



THE HEIGHTS

Excellence and Opportunity

PRINCIPAL'S MESSAGE



Harmony Day

This year we will be celebrating Harmony Day at our school on Thursday (21 March) of this week. Harmony Day is a day to celebrate Australian multiculturalism. It is about inclusiveness, respect and belonging. To help celebrate this day we will be undertaking classroom lessons and the students are welcome to **wear an orange accent clothing item to accompany their school uniform.**

Harmony
DAY 21
MARCH



www.harmony.gov.au

School Invoices

School Invoices have been sent home detailing program contributions which covers educational programs, sports programs, teaching/learning materials and the P&C Voluntary Contribution. Further information was provided with the invoice.

Thank you for the contributions received. It is very much appreciated.

Working Bee

We will be holding a Working Bee this Saturday (23 March - 8.30am-3.00pm) and would welcome parents, friends and students to help us for a few hours on this day to weed the gardens on the Eastern Campus. There is a lot of work to do so your support would be greatly appreciated. Please bring gardening implements for weeding. A sausage barbecue will be provided.



PRINCIPAL'S MESSAGE

Term 1 Parent/Teacher Interviews

We will be holding Parent/Teacher Interviews the week commencing Tuesday 2 April. This will be a valuable opportunity to discuss how your child has settled into the new school year, discuss learning progress, share with you assessment information and areas of focus for the future. We will be using an online booking system for interviews. For parents who do not have internet access please contact the office with a choice of two preferred booking times. The interviews will be undertaken in person on site. If you prefer a telephone interview please contact the school.

Bookings open: Wednesday 20 March 8.00am

Bookings close: Wednesday 27 March 3.00pm

URL: www.schoolinterviews.com.au

Event code: eugjh

1. Enter your details, including your interview preference
2. Select the teachers you wish to see
3. Select the appointment times that suit you best

Simply enter the code and press "Go"

1. Enter your details - parent name, email address, phone number and child's name/s
2. Select your child's class teacher
3. Select the appointment time

When you click 'finish', your interview timetable will be emailed to you automatically. You can return to www.schoolinterviews.com.au at any time and change your interviews until Wednesday 27 March (3.00pm).

5M Interviews will be held early next term.

Opportunity Class 2025

Applications for Opportunity Classes in 2025 will open on Wednesday 4 April. We will be holding a Year 4 Parent Opportunity Class Information Night (Zoom) on Tuesday 9 April. Further information will be provided in the near future which will include changes the Department of Education is making to the program at some schools, including Balgowlah Heights.

Year 6 to Year 7 Enrolment 2025

Information has been sent home this week to all families of students in Year 6 regarding enrolment procedures for high school in 2025. If you require further information you are welcome to contact the school. It would be appreciated if forms could be completed by 28 March.

P&C Colour Run

The P&C are organising a *Colour Fun Run* for the students to enjoy on Wednesday 27 March. This will involve the students participating in a run/walk which includes obstacles, challenges and exercises. The students may wear mufti this day (light coloured clothing particularly highlights the colours). Further information has been emailed to parents.



Easter Hat Parade

We look forward to our Easter Hat Parade to be held on Thursday 28 March at 12.00 noon on the multi-purpose court (Western Campus). Students in Years K, 1 and 2 will parade their hats a class at a time. Students in Years 3-6 will view the parades to support the students. Parents and friends are welcome to stay after the parade and share lunch time with the students until 1.20pm.

PRINCIPAL'S MESSAGE



Third Party Software

Our school is committed to providing quality learning environments and resources for the students. The use of Information and Communication Technology (ICT) is an important resource in assisting teaching and learning in all areas of the curriculum.

Our school uses third-party software providers approved by the Department of Education, offering web-based online educational resources and cloud-based storage to support our administrative functions and enhance student learning outcomes.

The list of providers is detailed below.

App / Software	KINDY	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SeeSaw	✓	✓	✓	✓	✓	✓	✓
AdvancedLife Photography (Advanced Access)	✓	✓	✓	✓	✓	✓	✓
Online Assessment and Report System (OARS) ACER / PAT Assessments	✓	✓	✓	✓	✓	✓	✓
ICAS and Reach Assessments				✓	✓	✓	✓
PM Readers / PM Online / PM eCollection		✓	✓				
Typing Tournament	✓	✓	✓	✓	✓	✓	✓
SoundWaves Online				✓	✓	✓	✓
Class Dojo	✓	✓	✓				
APSMO (Maths Olympiad)						✓	✓

Soon a permission note providing detail on each of these providers will be sent to parents. Individual permission on each application will be required for a student to use that application in the future.

