



# THE HEIGHTS

*Excellence and Opportunity*



## PRINCIPAL'S MESSAGE

### Recognition Assembly

We look forward to our Term 1 Recognition Assembly which will be held on Monday (8 April) of next week, commencing at 9.30am in the hall. The Concert Band will be performing in front of the hall at 9.20am.

### School Invoices

School Invoices have been sent home detailing program contributions which covers educational programs, sports programs, teaching/learning materials and the P&C Voluntary Contribution. Further information is provided with the invoice. It would be appreciated if invoices could be finalised by Monday (8 April) of next week.

Thank you for the contributions - it is very much appreciated.

### Grandfriend's Day

We look forward to Grandfriend's Day on Thursday (11 April) of next week. All grandparents, friends and parents are welcome to join in the day's activities with us. The program for the day is as follows:

TIME	ACTIVITY	LOCATION
10.00am - 11.00am	Classroom Visits	Classrooms
11.00am - 11.25am	Morning Tea (BYO Picnic)	Eastern or Western Campus

### Opportunity Class 2025

Applications for Opportunity Classes in 2025 will open on Wednesday (4 April) of this week. We will be holding a Year 4 Parent Opportunity Class Information Night (Zoom) on Tuesday 9 April. Further information has been emailed to parents.



## PRINCIPAL'S MESSAGE

### Winter PSSA

Students in Years 4-6 are welcome to trial for Winter PSSA teams. Detailed below is a list of the sports our school will be participating in for the Winter Competition. PSSA Sport is held on Fridays. The students depart school at 12.00 noon and return by 2.30pm. Travel is by bus and there is a cost associated with this involvement. Selection trials will be held by the coaches (school teachers). Students are requested to wear their sports uniform for the trials. If trialing for rugby league a mouthguard is required. Students who are not part of this competition will work with teachers and experienced coaches in a variety of sports developing their sporting skills. Further information on these sports will be sent home next term.

Sport	Age Category	Trials
Girls and Boys Soccer	Junior turning 9-10 years	Friday 5 April, 12 April & 3 May
Girls and Boys Soccer	Senior turning 11-12 years	Friday 5 April, 12 April & 3 May
Netball	Junior turning 9-10 years	Friday 5 April, 12 April & 3 May
Netball	Senior turning 11-12 years	Friday 5 April, 12 April & 3 May
Rugby League	Junior turning 9-10 years	Friday 5 April, 12 April & 3 May
Rugby League	Senior turning 11-12 years	Friday 5 April, 12 April & 3 May

### Easter Hat Parade

Thank you for your support of our Easter Hat Parade last week.



### PBL Celebration Day

We look forward to our PBL Celebration Day which will be a mufti day on Wednesday (10 April) of next week. Students may wear mufti clothes on this day. Covered shoes and a hat are also still required.

The students are requested to bring a 'gold coin' to donate which will be used to support a selected charity.

# PRINCIPAL'S MESSAGE



## Third Party Software

Our school is committed to providing quality learning environments and resources for the students. The use of Information and Communication Technology (ICT) is an important resource in assisting teaching and learning in all areas of the curriculum.

Our school uses third-party software providers approved by the Department of Education, offering web-based online educational resources and cloud-based storage to support our administrative functions and enhance student learning outcomes.

The list of providers is detailed below.

App / Software	KINDY	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SeeSaw	✓	✓	✓	✓	✓	✓	✓
AdvancedLife Photography (Advanced Access)	✓	✓	✓	✓	✓	✓	✓
Online Assessment and Report System (OARS) ACER / PAT Assessments	✓	✓	✓	✓	✓	✓	✓
ICAS and Reach Assessments				✓	✓	✓	✓
PM Readers / PM Online / PM eCollection		✓	✓				
Typing Tournament	✓	✓	✓	✓	✓	✓	✓
SoundWaves Online				✓	✓	✓	✓
Class Dojo	✓	✓	✓				
APSMO (Maths Olympiad)						✓	✓

Later this week a permission note providing detail on each of these providers will be sent to parents. Individual permission on each application will be required for a student to use that application in the future.

