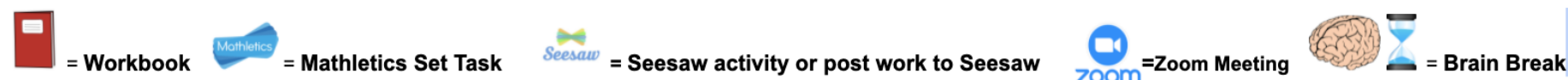


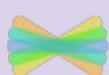









## WELLBEING FOCUS: SHOOT FOR THE STARS






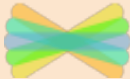

### Term 4 Week 3 - Home Learning Program Year 3



[Access to printable resources](#)

	Monday 18 October	Tuesday 19 October	Wednesday 20 October	Thursday 21 October	Friday 22 October
<b>Check in Task</b>	Go to <a href="#">Seesaw</a> . Find the task: 'Monday Week 3 Daily Check in'  <b>You will need to:</b> - Complete the Check-in page - Complete Wellbeing Activity	Go to <a href="#">Seesaw</a> . Find the task: 'Tuesday Week 3 Daily Check in'  <b>You will need to:</b> - Complete the Check-in page - Complete Wellbeing Activity	Go to <a href="#">Seesaw</a> . Find the task: 'Wednesday Week 3 Daily Check in'  <b>You will need to:</b> - Open the PDF of suggested activities for Screen-Free Fun	Go to <a href="#">Seesaw</a> . Find the task: 'Thursday Week 3 Daily Check in'  <b>You will need to:</b> - Complete the Check-in page - Complete Wellbeing Activity	Go to <a href="#">Seesaw</a> . Find the task: 'Friday Week 3 Daily Check in'  <b>You will need to:</b> - Complete the Check-in page - Complete Wellbeing Activity
<b>Wellbeing Activity</b>	<b>Mindful Monday</b> <a href="#">Smiling Mind</a> Mindful Learning 203-Empathy and Kindness  <a href="#">Inspiring words</a> to start your day from kids who give the BEST motivational speeches! Set a SMART goal for your day!	Zones of Regulation- Family Check-In. What Zone are you in?  Have fun doing a <a href="#">cardio workout</a> to start your day energised.	Zones of Regulation- Family Check-In. What Zone are you in?  Find a peaceful place, take 3 mindful breaths and think about what you can hear, feel, smell, see and taste.  Brighten someone's day with a kind act or message.	Zones of Regulation-Family Check-InWhat Zone are you in?  Watch & join in <a href="#">Breathe Bubble</a> .  Make someone laugh today by telling them your funniest jokes.	Zones of Regulation- Family Check-In. What Zone are you in?  Join in a fun dance to start your day! Watch <a href="#">Roar</a> or your favourite Go Noodle dance.
<b>Morning</b>	<b>Year 3 Class ZOOM Call- 9:30 AM</b>  <b>ENGLISH</b>  1. Go to <a href="#">Seesaw</a> . Find & complete the task 'The Very Sleepy Bear'.  <b>FRUIT BREAK</b>  2. Go to <a href="#">Seesaw</a> . Find & complete the task 'Text Features- Ellipsis'.	<b>Year 3 Class ZOOM Call- 9:30 AM</b>  <b>ENGLISH</b>  3. Go to <a href="#">Seesaw</a> . Find & complete the task 'Identifying the Setting- Week 3'.  <b>FRUIT BREAK</b>  4. Go to <a href="#">Seesaw</a> . Find & complete the task 'My Setting- The Very Sleepy Bear'.	No Zoom this morning but you will need to complete the daily check in on Seesaw.  Today's work will be hands-on and predominantly offscreen. You will need to print some items. Complete the numbered tasks for each session.  <b>MORNING SESSION</b>  1. Go to <a href="#">Seesaw</a> . Complete the task 'Soundwaves Week 3'. Click here to <a href="#">print the sheet</a> .  2. Design and draw your own mythical character. Create a short story with this mythical creature as the main character or create a description of your character and challenge a family member to draw it.  	<b>Year 3 Class ZOOM Call- 9:30 AM</b>  <b>ENGLISH</b>  3. Go to <a href="#">Seesaw</a> . Find & complete the task 'The Structure of The Very Sleepy Bear'.  <b>FRUIT BREAK</b>  4. Click on the link <a href="#">BTN</a> to watch Behind The News for this week.	<b>Year 3 Class ZOOM Call- 9:30 AM</b>  <b>ENGLISH</b>  1. Writing: Go to <a href="#">Seesaw</a> . Find & complete the task 'Characterisation in The Very Sleepy Bear'.  <b>FRUIT BREAK</b>  2. Go to <a href="#">Seesaw</a> . Find & complete the task 'Handwriting- Diagonal Joins Week 3'.