Across Stage Programs - HSIE



Lindy Chester
BHPS HSIE Teacher

My name is Lindy Chester and I will be looking forward to bringing history and geography to life for students in Years 3 to 6 this year. I will also incorporate my passion for literacy into my lessons as there are many wonderful stories to share about the history of Australia and about Australia's relations with other cultures.

Semester 1:

Year 3 Focus – Community and Remembrance

Year 4 Focus – Early exploration and first contacts with Indigenous Peoples

Year 5 Focus – The expansion of the Australian colonies

Year 6 Focus – Australia becoming a nation

Semester 2:

Year 3 Focus – the Australian continent and Australia's neighbours

Year 4 Focus – different environments

Year 5 Focus – factors that shape and change environments

Year 6 Focus – the world's cultural diversity

PRINCIPAL'S MESSAGE



Swimming

At our assemblies this Friday (22 March), student placegetters will be presented with their swimming ribbons.

UPCOMING EVENTS			
	DATE	ACTIVITY	TIME/ROOM
TERM 1 WEEK 9 2024	MONDAY 25 MARCH		
	TUESDAY 26 MARCH		
	WEDNESDAY 27 MARCH	P&C Colour Fun Term 1 Parent/Teacher Interviews bookings close	12.00noon 3.00pm
	THURSDAY 28 MARCH	School Tour Easter Hat Parade Regional Swimming Year 6-7 High School Applications close	9.30am 12.00noon
	FRIDAY 29 MARCH	Good Friday	
TERM 1 WEEK 10 2024	MONDAY 1 APRIL	Easter Monday	
	TUESDAY 2 APRIL	Regional Swimming	
	WEDNESDAY 3 APRIL		
	THURSDAY 4 APRIL	Opportunity Class 2025 Applications close	
	FRIDAY 5 APRIL	Winter PSSA Trials commence (Years 4-6)	

Have a great week,

David Shuster | Principal



SCHOOL NEWS

TinkerTank | Term 2

We are investigating holding a weekly TinkerTank workshop in Term 2 for students in Years 4, 5 and 6. Students would engage in hands-on tinkering activities, exploring the realms of technology, design, and problem-solving. From robotics to DIY electronics, and everything in between.

We are keen to understand parent and student interest in this initiative. It will most likely run on a Wednesday lunchtime for 8 weeks (Week 2 - 9) for a termly cost of approximately \$176. Please register your interest [here](#).



PBL

This week our PBL focus is Responsibility - We are learning to wear our school uniform with pride. We have such a lovely, inclusive uniform at BHPS. When you wear a school uniform you show that you are part of a team. Teams work together to reach wonderful goals and foster a sense of belonging.

Responsibility

Weekly focus

We are learning to wear our school uniform with pride.



What does it look like?

Broad-brimmed school hat

Correct summer uniform

Correct school socks and black school shoes

Book Club: Issue 2 Reminder

ORDER CUT OFF DATE : FRIDAY 29 March

Don't forget to put in your Issue 2 Scholastic Book Club orders before Friday!
Lots of great book ideas for all the kids!!



ARABANOO



Arabanoo Parent Management Committee (PMC) – Vice president role

Thank you for the interest in becoming members of the Arabanoo PMC, we have now filled our president and treasurer roles and are on the look out for a new vice president.

Arabanoo is a not-for-profit organisation, with all funds invested in the quality care of your children, with any surplus contributing to school projects. Our mission is to provide enriching before and after-school programs that foster personal growth and learning in a safe and supportive environment.

If you are a leader who can inspire, motivate and drive strategic vision, contact Rowan or Anita Pozo-Jones (current PMC president) via admin@arabanoo.com for further details.

Vacation care - Cancellations

If you'd like to cancel a day for vacation care, please do so by 26 March to avoid being charged the full day fee. Cancellations before the 26 March will incur an admin fee of \$18.50. To check availability and book please do so via the OWNA app.