# PRINCIPAL'S MESSAGE



## UPCOMING EVENTS

	DATE	ACTIVITY	TIME/ROOM
TERM 1 WEEK 11 2024	MONDAY 8 APRIL	Recognition Assembly	9.30am
	TUESDAY 9 APRIL	Year 4 Parent Opportunity Class Information Night	7.00pm
	WEDNESDAY 10 APRIL	PBL Celebration Day	
	THURSDAY 11 APRIL	Grandfriend's Day	10.00am - 11.25am
	FRIDAY 12 APRIL	School ANZAC Service PSSA Winter Trials (Years 4-6) Last day of Term 1	10.45am
TERM 2 WEEK 1 2024	MONDAY 29 APRIL	School Development Day	
	TUESDAY 30 APRIL	Students commence Term 2	
	WEDNESDAY 1 MAY	Cross Country	
	THURSDAY 2 MAY		
	FRIDAY 3 MAY	Year 1 School House Museum Excursion Winter PSSA Trials (Years 4-6)	

Have a great week,  
**David Shuster | Principal**







## SCHOOL NEWS

### TinkerTank | Term 2

We are investigating holding a weekly TinkerTank workshop in Term 2 for students in Years 4, 5 and 6. Students would engage in hands-on tinkering activities, exploring the realms of technology, design, and problem-solving. From robotics to DIY electronics, and everything in between.

We are keen to understand parent and student interest in this initiative. It will most likely run on a Wednesday lunchtime for 8 weeks (Week 2 - 9) for a termly cost of approximately \$176. Please register your interest [here](#).



### PBL

This week in PBL our focus is: Personal Best - We are learning to care for all technological equipment. Students at BHPS are very lucky to have the use of different types of technology, such as laptops and iPads to support their learning and enhance opportunities. Students are expected to use the technology responsibly and with their personal best learning at all times. Students are expected to follow the Technology Agreement that is displayed in each classroom and treat the technology with respect and care when using.





## **Mini Fete - Wednesday 10 April**

Pop next Wednesday in the diary for our mini fete held on the senior campus for all children attending Arabanoo on Wednesday 10 April. Any children who aren't booked in can attend but they must be accompanied by an adult. The mini fete is held from 4pm - 5pm. There will be a sausage sizzle, heaps of games and music, all family members welcome.

## **After school activities - Karate**

We have a new karate school running karate sessions in term 2 on Fridays. Watch this space for more information.

Find out more about Australia's Youth Self Defence company who will be delivering the classes.

<https://www.karate-kids.com.au/>

## **Term 2 bookings - Email**

If you wish to cancel your term 2 permanent booking, please send us an email so we can release your spots to waitlisted families.

## **Vacation care - Bookings**

To check availability and book please do so via the OWNA app. If you'd like to be placed on a waitlist for days please see below.

## **Waitlist - Turn on notifications**

You can jump on the waitlist for any day (vacation care or term time) and as spots become available you will receive a notification. Ensure you go into your phone setting, select OWNA and turn notifications ON. There's no order to the waitlist, it's first to book in, gets the spot.

Go to the day you want within the OWNA app and click the bell icon to be added to the waitlist.

As always please contact us if you have any enquiries.

The Arabanoo Team

Arabanoo Before & After School Care  
Balgowlah Heights Public School, Lewis Street NSW, 2093

Email: [admin@arabanoo.com](mailto:admin@arabanoo.com)

Website: [www.arabanoo.com](http://www.arabanoo.com)

Phone: 02 9948 6722

Mobile: 0421 014 308





# P&C UPDATE

## P&C News

To keep up to date with all our news and events, please join our private [BHPS P&C Facebook Group](#). Also check out our P&C Noticeboards on Radio Avenue and Lewis Street. We'll be posting events, P&C information and community activities on a regular basis.

### Volunteers needed for Mother's & Special Friends Day Breakfast!

As we gear up for our annual Mother's Day Breakfast at school on Friday 10 May (7.15am - 8.30am), we're reaching out to our wonderful community for a little extra help to make this event truly special.

We're looking for volunteers to assist with food preparation (chopping fruit) the day before, on the day set-up and serving food during the breakfast. Whether you're a dad, friend, or family member, your support would be immensely appreciated in ensuring everything runs smoothly and our special guests have a fantastic time.

