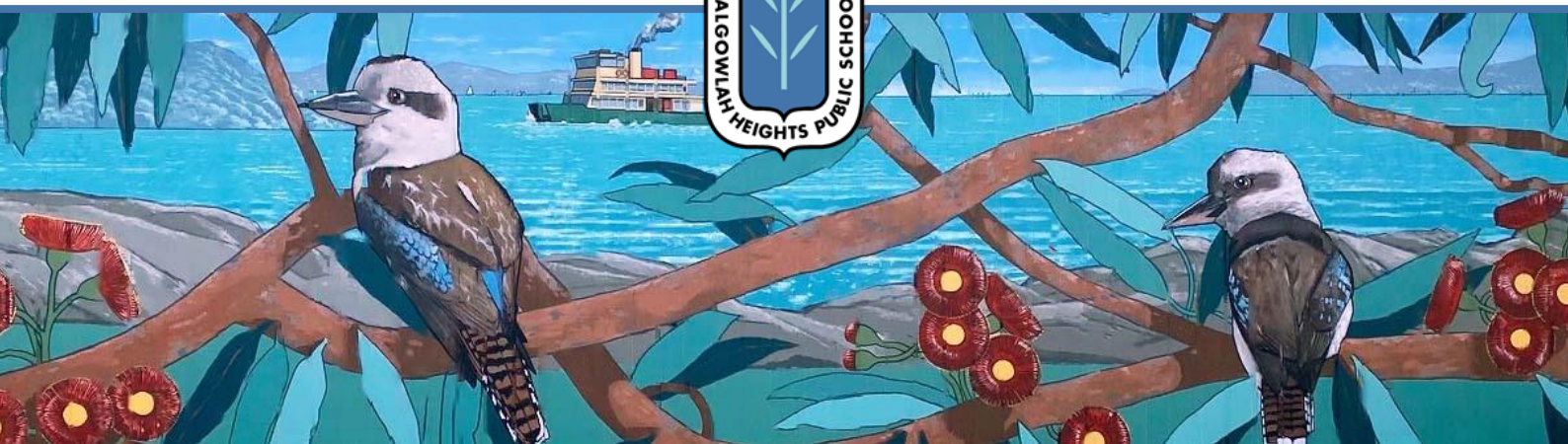




Term 3 | Week 7 | 31 August 2022



THE HEIGHTS

Excellence and Opportunity

PRINCIPAL'S MESSAGE



School Mascot

Our school mascot Lucky has recently been sighted supporting us at a number of school events.



Zone Athletics



Peer Support

NAPLAN

Students in Years 3 and 5 have been provided with their NAPLAN Report. In conjunction with the Report is a letter providing further details and links to interpreting the test results. If you require further information you are welcome to contact our school.



Father's Day

We wish all our dads a happy Father's Day. We look forward to our Father's Day Breakfast on Friday 2 September, from 7.30-8.45am in the Western COLA area. A coffee van will be available. Further information on both of these events is on page 11 of this week's Newsletter.

Semester II School Invoices

School Invoices for Semester II have been sent home detailing program contributions which covers educational programs, sports programs, teaching/learning materials and the P&C Voluntary Contribution. Further information is provided with the invoice.

Thank you to the families who have assisted with the payment of their invoices.

P&C

The next meeting of the P&C Meeting will be held on Monday 5 September at 7.00pm in the library and on Zoom. All parents are very welcome to attend. Discussion topics for this meeting include:

- Department of Education Mobile Phone Policy for students
- Communication
- Tell Them from Me Parent Survey

To register please [click here](#) This link also provides the opportunity for you to detail questions you would like addressed.

A zoom link for the meeting is provided below for parents who wish to participate from another location.

<https://nsweducation.zoom.us/j/62249953883?pwd=VFY4TERLZFJ4VmQxOHkrNkM5dk9TQT09>

Meeting ID: 62249953883 Passcode: 420773

Kindergarten 2023 School Tour

We look forward to our 2023 Kindergarten students and their families joining us for a school tour on Thursday (8.09.22) of next week at 9.30am. The tours will be led by this year's student leaders.

Year 6 Mini Fete

Year 6 is holding a Mini Fete on Friday (9.09.22) of next week to raise funds for their farewell gift to our school. The day will provide an opportunity for all students to participate in a range of activities and attend a range of stalls. Further details of these activities, stalls and suggested costs are provided in an email which was sent home last week.