If you'd like to be placed on a waitlist for days please see below.

Waitlist - Turn on notifications

You can jump on the waitlist for any day (vacation care or term time) and as spots become available you will receive a notification. Ensure you go into your phone setting, select OWNA and turn notifications ON. There's no order to the waitlist, it's first to book in, gets the spot.

Go to the day you want within the OWNA app and click the bell icon to be added to the waitlist.

As always please contact us if you have an enquiries.

The Arabanoo Team

Arabanoo Before & After School Care
Balgowlah Heights Public School, Lewis Street NSW, 2093

Email: admin@arabanoo.com

Website: www.arabanoo.com

Phone: 02 9948 6722

Mobile: 0421 014 308





P&C UPDATE



There are a few obstacles needing volunteers - and we need your help!

The day is nearly upon us and we have a few empty obstacles! Please help us! Obstacle 2, 4 6 and 8 need your creative genius! Here are a few ideas to get you started.

Obstacle 2: Nature trail leading from the end of the astro-turf, following the path in the nature garden at the fence at Radio Avenue. Could do hopscotch, hoops etc.

Obstacle 4: Kids to climb through a spider web of ropes fixed to 5/6 trees behind the KR classroom.

Obstacle 6: Play Equipment on K-2 - could do Floor is Lava etc.

Obstacle 8: This is the ramp by the Cola that leads up to the senior side - will be laced with a combination of rope and hula-hoops to crawl through. Can also put some creepy crawlies in there to avoid!

Sign up [here](#).

And if you have any **unwanted water shooters** the P&C would love to take them off your hands - please leave at the office if you have any spare!

NB: Lunch will happen a little earlier and there will be no butter chicken available.

P&C Meeting Minutes

Did you miss the P&C Meeting on Monday? Thank you to Mr Shuster who took us through the school budget - being very open and honest about the funds the school receives and how they are allocated. It was an interesting session! Read the minutes [here](#).

OC changes - be involved in the P&C's response

You may have seen the Department's plans to reduce the OC class to a composite class with changes beginning to take effect in 2025. You can read all about the decision - which was made without consultation - [here](#)

If you would like to be involved with the P&C response - please email Diana at bhpspresident@gmail.com

BHPS Band Treasurer

We are looking for a parent to help out with the band treasurer role as we enter a window of needing to set a budget and send out invoices. Our amazing band treasurer is leaving next year so this is the perfect time to assist with a handover. Please email Diana at bhpspresident@gmail.com

The P&C team. P&C proudly supported by





CANTEEN

VOLUNTEERS
Can you help out in Term 1?
Sign up [here](#).

Late Orders

There is a new option on Spriggy to place a Late Order for Recess. Scroll down to the bottom of Recess Orders and you will see "Late Recess". Options are limited to garlic bread, popcorn or pancakes. Orders are open to 10.30am daily.

Please help us on Monday for Millins Meat Monday

We are desperately seeking volunteers for the Millins Meat Monday on 25 March. Plenty of slots have been added to the sign-up schedule. Whatever time you can give will be much appreciated and will go a long way towards making the event a success. Sign up [here](#).

The volunteer schedule for the remainder of the term is as follows:

SCHEDULE		
WEEK	DATE	CLASS
TI WEEK 9	Monday 25 March - Friday 28 March	6M
TI WEEK 10	Monday 2 April - Friday 5 April	6P
TI WEEK 11	Monday 8 April - Friday 12 April	5V

We look forward to welcoming you in the canteen.



UNIFORM SHOP



Tuesday 8.30-9.30am
Thursday 2.30-3.30pm

VOLUNTEERS

Can you help out?

Just 1 hour, meet other parents & earn FREE second-hand uniforms
Please sign up [here](#).

WINTER UNIFORMS - Order via Spriggy or in person at the Uniform Shop.

