

Opportunity Class

Balgowlah Heights Public School

Excellence and Opportunity



Opportunity Class

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Balgowlah Heights Public School

Excellence and Opportunity

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BALGOWLAH HEIGHTS PUBLIC SCHOOL

PARENT INFORMATION BOOKLET 2022

BALGOWLAH HEIGHTS Public School

BAND PROGRAM

MAKING GREAT MUSIC ... TOGETHER

New students to BHPS Band Program

So you want to join the band ... that's great news.

Please fill in the form below.

This form is for students who **already play an instrument** and would like to join the BHPS Band Program.

How to Join:

Step 1

Fill out the registration form

[Register for Band](#)



JOIN THE BAND

Balgowlah Heights Public School has a successful band program which provides students with the opportunity to develop a range of skills while working in a team.

Band rehearsals, the excitement of competitions and the pleasure of performing as a team all contribute to a rich learning experience.

Please contact bhpsconcertband@optusnet.com.au

Interested in Joining Strings?

Go to our [Strings section](#) for more details.



Information Package



Extra Curricular Activities



Balgowlah Heights Extra-Curricular Activities 2021

School Provider			
Groups	Year	Day/time	Teacher
Stage 1 Choir	Years 1-2	Tuesday 1:15pm	Ashlee Wingoard
Stage 2 (Junior) Choir	Years 3-4	Thursday 8:00am	Megan Cronin
Stage 3 (Senior) Choir	Years 5-6	Monday 8:00am	Megan Cronin
Recorder Ensemble	Years 3-6	Tuesday 12:55pm	Megan Cronin
Junior Dance Group	Years 3-4	Tuesday 12:55pm Monday 8:15am	Claudine Allan
Senior Dance Group	Years 5-6	Monday 12:55pm Thursday 8:00am	Emily Doonan, Lauren Camping
Senior Drama Ensemble	Year 6	Tuesday 12:55pm	Sue Musgrove
Robotics	Year 6	Wednesday 12:55pm	Jenn Cartwright
Coding Club	Year 3-4	Monday 12:55pm	Rachel Keeling
Tech Club	Year 2	Tuesday 1:20pm	Hayley Fleming, Hannah White
Guitar Club	Years 5-6	Thursday 12:55pm	Hamish Gardner
Tournament of the Minds	Years 5-6	TBC (Term 3)	Lindy Chester
Summer PSSA			
PSSA Cricket	Years 4-6	Thursday 8:15am	Isaac Smith
PSSA AFL	Years 4-6	Friday 8:15am	Steph Weller, Sue Palmer
PSSA Eagle Tag Girls	Years 4-6	Thursday 8:15am	Kim Santer, Sarah Butcher
PSSA Eagle Tag Boys	Years 4-6	Friday 8:15am	Neil Jensen, Bella Bonadio
PSSA Newcombe Ball/Volleyball	Years 4-6	Friday 8:15am	Rosie Chirillo, Michelle Cruickshank
Winter PSSA			
PSSA Boys Soccer	Years 4-6	Monday 12:55pm	Neil Jensen, Isaac Smith
PSSA Girls Soccer	Years 4-6	Thursday 12:55pm	Kim Santer, Jane Egan
PSSA Rugby League	Years 4-6	Tuesday 12:55pm	Hamish Gardner
PSSA Netball - Junior	Years 4-5	Tuesday 8:15am	Sue Palmer
PSSA Netball - Senior	Years 5-6	Friday 8:15am	Bella Bonadio
P&C Providers			
Junior Band	Years 3-6	Wednesday 12:55-1:45pm Thursday 3.05-3.50pm	Ray Hampton Email: bhpsconcertband@optusnet.com.au
Senior Band	Years 3-6	Wednesday 7.45-8.50am Friday 7.45-8.50am	Emma Cain Email: bhpsconcertband@optusnet.com.au
Concert Band	Years 3-6	Tuesday 7.45-8.50am Thursday 12:55-1:45pm	Ray Hampton Email: bhpsconcertband@optusnet.com.au
Stage Band	Years 5-6	Tuesday 7.20-8.50am	Ray Hampton Email: bhpsconcertband@optusnet.com.au
Strings-Beginner	Years 1-2	Tuesday 8.00-8.50am	Fiona McVicar bhpsstrings@gmail.com
-Ensemble (TBD)	Years 1-2 Years 2-6	Friday 8.00-8.50am Wednesday 8.00-9.00am	bhpsconcertband@optusnet.com.au
Outside Providers			
Chess	Years 3-6	Tuesday 12:55-1:40	Sydney Academy of Chess admin.sydneyacademy@gmail.com
Science Club	Years K-6	Monday 7.30-8.30am	Alana Wyle, Eye Heart Science alana@eyeheartscience.com.au
The Music Bus	Years K-6	Tuesday 3.10-5.45pm	Kristie Simmonds admin@themusicbus.com.au
Masters Academy- Debating	Years 5-6	Term 2 TBC	Tristan team@mastersacademy.com.au
Balgowlah Physical Culture		Saturdays & some Sundays	Belinda Clare-Nazer bin010@bigpond.com.au
Spanish Class	Years K-6	Tuesday 3.10-4.00pm	Patricia Carter-Australia Language Program australialanguageprogram@gmail.com

