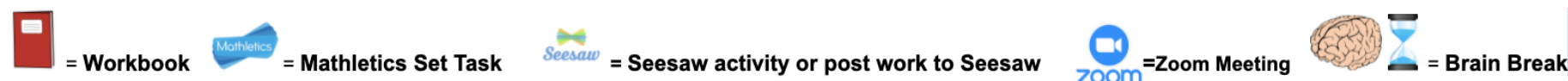





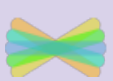









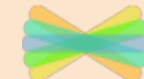

WELLBEING FOCUS: Celebrating My Personal Best

Term 4 Week 1 - Home Learning Program Year 3

[Access to printable resources](#)



	Monday 4 October	Tuesday 5 October	Wednesday 6 October	Thursday 7 October	Friday 8 October
Check in Task	Public Holiday	Go to Seesaw . Find the task: 'Tuesday Week 1 Daily Check In'	Go to Seesaw . Find the task: 'Wednesday Week 1 Daily Check In'	Go to Seesaw . Find the task: 'Thursday Week 1 Daily Check In'	Go to Seesaw . Find the task: 'Friday Week 1 Daily Check In'
Wellbeing Activity		<p>You will need to:</p> <ul style="list-style-type: none"> - Complete the Check-in page - Complete Wellbeing Activity <p>Listen to the uplifting book The World Made a Rainbow.</p> <p>Go outside in the sunshine and create a chalk drawing or write a positive message for our BHPS community to see! (With permission, of course! Maybe you could do it together as a family)</p> 	<p>You will need to:</p> <ul style="list-style-type: none"> - Complete the Check-in page - Complete Wellbeing Activity <p>Create Mindful Moodles- cartoon characters. What Zone are they in? Name the emotion they show.</p> <p>Watch and join in Hello Thoughts.</p> 	<p>You will need to:</p> <ul style="list-style-type: none"> - Complete the Check-in page - Complete Wellbeing Activity <p>Listen to Feel Good Affirmations and Daily Affirmations.</p> <p>Create two positive affirmations on cardboard and hang them near your desk or put them on the mirror. Say them out loud!</p> <p>Remind yourself 'I can do this!' when an activity is challenging.</p> 	<p>You will need to:</p> <ul style="list-style-type: none"> - Complete the Check-in page - Complete Wellbeing Activity <p>Listen to You Rock! Think Yourself Fabulous! Say your affirmations out loud.</p> <p>What character strengths have you shown/ used in Home Learning? List 5 strengths from the list below. Ask a family member what they think.. (Perseverance, bravery, humour, creativity, love of learning, curiosity, hope, team work, honesty...)</p> 
Morning		<p>Year 3 Class ZOOM Call- 9:30 AM</p> <p>ENGLISH</p>  <p>1. Go to Seesaw. Find & complete the task 'Alexander's Outing Text Features'.</p> <p>FRUIT BREAK</p> <p>2. Go to Seesaw. Find & complete the task 'Looking at Commas'.</p>	<p>Year 3 Class ZOOM Call- 9:30 AM</p> <p>ENGLISH</p>  <p>1. Go to Seesaw. Find & complete the task 'Identifying the Setting'.</p> <p>FRUIT BREAK</p> <p>2. Go to Seesaw. Find & complete the task 'Drafting a Setting'.</p>	<p>Year 3 Class ZOOM Call- 9:30 AM</p> <p>ENGLISH</p>  <p>1. Go to Seesaw. Find & complete the task 'The Structure of Imaginative Texts Week 1'.</p> <p>2. Go to Seesaw. Find & complete the task 'Soundwaves Week 1'.</p> <p>FRUIT BREAK</p> <p>3. Click on the link BTN to watch Behind The News for this week.</p>	<p>Year 3 Class ZOOM Call- 9:30 AM</p> <p>ENGLISH</p>  <p>1. Writing: Go to Seesaw. Find & complete the task 'Characters in Alexander's Outing'.</p> <p>2. Go to Seesaw. Find & complete the task 'Handwriting- Revision of Entries and Exits'.</p> <p>FRUIT BREAK</p> <p>3. Soundwaves online (Code: farm 157)</p>


Recess Break					
Middle		MATHEMATICS 1. Go to Seesaw . Find & complete the task 'Representing, Making and Counting Whole Numbers'.   2. Optional: Log into Mathletics	MATHEMATICS 1. Log into Mathletics and complete the set tasks. 	MATHEMATICS 1. Go to Seesaw . Find & complete the task 'Interpreting Data Displays'.  2. Optional: Log into Mathletics 	MATHEMATICS 1. Go to Seesaw . Find & complete the task 'Comparing Data Displays'.  2. Optional: Log into Mathletics 
Lunch Break					
Afternoon		SCIENCE Go to Seesaw. Find & complete the task 'Science - Forces Introduction (Week 1)'. 	MUSIC Head to seesaw for this week's music lesson with Mrs Cronin. Please participate actively by playing body percussion, singing and doing actions demonstrated for you in the videos. Have Fun! 	GEOGRAPHY Go to Seesaw . Find & complete the task 'Australia's Neighbours and How We Formed'.  	PE Watch Mr Smith's Video  Replicate all the dances that are in the links below. They are all different styles of dances. Please try each dance 2 times. 1. Dance 1 – 'Can't Stop the Feeling' 2. Dance 2 – 'Dance Monkey' 3. Dance 3 – Zumba ('Minions') 4. Dance 4 – 'Let It Go' Pick one of the dances in the clips above and try to learn the dance, so you can perform it to the music without watching the video.
Make sure you have submitted to your teacher:		<ul style="list-style-type: none"> Tuesday Week 1 Daily Check in Alexander's Outing Text Features Looking at Commas Representing, Making and Counting Whole Numbers Science task 	<ul style="list-style-type: none"> Wednesday Week 1 Daily Check in Identifying the Setting Drafting a Setting 		

Incorporate at least **20 minutes** of independent reading into your daily routine.



zoom Years 3 and 4 (Stage 2) Zoom Link Monday 2:00 PM (not week 1)

<https://nsweducation.zoom.us/j/68058219723?pwd=UHpKbYkhNUZCYXB0Z0Q0NFVtTE03Zz09> Meeting ID: 68058219723 Passcode: 848837

Year 3 Class Zoom Links			
3B Miss Butcher's Personal Meeting Room 9:30am Join Zoom Meeting : https://nsweducation.zoom.us/j/67548100240?pwd=eVRQY2twZFZCR29hTVJmV0Jla0REUT09 Meeting ID: 675 4810 0240 Passcode: 244729	3C Miss Campling's Personal Meeting Room 9:30am Join Zoom Meeting:  https://nsweducation.zoom.us/j/69472073540?pwd=WEJCL3FBck52cFdRS01MRDZodEZuQT09 Meeting ID: 694 7207 3540 Passcode: 040503	3G Mr Gardner's Personal Meeting Room 9:30am Join Zoom Meeting https://nsweducation.zoom.us/j/5123091858?pwd=Qytrenp2ZDR Cd0R6b25vc0dSODNKZz09 Meeting ID: 512 309 1858 Passcode: 855163	3KC Ms. Coote's Personal Meeting Room 9:30am Join Zoom Meeting https://nsweducation.zoom.us/j/63984296605?pwd=UVp1aThVR2Y4OHZ1aCs4bm1UbWN5QT09 Meeting ID: 639 8429 6605 Passcode: 304460