### Volunteer Opportunities:

1. Food preparation: Help us chop fruit and maybe bake some goodies the day before (Thurs 9 May).
2. Set-Up Crew: Help us transform the Western Campus Cola Area into a warm and inviting space. Tasks may include arranging tables, decorating, and organising food stations.
3. Food Service Team: Assist us in serving food and beverages. This role involves ensuring food stations are stocked, keeping the area clean, and providing assistance as needed.

Volunteering is a fantastic opportunity to be actively involved with your child's school community and show your support for our hardworking students and dedicated staff.

If you're available and willing to lend a helping hand, please email Diana at [bhpspresident@gmail.com](mailto:bhpspresident@gmail.com)

### Term 2 - dates for the diary!

Get ready to mark your calendars because Term 2 is packed with a couple of exciting events and activities.

TERM 2 (Tuesday 30 April – Friday 5 July)	
P&C Meeting #3	Monday 6 May
Mother's Day Breakfast	Friday 10 May
Walk Safely to School Day	Friday 17 May
School Disco	Thursday 13 June
P&C Meeting #4	Monday 17 June

Stay tuned for more details and updates on these events and activities. Don't miss out on the opportunity to connect with other parents, support our school, and create lasting memories with your family.

For more information or to get involved, please contact Diana at [bhpspresident@gmail.com](mailto:bhpspresident@gmail.com)

### The P&C Team

The P&C team. P&C proudly supported by





# CANTEEN

**VOLUNTEERS**  
Can you help out in Term 2?  
Sign up [here](#).

Next week, the final week of Term 1, is **5V's** turn to volunteer at canteen.

Sign up [here](#).

## SCHEDULE

WEEK	DATE	CLASS
T2 WEEK 1	Monday 29 April - Friday 3 May	5B
T2 WEEK 2	Monday 6 May - Friday 10 May	5K
T2 WEEK 3	Monday 13 May - Friday 17 May	5M
T2 WEEK 4	Monday 20 May - Friday 24 May	5N
T2 WEEK 5	Monday 27 May - Friday 31 May	1B
T2 WEEK 6	Monday 3 June - Friday 7 June	1E
T2 WEEK 7	Monday 10 June - Friday 14 June	1K
T2 WEEK 8	Monday 17 June - Friday 21 June	1ME
T2 WEEK 9	Monday 24 June - Friday 28 June	KD
T2 WEEK 10	Monday 1 July - Friday 5 July	KF

We look forward to welcoming you in the canteen in Term 2.







# UNIFORM SHOP

**Tuesday 8.30-9.30am**  
**Thursday 2.30-3.30pm**

## VOLUNTEERS

### Can you help out?

Just 1 hour, meet other parents & earn FREE second-hand uniforms  
Please sign up [here](#).

**WINTER UNIFORMS for Term 2 - Spriggy Order Cutoff (Term 1) - SATURDAY 6 APRIL.** All orders received after this time will be processed in Term 2.



**VOLUNTEERS** - Please sign up [here](#).

**USED UNIFORM DONATIONS** - Please donate your outgrown uniforms to the uniform shop for Second Hand Sales. Uniforms in good condition. **Please no 'Old Style Uniforms'**. Just drop, in a bag, in the tubs provided outside the Administration Office (school days). **NO hats, socks, tights or hair accessories or non-BHPS items.**

## EXCHANGES AND RETURNS

Please remember items will only be Returned or Exchanged **WITHIN 28 DAYS OF PURCHASE** with a receipt.

- Folded in original packaging with inclusions eg: clips etc (intact - not ripped open).
- Tags attached.
- Refunds are only available in store at the Uniform Shop.
- No returns or exchanges on hats, hair accessories, socks & hosiery or second hand items.
- To exchange via the Administration Office, present the item to be exchanged as new (intact with tags), within 28 days, with a note (eg, Please exchange this size 6 for a size 8, name & class).

**The Uniform Shop Team | [bhpsuniformshop@gmail.com](mailto:bhpsuniformshop@gmail.com)**



# COMMUNITY

**BALGOWLAH HEIGHTS COMMUNITY TENNIS** 

at Bareena Park Tennis Club

## School Holiday Tennis Program

**\$65**  
per day

**9-3**pm

**5-14** yrs

Join us for a fun day on court customised to each level/age. Games, fitness and of course lots of tennis!