A reminder our school canteen will not be open on this day, but the students are able to order a sausage sandwich through Flexischools.

The times grades will be attending the Mini Fete are:

- Year 3 and 4 - 9:30-10:15am
- Kindergarten - 10:30-11:15am
- Years 1 and 2 - 11:30am-12:15pm
- Year 5 - 12:30-1:15pm

Students are welcome to wear mufti clothes on this day.



Ocean Action Pod Incursion

On Wednesday (7.09.22) of next week the students will have the opportunity to participate in the Ocean Action Pod Incursion. The incursion is aimed at developing awareness of the health of our oceans and how we can assist this health and look after our beaches. The students will participate in a workshop of 30 minutes duration and undertake a selection of the following activities:

- Little Things Matter- plastic waste on our beaches
- Who Eats Who-plastic waste in the ocean food web
- Pod, Plinths & Plastics- visual displays
- Plastic Fantastic- plastics we should and should not use
- A Spoon & Container Story- how plastics are made
- Only Rain Down the Drain- how to stop litter going into pour drains
- Waste Not- waste management
-

An email will be sent home later this week providing further information.



Recital Night

We look forward to our Recital Night on Tuesday of next week (6 September), commencing at 6.30pm in the hall. We currently have 17 students who will be performing on the night.

Please [click here](#) to find out further information and complete the form if your child would like to participate. Entries close this Friday (2 September) at 3.00pm

Premier's Spelling Bee Zone Final

We wish Megan Holliday (Junior Section) and Kaia Dawson (Senior Section) all the best for their participation in the Premier's Spelling Bee Zone Final on Tuesday (6.09.22) of next week.

PRINCIPAL'S MESSAGE



SASS Week

The biggest thank you to our wonderful team of 20 SASS staff at BHPS, who work alongside staff, students and the community. We celebrated today with a beautiful morning tea. Thank you also to the P&C for their kind support.



Upcoming Events

| UPCOMING EVENTS | | | |
|--------------------------|------------------------|---|------------------------------|
| | Date | Activity | Time |
| Term 3 Week 7 | Monday 5 September | P&C | 7.00pm |
| | Tuesday 6 September | Library Monitors Literary Lunch Recital Night | 10.45am |
| | Wednesday 7 September | Ocean Action Pod Incursion (Years K-6) | |
| | Thursday 8 September | Kindergarten 2023 School Tour Peer Support (Session 6: Joining in with others) | 9.30am 9.40am |
| | Friday 9 September | Year 6 Mini Fete | |
| Term 3 Week 7 | Monday 12 September | Kimbriki Excursion 1B, 1L, 1M SRC Ensemble Night (Choirs, Strings) | |
| | Tuesday 13 September | | |
| | Wednesday 14 September | Festival of Choral Music (Junior Choir) rehearsal | |
| | Thursday 15 September | Year 6 Photograph School Tour Peer Support (Session 7-Good Winners) | 9.15am 9.30am 10.20am |
| | Friday 16 September | Years 3-6 Assembly Summer PSSA recommences Years K-2 Assembly | 10.45am 12.30pm 1.45pm |
| | Saturday 17 September | Movie Night | |



State Rugby Union

Congratulations to Lachlan Weston, who as half back, was a member of the Sydney North Rugby Union Team who were runners-up in the state championships. Lachlan was also selected in the NSW Under 12's team to play Queensland and New Zealand Maori later this year.





BALGOWLAH HEIGHTS PUBLIC SCHOOL

2023 Kindergarten Orientation Program





Kindergarten School Tour (school hall)
Thursday 8 September 9.30-10.30am
Register to join: <https://bit.ly/2023TOUR>



Kindergarten Orientation Dates
Orientation days are from 9.30 - 10.45am

- Group 1 | Mondays 17 and 24 October
- Group 2 | Wednesdays 19 and 26 October
- Group 3 | Thursdays 20 and 27 October
- All Groups Monday 31 October



Parent Information Sessions

Tuesday 11 October 7-8pm (online)
Register to join: <https://bit.ly/BHPSOCT11>

- School Readiness
- Meet the 2023 Kindergarten Teachers
- A day in the life of a Kindergarten student
- Overview of the Best Start assessment

Tuesday 25 October 7-8pm (online)
Register to join: <https://bit.ly/BHPSOCT25>

- P&C Information

Arabanoo | Canteen | Uniform Shop | Walking bus





Book Fair

Thank you to everyone who supported the Book Fair. It was lovely to see so many families enjoying choosing a book for home. The Book Fair was a huge success with over \$3000 worth of books being able to be purchased for the School Library.

