



# THE HEIGHTS

*Excellence and Opportunity*

## PRINCIPAL'S MESSAGE



### 2023 School Planning

In the near future we will be commencing the process of organising classes for 2023. If you will be moving from our school at the end of this year it would be appreciated if you could contact the office. Also, if you have any special social considerations you would like the school to be aware of in planning classes (e.g. Siblings close in age) you are welcome to send a letter/email to us providing details by Friday 23 September. As part of the planning the teachers undertake significant work to organise the classes which includes gaining student feedback on friendship groups. You are welcome to contact me if you require further information.

### Recognition Assembly

We look forward to our Term 3 Recognition Assembly to be held on Monday (19.09.22) at 9.30am in the hall. Students in the Junior Band will be performing outside the hall at 9.20am. The Years 1-2 Choir will also be performing at the Assembly.

### PBL Celebration Day

We look forward to our PBL Celebration Day which will be a mufti day on Wednesday (21.09.22) of next week. Students may wear mufti clothes on this day. Covered shoes and a hat are also still required.

The students are requested to bring a 'gold coin' to donate, which will be used to support the Northern Beaches Clean Up Crew.



*Clontarf Clean Up, 25th  
of September at 10am.*

*All welcome to this family friendly  
event - Do a good deed for the  
planet and make some new friends  
at the same time 🙌*



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## PRINCIPAL'S MESSAGE

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### Ensemble Night

We enjoyed an excellent night of performances from our Years 1 and 2 Choir, Junior Choir, Senior Choir and Strings Groups at our Ensemble Night. Thank you to Mrs Cronin, Mr Cronin and Miss Millett for organising the night. Thank you also to the many parents and friends who were able to attend.



### Year 6 Mini Fete

Congratulations to the Year 6 students and staff for the Mini Fete organised the last week. The students were involved in a great range of enjoyable activities.



## PRINCIPAL'S MESSAGE



### P&C Movie Night

We look forward to the P&C Movie Night on Saturday (17.09.22) of this week for students and families of our school. Food will be available from 5.00pm and the movie will commence at 6.30pm. Further information is on page 9 of this week's Newsletter.



### Library Monitors Lunch with the Stars

A number of Year 6 students were fortunate to attend "Lunch with the Stars" hosted by The Children's Book Council of Australia last week. Students joined with eleven other local schools to meet and hear from various authors and their writing experiences. Balgowlah Heights students had the opportunity to lunch and talk with Kristin Darell (Football Fever: Making the Grade) and Liz Ledden (Walking Your Human). Thank you to Mrs Kerr for organising this valuable experience.





### **Summer PSSA**

We look forward to our Summer PSSA Competition recommencing on Friday (16.09.22) of this week. The Summer Competition will be held at an earlier time. Students will depart school at 12.00 noon, with games commencing at 12.30pm. Students will return to school at 2.15pm, where they will return to class. Please note if you are ordering lunch that hot food (pie or sausage roll) or sushi are available.

### **Primary Proms Concert**

We wish the students in the Junior Choir (Years 3 & 4) participating in the Primary Proms Concert at the Sydney Town Hall on Wednesday (21.09.22) at 7.00pm of next week, all the best.

### **Regional Athletics**

We wish the students participating in the Regional Athletics Championships on Monday (19.09.22) of next week all the best.

### **Public Holiday**

A public holiday will be held on Thursday (22.09.22) of next week as part of the National Day of Mourning for Queen Elizabeth II. Therefore, school will be closed on this day.

### **Year 6 Grade Photograph**

Students in Year 6 will have a grade photograph on Thursday (15 September) of this week at 9.15am. Students are requested to wear their winter school uniform.

### **Mobile Phones at School**

At last week's P&C Meeting we shared our school's mobile phone policy. The key points are printed below.

- The phone must be turned off at the school gate and put away immediately.
- The phone must be off all day and only turned on when leaving the school grounds or when the parent/carer has assumed responsibility of their own child.
- Responsibility for any loss or damage of the phone whilst at school is with the owner.