Outside Providers continued

Flute	Years 3-6	Thursday 3.15-5.45pm Monday 8:00 - 8:30am	Michael Garlick bhpsconcertband@optusnet.com.au
Trombone	Years 3-6	Monday 3.15-4:45pm	Nick Loyer bhpsconcertband@optusnet.com.au
Trombone/ Baritone/ Euphonium/ Tuba	Years 3-6	Tuesday 3.15-5:30pm	Jacob Gross bhpsconcertband@optusnet.com.au
Trumpet	Years 3-6	Tuesday 3.15-6:10pm	Nathan Milliner bhpsconcertband@optusnet.com.au
Flute	Years 3-6	Wednesday 3.15-5:00pm	Donna Greig bhpsconcertband@optusnet.com.au
Clarinet/Saxophone	Years 3-6	Monday 3.15-7.15pm Wednesday 3.15-7pm	Adrian Tasso bhpsconcertband@optusnet.com.au
Clarinet/Saxophone	Years 3-6	Tuesday 3.15-5.30pm	Ray Hampton bhpsconcertband@optusnet.com.au
Alto/Tenor Saxophone	Years 3-6	Tuesday 3.30-5:30pm	Kieran Tart bhpsconcertband@optusnet.com.au
Percussion	Years 3-6	Wednesday 3.10-7.00pm Friday 3.10-7.00pm	Patricia Borrell bhpsconcertband@optusnet.com.au

For more information regarding Band at BHPS please go to www.bhpsband.com

Communication



- Parent/Teacher Meetings
- Term Overviews
- Student Reports
- Seesaw Families
- P&C Meetings
- Newsletter
- Notes via email
- P&C Facebook Page
- Contacting the School-A Guide for Parents

Balgowlah Heights Public School
Excellence and Opportunity

Term 4 Week 2
23 October 2019

Contents		Principal's Message
Principal's Message	Page 1	<p>World Teachers' Day Our teachers at Balgowlah Heights are a wonderful team who make a difference educating and inspiring our students. World Teachers' Day is an opportunity to acknowledge our teachers and say thanks for the significant contributions they make. World Teachers' Day is Friday (25 October) of this week.</p> <p>P&C The next meeting of the P&C Association will be Monday 28 October, commencing at 7.00pm in the Library. All parents are welcome to attend. Discussion topics for the night include:</p> <ul style="list-style-type: none"> NAPLAN Masterplan update School Asbestos Report and action plan
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Community News	Page 7	