**WEEK 1**

Mon 15th April  
Wed 17th April  
Fri 19th April

**WEEK 2**

Mon 22nd April  
Wed 24th April

Scan to book



Email: [info@balgowlahheightscommunitytennis.com.au](mailto:info@balgowlahheightscommunitytennis.com.au)  
Call 0421 704 339 • 35 Vista Avenue, Balgowlah Heights



## Lights - Camera - Action

### 2 Day Workshop

Have fun writing, directing & performing your own short film, plus making your own props!  
And of course, lots of drama games, dressing up & being dramatic... 😊

**22nd & 23rd April**  
9am - 3pm  
Harbord Literary Institute  
31 Lawrence St, Harbord  
**5-12 years old**  
\$70 p/d






**To book your child's place, call 0435 995 897 or email [sydneynthbeaches@ogradydrama.com.au](mailto:sydneynthbeaches@ogradydrama.com.au)**



## KIDS

# SPANISH CLASSES

The Language Hub offers Beginner classes for Year 5 & 6 children at Balgowlah Heights PS

Hola!

**Tuesdays 3.15pm- 4.15pm**  
Spanish native teachers  
**Small groups**  
Enrol now  
Spots are limited  
Contact us to receive all information

**CREATIVE KIDS PROVIDER**  
NSW

 0468 864 613  
[info@thelanguagehub.net](mailto:info@thelanguagehub.net)    [www.thelanguagehub.net](http://www.thelanguagehub.net)





# COMMUNITY

On Sale Monday 8<sup>th</sup> April 2024





**MANLY WARRINGAH BASKETBALL**  
**APRIL HOLIDAY CAMP**  
COME ALONG AND LEARN BASIC, FUN SKILLS

**DATES:** 22ND, 23RD, & 24TH APRIL, 2024  
**TIME:** 5 to 10 Yrs old 9:00 to 12:00pm  
10 to 14 Yrs old 1:00 to 4:00pm

**VENUE:** Northern Beaches Indoor Sports Centre  
**AGES:** broken into age groups  
**COST:** \$115 for 3 days only, NO single days

**PLEASE BRING LIGHT SNACK & WATER**

**Booking:** <https://www.trybooking.com/CPTDH>  
(please read our terms and conditions prior to booking in on the booking site)




**MWBA PINK BALL TERM 2 2024**

FOR GIRLS 7-12 YRS WHO WOULD LIKE TO LEARN BASKETBALL SKILLS IN A GIRLS ONLY PROGRAM.

**DATES:** SAT 11th May to 29th June 2024   
**TIME:** 1:15-2:15 PM

**VENUE:** NORTHERN BEACHES INDOOR SPORTS CENTRE, JACKSONS RD, WARRIEWOOD, NSW 2102  
**COST:** \$120 includes a Pink Ball or Bottle  
\$160 program plus reversible singlet.

**To Book:** <https://www.trybooking.com/CQEFR>



**SATURDAY LEARN TO PLAY**  
*Basketball Skills*



**LEARN BASKETBALL SKILLS IN A FUN LEARNING ENVIRONMENT WITH QUALIFIED COACHES.**

This program runs every term for kids aged between 5 and 12 years, boys and girls. The participants are broken up into small groups according to age and ability. This program is suitable for beginners.  
Active Kids Voucher Welcome

**DATE/Time:** Sat 4th May to 29th June, 2024 @ 2:15 to 3:15pm,  
**Cost:** 9 Weeks for \$120 or \$160 with training top.  
**Venue:** Northern Beaches Indoor Sports Centre, Jacksons Rd, Warriewood,

**To book go to:** <https://www.trybooking.com/CQEGH>




**hit the HOOPS**

Aussie Hoops is a fun, inclusive, structured introductory basketball program aimed at 5-10 year olds, with graded increases in competitiveness until participants are ready to transition to local WCBA competitions.

**TERM 2** **8 Week Program**

**Dates:** Sunday 12<sup>th</sup> May to 30<sup>th</sup> June  
**Time:** 9am to 10am  
**Venue:** Northern Beaches Indoor Sports Centre, Jacksons Rd, Warriewood  
**On sale:** 9am on the 8<sup>th</sup> April, 2024



**COST:**  
\$175 New Participants (includes starter pack: Ball, singlet & bag)  
\$120 Returning Participants

**To book:** <https://www.aussiehoops.basketball/program-locator/>