Tuesday, Thursday**

| <b>KD class Zoom Link</b><br><b>9:00 am</b>   | <b>KF Class Zoom Link</b><br><b>9:00 am</b>  | <b>KRA Class Zoom Link</b><br><b>9:00 am</b>   | <b>KS Class Zoom Link</b><br><b>9:00 am</b>  | <b>KW Class Zoom Link</b><br><b>9:00 am</b>  |
|---|--|--|--|--|
| <a href="https://nsweducation.zoom.us/j/68029092624?pwd=VU7BNGFPUVFKaIM2VjFMSE9DVXg4QT09">https://nsweducation.zoom.us/j/68029092624?pwd=VU7BNGFPUVFKaIM2VjFMSE9DVXg4QT09</a><br>Meeting ID- 680 2909 2624<br>Meeting Password - KD | <a href="https://nsweducation.zoom.us/j/65928201102?pwd=bFZ7ZkplUTHE0RlpBYXhLZ0lpMzBrdz09">https://nsweducation.zoom.us/j/65928201102?pwd=bFZ7ZkplUTHE0RlpBYXhLZ0lpMzBrdz09</a><br>Meeting ID - 659 2820 1102<br>Meeting password - KF | <a href="https://nsweducation.zoom.us/j/65646735342?pwd=d0Y1RzFlbUVON29oZUp1djdaU0hNZz09">https://nsweducation.zoom.us/j/65646735342?pwd=d0Y1RzFlbUVON29oZUp1djdaU0hNZz09</a><br>Meeting ID-656 4673 5342<br>Passcode: KRA | <a href="https://nsweducation.zoom.us/j/62013730515?pwd=cVZsNHM1N09ucG9yclRXaHNJVXZ5UT09">https://nsweducation.zoom.us/j/62013730515?pwd=cVZsNHM1N09ucG9yclRXaHNJVXZ5UT09</a><br>Meeting ID - 620 1373 0515<br>Meeting Password - KS | <a href="https://nsweducation.zoom.us/j/64430867044?pwd=djZaVklWGRaQW8zQ0RkNCthbFNlUQT09">https://nsweducation.zoom.us/j/64430867044?pwd=djZaVklWGRaQW8zQ0RkNCthbFNlUQT09</a><br>Meeting ID - 644 3086 7044<br>Meeting password - KW |

**Kindergarten Grade Zoom Link 2:30pm Wednesday:**

<https://nsweducation.zoom.us/j/68435720044?pwd=WTBlcmxJNTEFCZDloZFpsWHBuRDIZUT09>