			<p>Optional: (Choose one of these)</p> <ul style="list-style-type: none"><li>- Go on a 'sound hunt' around your house, garden or play area. How many items can you find that contain this week's grapheme from sound waves?</li><li>- Design and create a postcard to your teacher. What image will you have on your postcard?</li></ul>		
Recess Break					
Middle	<p><b>MATHEMATICS</b></p> <p>1. Go to <a href="#">Seesaw</a>. Find &amp; complete the task <b>'Money Week 3- Lesson 1'</b>.</p> <p>2. Optional: Play live <a href="#">Mathletics</a></p>  	<p><b>MATHEMATICS</b></p> <p>1. Go to <a href="#">Seesaw</a>. Find &amp; complete the task <b>'Money Week 3- Lesson 2'</b>.</p> <p>2. Optional: Play live <a href="#">Mathletics</a></p>  	<p><b>MIDDLE SESSION</b></p> <p>1. Make a treasure map, with clues to find 'treasure'. Your treasure could be a kind message or poster that you challenge someone to find. Try to use positional language such as forward, left, right, turn. You could even try and include compass directions for an extra challenge (North, South, East and West)</p>  <p>2. Make a blanket fort/cubby house. If you can't make it then design it. Remember to think carefully about the area of the items you will use and whether they will fit together to make a fort/cubby that stays up.</p>  <p>Optional: (Choose one of these)</p> <ul style="list-style-type: none"><li>- Choose a times table that you are not confident recalling quickly and accurately. Write out the facts (check them against a grid) then time yourself recalling them. Can you beat your own time?</li><li>- Have some unplugged coding fun by completing this binary challenge. You can cut up paper if you do not have</li></ul>	<p><b>MATHEMATICS</b></p> <p>1. Go to <a href="#">Seesaw</a>. Find &amp; complete the task <b>'Reading and Recording Time'</b>.</p> <p>2. Optional: Play live <a href="#">Mathletics</a></p>  	<p><b>MATHEMATICS</b></p> <p>1. Go to <a href="#">Seesaw</a>. Find &amp; complete the task <b>'Converting Between Hours, Minutes and Seconds'</b>.</p> <p>2. Optional: Play live <a href="#">Mathletics</a></p>  