## PRINCIPAL'S MESSAGE



### Upcoming Events

UPCOMING EVENTS			
	Date	Activity	Time
Term 3 Week 10	Monday 19 September	Recognition Assembly Regional Athletics	9.30am
	Tuesday 20 September	6P Night of the Notables	6.30pm
	Wednesday 21 September	PBL Thumbs Up Celebration Day Primary Proms Concert (Junior Choir- Years 3 & 4) @ Sydney Town Hall	7.00pm
	Thursday 22 September	Public Holiday	
	Friday 23 September	Last day of Term 3	
Term 4 Week 1	Monday 10 October	Students commence Term 4	
	Tuesday 11 October	Kindergarten 2023 Parent Information Night	7.00pm
	Wednesday 12 October		
	Thursday 13 October		
	Friday 14 October	Summer PSSA Round 7	12.00 noon

**David Shuster | Principal**



## SCHOOL NEWS



**BALGOWLAH HEIGHTS PUBLIC SCHOOL**  
**2023 Kindergarten Orientation Program**

**Kindergarten School Tour (school hall)**  
Thursday 8 September 9.30-10.30am  
Register to join: <https://bit.ly/2023TOUR>

**Kindergarten Orientation Dates**  
Orientation days are from 9.30 - 10.45am

- Group 1 | Mondays 17 and 24 October
- Group 2 | Wednesdays 19 and 26 October
- Group 3 | Thursdays 20 and 27 October
- All Groups Monday 31 October

**Parent Information Sessions**

**Tuesday 11 October 7-8pm (online)**  
Register to join: <https://bit.ly/BHPSOCT11>

- School Readiness
- Meet the 2023 Kindergarten Teachers
- A day in the life of a Kindergarten student
- Overview of the Best Start assessment

**Tuesday 25 October 7-8pm (online)**  
Register to join: <https://bit.ly/BHPSOCT25>

- P&C Information

Arabanoo | Canteen | Uniform Shop | Walking bus



## WELLBEING

**PBL  
CELEBRATION  
DAY**

**21 ST SEPTEMBER**

**OCEAN SCAVENGER HUNT**

**BRING A GOLD COIN TO SUPPORT  
THE NORTHERN BEACHES  
CLEAN UP CREW**

## WELLBEING



**Weeks 9 and 10 Wellbeing and PBL**

**Focus**

This week's focus is  
**'Reflecting on my achievements'**

We are taking time to show gratitude and reflect on our achievements.



## CANTEEN



### Canteen News

Use of the re-usable containers is in full swing now - on Mondays, Tuesdays and Wednesdays. We are asking for volunteers particularly on those days to help out with preparation work (such as making cookie dough, baking brownies, making garlic butter, making yoghurt pops, rolling bliss balls etc) to free up our staff to do the additional washing up that necessarily comes with use of those containers. Rest assured, you will NOT be washing up! If you can spare any time, even 30 minutes, we would be most grateful. No need to sign-up - just pop in.

The volunteer schedule for the rest of the year is:

T3 week 10	Mon 19 Sep – Fri 23 Sep	5J Mr Jensen
T4 week 1	Mon 10 Oct – Fri 14 Oct	5M Ms Millett
T4 week 2	Mon 17 Oct – Fri 21 Oct	5V Miss Veney
T4 week 3	Mon 24 Oct – Fri 28 Oct	5W Miss Weller
T4 week 4	Mon 31 Oct – Fri 4 Nov	4S Miss Santer
T4 week 5	Mon 7 Nov – Fri 11 Nov	4K Mrs Keeling
T4 week 6	Mon 14 Nov – Fri 18 Nov	4D Miss Donlan
T4 week 7	Mon 21 Nov – Fri 25 Nov	4B Miss Bonadio
T4 week 8	Mon 28 Nov – Fri 2 Dec	3M Miss McGahey
T4 week 9	Mon 5 Dec – Fri 9 Dec	3L Miss Campling
T4 week 10	Mon 12 Dec – Fri 16 Dec	3C Ms Coote

Remember, you don't need to wait for your class's turn to volunteer. You are absolutely welcome to come any time you have capacity. Sign up at <https://signup.com/go/VjdtTmB>

We look forward to seeing you in the canteen soon.



## UNIFORM SHOP



### OPENING HOURS

**Tuesday | 8.30am – 9.30am**  
**Thursday | 2.30pm – 3.30pm**

**SUMMER UNIFORMS – Term 4** Time to check you haven't outgrown your Summer Uniform!!!! Get your Flexischools Order in before 12pm Monday or come in person to the shop, only 2x open days left this Term.

**VOLUNTEERS** - Can you help out? Just one hour. The Uniform Shop is looking for helpers both **Tuesday mornings** and **Thursday afternoons**.  
Please email [bhpsuniformshop@gmail.com](mailto:bhpsuniformshop@gmail.com)

**SALE, SALE, SALE !!! - Be Quick!** There's just a few, '**NEW**' with tags, discontinued stock & ex-Try On uniform items left, able to be worn 2022/23/24. **Come and grab a bargain!!!**  
Grey Shorts, Grey Long Pants, Short/Long Polos, Check Skorts....