Winter Uniform (Everyday, except allocated sports days)

- Sky blue long sleeve polo shirt with school logo
- Sky blue blouse with school logo
- Navy-blue pants
- Winter tunic (navy-blue, white and red tartan) for K-2
- Winter skirt (navy-blue, white and red tartan) for Years 3-6
- Black leather school shoes (coverage of the foot for safety)
- Ankle socks: navy-blue or navy-blue tights

All Year Uniform Items (Everyday)

- Navy blue hat with school logo: broad brim hat and must be sun safe.
- Navy blue fleece Jacket with logo: worn as needed by the student
- Navy blue bomber Jacket with logo: worn as needed by the student

Sports Uniform (Allocated sports days only)

- Sky/Royal Blue short-sleeve polo short with school logo
- Royal-blue shorts
- Navy-blue long tracksuit bottoms
- Sports shoes (suitable for sports)
- Sports socks: white (preference)

RAIN JACKETS - Lots of rain in the forecast! Grab a pouch Pocket Rain Jacket in store or via Spriggy (sizes 6-16).

NAVY JUMPERS - Available in sizes 4-16.

ZIP BOMBER JACKETS - Now available in Sizes 6-16. Size 4 is available in a Zip Fleece.

YEARS 4-6 PSSA SOCKS - Purchase via Spriggy or at the Uniform Shop.

VOLUNTEERS - Please sign up [here](#).

USED UNIFORM DONATIONS - Please donate your outgrown uniforms to the uniform shop for Second Hand Sales. Uniforms in good condition. **Please no 'Old Style Uniforms'**. Just drop, in a bag, in the tubs provided outside the Administration Office (school days) or at the Uniform Shop during opening hours. **NO hats, socks, tights or hair accessories or non-BHPS items.**

EXCHANGES AND RETURNS

Please remember items will only be Returned or Exchanged WITHIN 28 DAYS OF PURCHASE with a receipt.

- Folded in original packaging with inclusions eg: clips etc (intact - not ripped open).
- Tags attached.
- Refunds are only available in store at the Uniform Shop.
- No returns or exchanges on hats, hair accessories, socks & hosiery or second hand items.

The Uniform Shop Team | bhpsuniformshop@gmail.com



COMMUNITY

AUSTRALIAN INTERSCHOOLS SNOWSPORTS

snOW AUSTRALIA INTERSCHOOLS

SNOWSPORTS ENTHUSIASTS?

Would your child/ren like to participate in this year's Interschools Snowsports Championships and represent BHPS? For **alpine disciplines**, it is run in **Perisher 16-19 July 2024**, the second week of the winter school holidays. Competitors from all ability levels are encouraged to enter, with an emphasis on fun and participation in the initial Regional Championships. As the competitions move into State and then Nationals, the level of competition and the degree of difficulty increases. **Slopestyle Ski and Snowboard** and **Cross Country** competitions are all in **Perisher 20-21 August**.

Interschools Snowsports Disciplines

- **Alpine** - Skiers are timed on a modified giant slalom course
- **Skier X** - Skiers are timed on a slope-style course
- **Freestyle Moguls** - Skiers are scored on a bumps/jumps course
- **Snowboard Giant Slalom** - Boarders are timed on a modified giant slalom course
- **Snowboard X** - Boarders are timed on a slope-style course
- **Slopestyle Ski and Snowboard**
- **Cross Country Freestyle** - Raced with skate/classic cross country skis with a mass start
- **Cross Country Relay** - 3 Person Relay (team only event)

There are different divisions based on age/school year. It is a team based competition, but the kids also compete on an individual level.

Great if we can get a few teams together! Please contact BHPS coordinator Camilla Byron if you are interested (camilla@byron.se or 0416 656987). Participation in competition events, and all related costs, are the responsibility of the parents. This is just an initiative to come together and do this as a group while representing our school.

Hope to hear from you!

KIDS SPANISH CLASSES

The Language Hub offers Beginner classes for Year 5 & 6 children at Balgowlah Heights PS

Tuesdays 3.15pm- 4.15pm
Spanish native teachers
Small groups

Hola!

Enrol now
 Spots are limited
 Contact us to receive all information

0468 864 613
 info@thelanguagehub.net www.thelanguagehub.net

PLAY RUGBY LEAGUE WITH Manly Brothers

FREE REGO-U6/U7

FINAL CALL FOR REGISTRATIONS - COMPETITION STARTS 6TH APRIL

With the introduction of the **Player Development Framework**, Rugby League has never been safer or more inclusive for your child. The Framework includes:

- Introduction to the game via non-contact "tag" games for Under 6's, and the start of the Under 7's competition
- A "Tackle Ready" program delivered by NRL Development Officials to ensure technique is correct prior to commencing in-game contact.