Year 5 Term 1 Overview 2021 Balgowlah Heights Public School											
Week	English			Mathematics		HSIE History & Geography	PDHPE	Science & Technology	Creative Arts	Japanese	PBL Learning
	Spelling	Reading	Writing	Number and Algebra	Measurement & Geometry, Statistics and Probability						
1		Students will read through a range of texts with a variety of intended audiences and purposes with a particular focus on descriptive and narrative texts.	Students will plan, draft and publish imaginative and persuasive texts, choosing text structures and language features appropriate to purpose and audience.	ACER online diagnostic testing		Students will study the unit: The Australian Colonies .	PE How can we be active in different ways?	Classes will participate in weekly science lessons taught by Mrs Jenn Cartwright .	In Year 5 students participate in activities such as:	Year 5 will learn to write and deliver a formal speech as:	Value: Belonging
2	Diagnostic testing			Whole number: Place value, expanded notation, rounding numbers.		Focus: Life in the colonies and the expansion of the colonies.	Weekly 40 minute PE lessons with Mr Smith . These lessons will focus on consolidating fundamental movement skills.		Visual Arts Students make artworks using different materials and techniques to convey meaning and represent the likeness of things in the world.		Respect, Responsibility and Personal Best: Overview of matrix and expectations.
3	Unit 1 Preparation	Modelled, Guided and Independent Reading	Literacy concepts: Imaginative texts (description and narrative), Figurative language, Persuasive texts (exposition)	Whole Number: Factors and multiples.		Key inquiry questions: What do we know about the lives of people in Australia's colonial past and how do we know? How did an Australian colony develop over time and why? How did colonial settlement change the environment?	Sport Year 5 Sport will continue on Fridays. Selected students will participate in PSSA Summer sports. Other students will participate in Tae Kwon Do lessons.	During Term 1, students will be completing a unit titled 'Earth's Place in Space'. Students will learn about how Earth compares to other planets in the solar system.			Value: Positive Choices
4	Graphemes: b bb	Novel Study - Various texts OC - Visual Literacy		Addition and Subtraction: Using mental and written strategies.			PD/H Over the term, students will participate in PDH lessons focusing on:- How can I be healthy, safe and active?		Music Classes will participate in weekly music lessons taught by Mr Alex Cronin .		Responsibility: Making safe and sensible choices.
5	Graphemes: a	ACER online diagnostic testing	Grammar and Punctuation Tense Sentence structure Paragraphing Adjectives Noun Groups Pronouns Adverbials Correct use of punctuation	Multiplication and Division: Using mental and written strategies for numbers up to three-digits.							Value: Identifying Emotions
6	Graphemes: k c q ck ch x			Multiplication and Division: Using effective strategies to solve multiplication	Length: Estimate and record lengths using mm, cm, m and km.		Bounce Back lessons will also be taught to develop social and emotional skills to form positive relationships. Unit 1: Core values				Respect: Using polite and kind words. Identifying the Zones of regulation.
											Value: Active Listening
											Respect: Demonstrating active listening



Contacting the School- A Guide for Families

The following guide is to assist you in contacting our school if you have an enquiry. In most instances your child's teacher would be your contact point and be pleased to assist.

Balgowlah Heights Public School Contact Details

Phone: 9948 2225

Fax: 9949 7241

Email: balgowlah-p.school@det.nsw.edu.au

Web: <https://www.balgowlah-p.schools.nsw.gov.au>

App: [SkoolBag](#)

Questions relating to:	Procedure
My child's welfare, learning or grade activities	1 st Write a note/email to your child's teacher. 2 nd Contact the teacher to organise an interview at a mutually convenient time.
A school policy or practice	Contact the office and the appropriate member of staff will assist you.

Leadership



- Student Representative Council
- Buddy Class
- Peer Support
- Lunch time activities K-2
- Community service
- Leadership training



Opportunity Class Curriculum





English

Reading and Viewing:

Contract work
Novel studies
Shakespeare
Behind The News

Writing and Representing:

Term1: Imaginative: Description & Narrative
Term 2: Persuasive: Exposition & Discussion
Term 3: Imaginative: Poetry
Term 4: Informative: Information Reports & Factual Recounts

Spelling Program: Sound Waves, Greek & Latin word origin enrichment

Grammar is taught in conjunction with writing and writing programs.

Speaking and Listening: presentations, working collaboratively with peers, public speaking competitions, responding, debating, etc.



Mathematics:

Pre-testing to provide differentiated learning across different strands

BHPS Scope & Sequence – extension & acceleration

Compacting curriculum, enrichment beyond curriculum

Integration of different strands

Multi-step problem solving

Various competitions: Maths Olympiad, AMC, ICAS, etc.