**DONATIONS** - If you have outgrown uniform items in **good condition**, please donate (in a bag) in the clear donation bin located outside the Administration Office.  
**No hats, hair accessories or socks/hosiery please.** All other non wearable items can go in the Yellow 'Worn Up' box.

**FLEXISCHOOLS ORDERS - All Online Orders** go to the Administration Office on Tuesdays for delivery to the classrooms, please do not pop into the Uniform Shop Tuesday mornings during opening 8.30-9.30am, to pick up orders as they will not have been processed yet. They will be delivered to your child. Thanks.

**EXCHANGES AND RETURNS** - Packaging must be returned and intact!

\*A **Receipt of purchase** is required **within 28 days** to exchange or return.

**Items will not be exchanged or returned without intact packaging and tags attached.**

**\*CLOTHING ITEMS FOR EXCHANGE OR REFUND MUST BE FOLDED INTACT IN THEIR "ORIGINAL" PACKAGING WITH TAGS ATTACHED AS THEY WERE RECEIVED.**

**\*EXCHANGES CAN BE MADE VIA THE OFFICE ONLY WITHIN 28 DAYS : Just attach a note, for example; "please exchange this size 6 for size 8" with a copy of your receipt of purchase and items in their original 'non ripped' packaging, all blouse clips & tags attached. Exchange items will be delivered back to class on Tuesdays.**

**\*REFUNDS ARE ONLY AVAILABLE "IN PERSON" IN THE UNIFORM SHOP.**

There are **no returns** or **exchanges** on Hats, Hair Accessories, Socks & Hosiery and Second Hand items. Exchanges and Returns are available at the Uniform Shop.

**Loretta Mykityshyn | Uniform Shop Manager |** [bhpsuniformshop@gmail.com](mailto:bhpsuniformshop@gmail.com)





## P&C News

To keep up to date with all our news and events, please join our private [BHPS P&C Facebook Group](#). Also check out our P&C Noticeboards on Radio Avenue and Lewis Street. We'll be posting events, P&C information and community activities on a regular basis.

## Outdoor Movie Night this Saturday – have you got your tickets yet?

Pack your picnic blanket and join us on Saturday night to watch Sing 2 (PG rated) at our very own outdoor cinema!

Date:	This Saturday (17 September)
Venue:	Netball Courts, Western Campus, BHPS
Time:	Food from 5pm   Movie starts at 6.30pm
Movie:	Sing 2 (PG rated)
What to bring:	Picnic rug, low chairs/beanbags, jumpers/blankets, snacks (no alcohol) and cash for popcorn, ice-cream and fairy floss!
Food available:	A delicious sausage sizzle (please pre-order on Flexischools - \$5 per sausage & roll). Ice-Cream Truck, Fairy Floss, Popcorn, Lolly bags and Juice Poppers will be available to purchase on the night – please bring cash/gold coins.
Cost:	\$14 per person (single ticket), \$50 for a family of 4+
How to book:	Flexischools

Please note that all children must be accompanied by an adult and we ask that you remain in the dedicated movie and food areas.



If you have any questions about the P&C or would like to be involved in any way, please feel free to contact Diana at [bhpspresident@gmail.com](mailto:bhpspresident@gmail.com) or Tamsin at [bhpsvpcomms@gmail.com](mailto:bhpsvpcomms@gmail.com). Like the [BHPS P&C Facebook Page](#) and join the private [BHPS P&C Facebook Group](#) to keep up to date with P&C news and events.

## The P&C Team

P&C proudly supported by



02)9948 0666  
whitehouserealestate.com.au



## SUSTAINABILITY

## Current BHPS Recycling Programs

<b>Bottles, Cans, &amp; Poppers</b>	.ReCollect - Please collect & donate your 10c refundable containers behind the letterbox of 44 Woodland St S. Next collection is in 3 weeks.
<b>Bread Bags Recycling</b>  <b>* 3 weeks remaining *</b>	A pink Wonder Recycling Rewards collection box is outside the Office on the western campus, where you can deposit ALL soft plastic bread bags (not just Wonder branded bread bags), until 9th September.  The rule of thumb is that if it has contained bread of some sort and is a soft plastic – then it's a bread bag".
<b>Textile Rescue Program</b>	A yellow WORN UP collection box is outside the Office on the western campus, where you can deposit all worn out school uniforms. It was estimated over 2000 tonnes a year of uniform textiles end up in Australian landfill, and this Sustainable Schoolwear company is closing the loop and recycling them.
<b>Soft Plastics</b>	Every couple of weeks a volunteer is required to take the soft plastics from the school, down to a <a href="#">RedCycle</a> drop off point (closest being Coles at Stocklands). To opt in the roster for this quick & easy, and extremely helpful job please <a href="#">sign up here</a> .