Find out more: <https://www.playrugbyleague.com/framework/>

For more information or to register contact:
 Mark - 0412 311 524
 e-mail - president@manlybrothers.com.au
 web - www.manlybrothers.com.au



COMMUNITY

MANLY SCHOOL HOLIDAY BASKETBALL CAMP

ST. PAUL'S CATHOLIC COLLEGE

15-18 & 22-24 APRIL

AGES 5-14

JUNIORBASKETBALLACADEMY.COM.AU

Go4Fun

Northern Sydney Local Health District

Free 10 week healthy lifestyle program for kids aged 7-13

A parent or carer is required to attend each session.

"This has been a life change for us!"
Go4Fun parent

JOIN GO4FUN NOW!

Brookvale	Wednesday 1 May	4.00-6.00pm
Chatswood	Wednesday 1 May	4.00-6.00pm

GO4FUN.COM.AU • 1800 780 900

TINKERTANK

AUTUMN HOLIDAY CAMPS

BOOK AS MANY DAYS AS YOU WISH!
CLOSED WKENDS AND PUBLIC HOLIDAYS

JOIN US!

WWW.TINKERTANK.ROCKS
1 300 670 104

FROM \$64.99

WHAT'S UP:

- STEAM EDUCATION
- HALF DAY OR FULL DAY OPTIONS
- NO TWO DAYS ARE THE SAME
- SKILLS FOR LIFE
- NEW FRIENDS + FUN

On Sale Monday 8th April 2024

MANLY WARRINGAH BASKETBALL

APRIL HOLIDAY CAMP

COME ALONG AND LEARN BASIC, FUN SKILLS

DATES: 22ND, 23RD, & 24TH APRIL, 2024

TIME: 5 to 10 Yrs old 9:00 to 12:00pm
10 to 14 Yrs old 1:00 to 4:00pm

VENUE: Northern Beaches Indoor Sports Centre

AGES: broken into age groups

COST: \$115 for 3 days only, NO single days

PLEASE BRING LIGHT SNACK & WATER

Booking: <https://www.trybooking.com/CPTDH>
(Please read our terms and conditions prior to booking in on the booking site)

MWBA PINK BALL

TERM 2 2024

FOR GIRLS 7-12 YRS WHO WOULD LIKE TO LEARN BASKETBALL SKILLS IN A GIRLS ONLY PROGRAM

DATES: SAT 11th May to 28th June 2024

TIME: 1:15-2:15 PM

VENUE: NORTHERN BEACHES INDOOR SPORTS CENTRE, JACKSONS RD, WARRIEWOOD, NSW 2102

COST: \$120 includes a Pink Ball or Bottle

\$160 program plus reversible singlet.

To Book: <https://www.trybooking.com/CQEFR>

SATURDAY LEARN TO PLAY

Basketball Skills

LEARN BASKETBALL SKILLS IN A FUN LEARNING ENVIRONMENT WITH QUALIFIED COACHES.

DATE/Time: Sat 4th May to 29th June, 2024 @ 2:15 to 3:15pm.

Cost: 9 Weeks for \$120 or \$160 with training top.

Venue: Northern Beaches Indoor Sports Centre, JACKSONS RD, WARRIEWOOD.

This program runs every term for kids aged between 5 and 12 years, boys and girls. The participants are broken up into small groups according to age and ability. This program is suitable for beginners.

Active Kids Voucher Welcome

To Book go to: <https://www.trybooking.com/CQEGH>

Hit the HOOPS

Aussie Hoops is a fun, inclusive, structured introductory basketball program aimed at 5-10 year olds, with graded increases in competitiveness until participants are ready to transition to local WCA competitions.

TERM 2 8 Week Program

Dates: Sunday 12th May to 30th June

Time: 9am to 10am

Venue: Northern Beaches Indoor Sports Centre, JACKSONS RD, WARRIEWOOD

On sale: from on the 8th April, 2024

COST: \$175 New Participants (includes starter pack ball, singlet & bag) \$120 Returning Participants

To book: <https://www.aussiehoops.basketball/program-locator/>