**"Genius is 1% talent and
99% hard work..."**

Albert Einstein



Mathematics

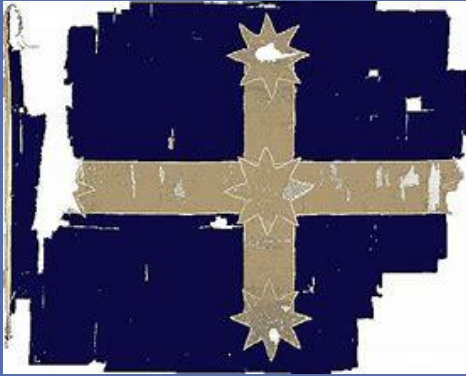


Science & Technology

Year 5:

- Earth and Space: Changes to Earth's surface
- Physical World: Forces and energy in products and systems
- Living World: Growth, survival and adaptations of living things
- Material World: States of matter. Properties of materials determine their use





History & Geography

History

- Year 5: Expansion of Australian Colonies, Gold Rush & Immigration
- Year 6: Australia as a Nation / Government, Individual Rights & Freedoms / Democracy & Immigration
- Research tasks, Australian History Mysteries, Simulation websites



Geography

- Year 5: Factors that change the Environment / Environmental Management Practices
- Year 6: Australia's Place in a Diverse and Connected World
- Research tasks, hands-on atlas activities, collaborative investigations

Personal Development / Health / Physical Education

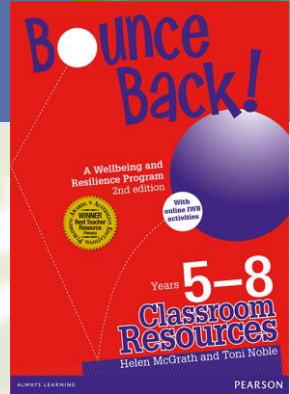
Your
mistakes
are really
just
opportunities
to
GROW.

Personal Development & Health

- Bounce Back – wellbeing and resilience program
- PBL
- Interrelate evenings
- Smiling Mind
- Growth Mindset – Embracing challenge and making mistakes
- Year 5 team building activities

Physical Education

- class fitness, sport and PSSA



Creative Arts



- Visual Arts
- Drama
- Music
- Dance
- Integration with other Key Learning Areas & working collaboratively with other classes



Opportunities for Further Extension & Enrichment



- ICAS competitions
- Maths Olympiad, Australian Mathematics competitions
- Manly Selective Peer Mentoring in mathematics
- Public Speaking – Multicultural Perspectives, Bear Pit & BHPS Public Speaking competitions
- Band & Dance groups
- Writing competitions – Child Writes and various others
- Poetry Writing competitions – Dorothea Mackellar, Red Room
- Debating: Premier's Debating Challenge & before school classes
- Robotics
- Chess club
- Science club



Homework

- Focus: To prepare students for the increasing demands of Stage 3 and high school. To learn to research correctly, write in their own words, present to a high standard and learn organisational and time management skills.