## Other BHPS Sustainability News:

- **Last week for Bread Bag Recycling collection!** Please deposit your soft plastic bread bags **by Thursday pm this week**. They will be sent off and redeemed for reward points, which will be converted into sports equipment for the school, made from these recycled plastics. Win-Win!
- **Balgowlah Bowling Club ReCollect Partnership-** We are delighted to announce that Balgowlah Bowling Club and Carly May's Kitchen have agreed to support our Sustainability Committee by collecting all their Return & Earn bottles and cans. This is an incredibly generous offer, and has involved a fair bit of coordination for them, so please be sure to mention it to Carly, Tony and the team when you next go and enjoy some of their tasty food.

Their first collection was made last week, and will be continuing fortnightly from now on... Thank you Carly May and Balgowlah Bowling Club!

Carly May






**MANLY WARRINGAH BASKETBALL  
SEPTEMBER HOLIDAY CAMP  
COME ALONG AND LEARN BASIC, FUN SKILLS**

**DATES:** 28TH, 29TH & 30TH SEPTEMBER, 2022  
**TIME:** 5 to 9 Yrs old 9:00 to 12:00pm  
 10 to 14 Yrs old 1:00 to 4:00pm

**VENUE:** Northern Beaches Indoor Sports Centre  
**AGES:** broken into age groups  
**COST:** \$105 (If camp is cancelled, total refund)  
**Booking:** <https://www.trybooking.com/CAYID>

**NO SINGLE DAYS,  
MUST PAY FOR 3 DAYS**





## Fruit & Veg Month 2022

Our school will be participating in Fruit & Veg Month 2022.

This year's theme is all about **Building Fruit & Veg Communities!**

Together we will learn ways to grow and buy local and how to build local food communities.

Fruit & Veg Month 2022 runs from Monday 29 August to Friday 23 September.

As part of Fruit & Veg Month, students will be involved in various classroom and school-based activities which encourage them to eat more fruit and vegetables.

**Linda McWhirter | Fruit & Veg Month School Coordinator**





## SPRING SCHOOL HOLIDAY CAMPS



JOIN US FOR EXCITING NEW  
CAMPS THIS HOLIDAYS!



CODE WITH  
MINECRAFT



CODE WITH  
ROBLOX



3-IN-1 CODING  
ADVENTURE



CODE WITH  
MICRO:BITS



STOP MOTION



FILM ACADEMY



APP  
DEVELOPMENT

AT MULTIPLE  
LOCATIONS  
ACROSS NEW  
SOUTH WALES!

Forest Community Arts Centre  
Beacon Hill Public School  
And more!



## ENROL TODAY

1300 089 344

JNRENGINEERS.COM.AU





**THE TWO-DAY CAMP IS PACKED FULL OF BOARD, SWIM AND BEACH TRAINING, PLUS PLENTY OF GAMES AND FUN THROUGHOUT. IT IS DESIGNED FOR NIPPERS AGED U9 TO U14 OF ALL ABILITIES.**

We encourage young athletes to register if:

- you are looking to improve your surf competition skills
- keen to meet new teammates and make friends for life
- grow water confidence and skills seeking competition experience from our expert coaching staff
- Participants must bring their own nipper board.

**THE NEW & IMPROVED SIC IS BACK FOR ANOTHER SEASON !  
THURSDAY 29TH & FRIDAY 30TH SEPTEMBER  
@ MONA VALE BEACH  
8.30AM - 3PM**

All participants are guaranteed to have a good sleep after each day of the camp.

Participants must bring their own nipper board. For further enquiries contact

Bella - 8919 2137 or Spencer - 8919 2138  
or email: [surfsportsadmin@surflifesaving.net.au](mailto:surfsportsadmin@surflifesaving.net.au)

Open to SLSSNB Club Members U9 & over (2022/23 Season)

**COST: \$200 FOR 2 DAYS, \$120 FOR ONE DAY**

**INCLUDES**

- \* **SIC SINGLET**
- \* **LUNCH AND SNACKS ON BOTH DAYS**
- \* **DRINKS THROUGHOUT THE DAY**
- \* **SPECIALIST COACHES**

**REGISTER HERE**

<https://form.jotform.com/222397137218862>