			cards. <a href="https://www.csunplugged.org/en/at-home/binary-challenge/">https://www.csunplugged.org/en/at-home/binary-challenge/</a>		
<b>Lunch Break</b>					
<b>Afternoon</b>	<b>Stage 2 GRADE ZOOM 2pm</b> <b>Theme: Back to school</b>   <b>PE</b>  Watch Mr Smith's <a href="#">Video</a>  Today we are going to be learning a <a href="#">Hip-Hop Dance!</a> Watch this Hip-Hop Dance lesson and follow all the moves.  Challenge - choose a second Hip-Hop Dance or you can create your own Hip Hop dance to any song.	<b>SCIENCE</b>  Go to Seesaw. Find & complete the task ' <b>Science - Friction (Week 3)</b> '.	<b>AFTERNOON SESSION</b> 1. Go to <a href="#">Seesaw</a> . Find your class link in your teacher's morning message. Complete <b>Operation Wattle- Week 2</b> on Google Slides. 2. Make your own surprise animal mouth. Click on the image for instructions. 	<b>GEOGRAPHY</b> Go to <a href="#">Seesaw</a> . Find & complete the task ' <b>Case Study: Indonesia</b> '.  	<b>MUSIC</b> Click on the link to find this week's music lesson: <a href="#">Stage 2 Term 4 Week 3</a>  <b>CREATIVE ARTS</b> Create your own Colourful bunny, using interesting patterns. Click on the image for instructions and a template. 
Make sure you have submitted to your teacher:	<ul style="list-style-type: none"> <li>Monday Week 3 Daily Check in</li> <li>The Very Sleepy Bear</li> <li>Text Features- Ellipsis</li> <li>Money Week 3- Lesson 1</li> </ul>	<ul style="list-style-type: none"> <li>Tuesday Week 3 Daily Check in</li> <li>Identifying the setting- Week 3</li> <li>My Setting- The Very Sleepy Bear</li> <li>Money Week- Lesson 2</li> <li>Science task</li> </ul>	Optional: (Choose one of these) - Research types of clouds and create a quiz for a family member. <a href="#">Click here for instructions.</a>	<ul style="list-style-type: none"> <li>Thursday Week 3 Daily Check in</li> <li>The Structure of The Very Sleepy Bear</li> <li>Reading and Recording Time</li> <li>Case Study: Indonesia</li> </ul>	<ul style="list-style-type: none"> <li>Friday Week 3 Daily Check in</li> <li>Characterisation in The Very Sleepy Bear</li> <li>Handwriting- Diagonal Joins Week 3</li> <li>Converting between Hours, Minutes and Seconds</li> </ul>

Incorporate at least **20 minutes** of independent reading into your daily routine.



**Year 3 and 4 Grade Zoom Link Monday 2pm**

<https://nsweducation.zoom.us/j/68058219723?pwd=UHpkYkhNUzZCYXB0Z0Q0NFVtTE03Zz09> Meeting ID: 68058219723 Passcode: 848837



### Year 3 Class Zoom Links

3B Miss Butcher's Personal Meeting Room 9:30am	3C Miss Campling's Personal Meeting Room 9:30am	3G Mr Gardner's Personal Meeting Room 9:30am	3KC Ms. Coote's Personal Meeting Room 9:30am
Join Zoom Meeting :  <a href="https://nsweducation.zoom.us/j/67548100240?pwd=eVRQY2tweFZCR29hTVJmV0Jla0REUT09">https://nsweducation.zoom.us/j/67548100240?pwd=eVRQY2tweFZCR29hTVJmV0Jla0REUT09</a>  Meeting ID: 675 4810 0240 Passcode: 244729	Join Zoom Meeting:  <a href="https://nsweducation.zoom.us/j/69472073540?pwd=WEJCL3FBck52cFdRS01MRDZodEZuQT09">https://nsweducation.zoom.us/j/69472073540?pwd=WEJCL3FBck52cFdRS01MRDZodEZuQT09</a>  Meeting ID: 694 7207 3540 Passcode: 040503	Join Zoom Meeting:  <a href="https://nsweducation.zoom.us/j/5123091858?pwd=Qytrenp2ZDRCd0R6b25vc0dSODNKZz09">https://nsweducation.zoom.us/j/5123091858?pwd=Qytrenp2ZDRCd0R6b25vc0dSODNKZz09</a>  Meeting ID: 512 309 1858 Passcode: 855163	Join Zoom Meeting:  <a href="https://nsweducation.zoom.us/j/63984296605?pwd=UVp1aThVR2Y4OHZ1aCs4bm1UbWN5QT09">https://nsweducation.zoom.us/j/63984296605?pwd=UVp1aThVR2Y4OHZ1aCs4bm1UbWN5QT09</a>  Meeting ID: 639 8429 6605 Passcode: 304460