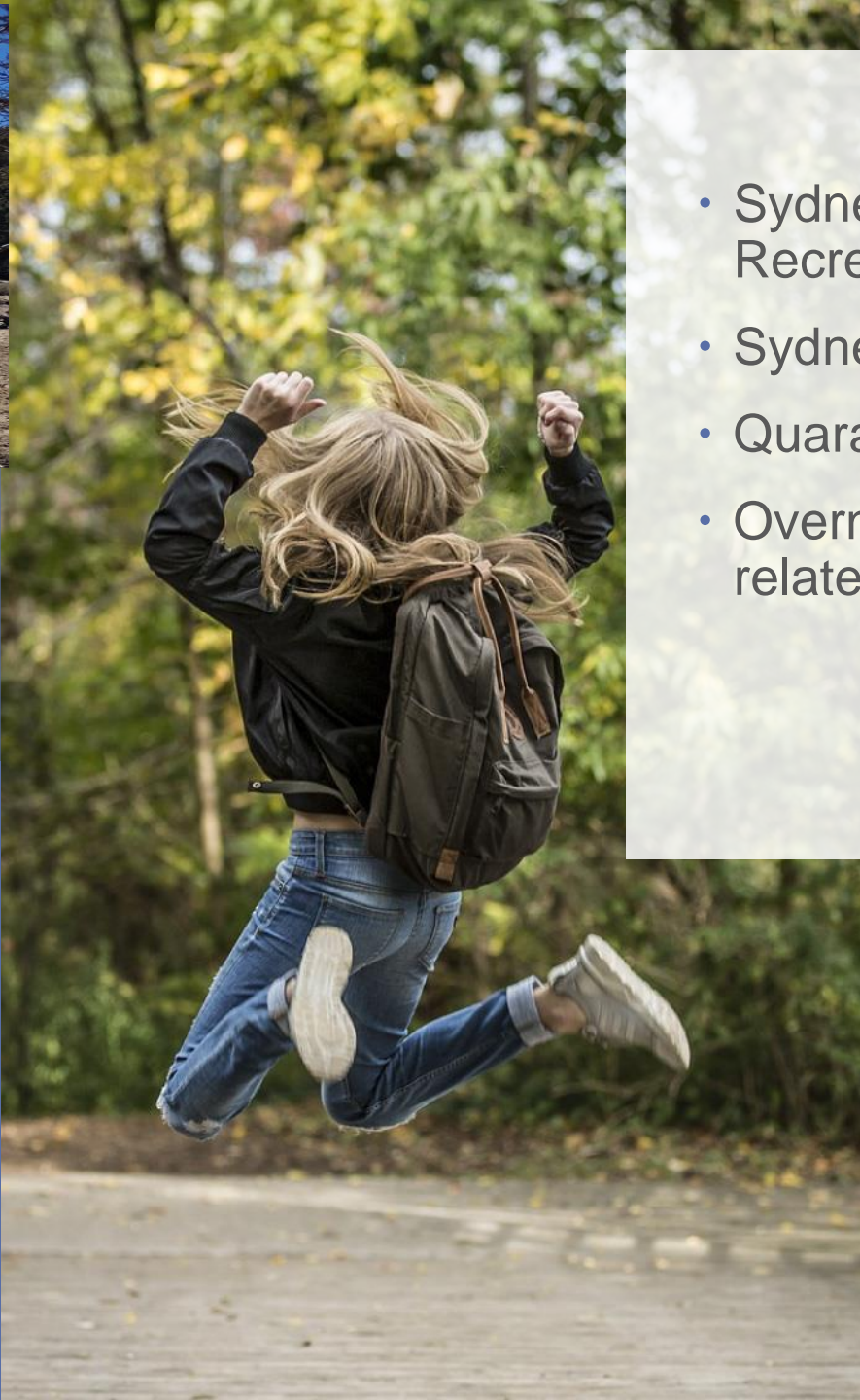
Homework

YOU ARE
capable
OF SO MUCH
more
THAN YOU CAN EVEN
imagine





Camps / Excursions



- Sydney Academy of Sport & Recreation – team building focus
- Sydney Writers' Festival
- Quarantine Station
- Overnight excursion to Bathurst related to Gold Rush history unit



Positive Behaviour for Learning



Behaviour Expectations



Respect

- Are polite and kind to others
- Demonstrate the skills of active listening
- Follow instructions



Responsibility

- Are aware of the impact of our behaviour
- Make safe and sensible choices
- Take care of all property

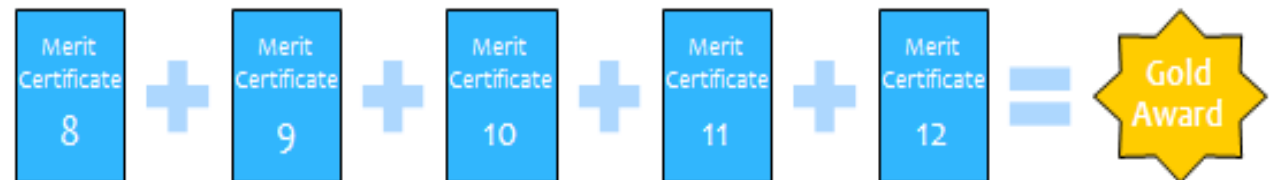
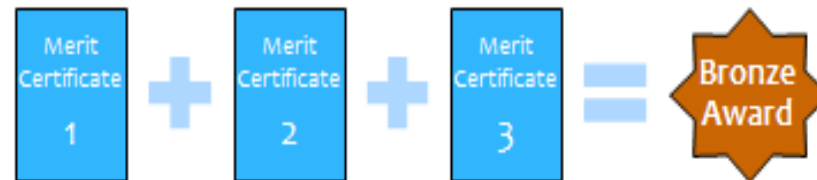


Personal Best

- Try my personal best
- Have a positive attitude towards challenges
- Learn from our experiences

PBL: Merit & Award System

Positive Behaviour for Learning Merit Award System



School Uniform



<https://www.youtube.com/watch?v=2VmS9JiZULw>



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