Congratulations to Liam Kwan in 1W for winning the colouring competition and to Cate Williamson 5J for winning the design a dream jar competition. Both students selected the prize of spending \$30 at the Book Fair.



Lunch with the Stars

Lunch with the Stars is an annual event run by the Northern Branch of the Children's Book Council of Australia. Schools from the Northern Beaches attend a lunch accompanied by 20 local authors – one per table, with two guest speakers entertaining the students discussing their writing process. This year's guest presenters are Oliver Phommavanh and Louise Park. 16 Year 6 students have been selected to attend, including the Library Monitors and other students that have assisted Mrs Kerr in the Library throughout the year.

SCHOOL NEWS

EXCURSIONS



Kindy Taronga Zoo Excursion

This week Kindergarten took their learning onto Cammeragal country. We visited the beautiful Taronga Zoo and got to learn in their new habitat classrooms. We heard dreamtime stories and interacted with Australian wildlife, while birds flew overhead. Our zoo teacher Alex said we were the best Kindy class she had ever taught. We showed Alex and the animals respect and asked insightful questions. We spent the rest of the day exploring the zoo, seeing giraffes, elephants, chimpanzees, tigers and even a cheeky peacock. Thank you to our wonderful Kindergarten teachers and parent helpers for a fantastic day.





Premier's Debating Challenge Update

In the knockout finals round of the Premier's Debating Challenge, Balgowlah Heights Expressers competed against Balgowlah North Team Manning in a debate over Zoom. The debaters were given one hour to prepare their arguments without any help from teachers. Then they tried to convince the adjudicator to agree with their case.



| Topic | |
|---|--------------------------------|
| That students in Years 5 and 6 should choose the books they study in class. | |
| Affirmative Team | Negative Team |
| Balgowlah North Manning | Balgowlah Heights Expressers |
| Win | |

While this marks the end of the Premier's Debating Challenge for our teams, we hope that the debaters will continue to grow their critical thinking, collaboration and argumentation skills.

For students interested in debating, our school hosts an extracurricular debate club run by Masters Academy for students in Years 5 and 6 on Thursday mornings from 7:50-8:50am. Information on Term 4 enrolments to come later this term.

Laura Ewan and Kim Santer | Debating Coordinators

WELLBEING



Weeks 7 and 8 Wellbeing and PBL

Focus
This week's focus is
'Using the regulation toolbox to make safe and sensible choices'

We are developing skills to achieve our **personal best** by identifying our emotions and using the Regulation Toolbox to make positive choices.



CANTEEN

Use of the re-usable containers is in full swing now - on Mondays, Tuesdays and Wednesdays. We are asking for volunteers particularly on those days to help out with prep work (such as making cookie dough, baking brownies, making garlic butter, making yoghurt pops, rolling bliss balls etc) to free up our staff to do the additional washing up that necessarily comes with use of those containers. Rest assured, you will NOT be washing up! If you can spare any time, even 30 minutes, we would be most grateful. No need to sign-up - just pop in.

A reminder that the **canteen will be closed** on the day of the **Year 6 Mini-Fete, Friday 9 September**.

The volunteer schedule for the rest of the year is:

| | | |
|------------|-------------------------|------------------|
| T3 week 8 | Mon 5 Sep – Fri 9 Sep | KW Miss White |
| T3 week 9 | Mon 12 Sep – Fri 16 Sep | 5H Mr Hyde |
| T3 week 10 | Mon 19 Sep – Fri 23 Sep | 5J Mr Jensen |
| T4 week 1 | Mon 10 Oct – Fri 14 Oct | 5M Ms Millett |
| T4 week 2 | Mon 17 Oct – Fri 21 Oct | 5V Miss Veney |
| T4 week 3 | Mon 24 Oct – Fri 28 Oct | 5W Miss Weller |
| T4 week 4 | Mon 31 Oct – Fri 4 Nov | 4S Miss Santer |
| T4 week 5 | Mon 7 Nov – Fri 11 Nov | 4K Mrs Keeling |
| T4 week 6 | Mon 14 Nov – Fri 18 Nov | 4D Miss Donlan |
| T4 week 7 | Mon 21 Nov – Fri 25 Nov | 4B Miss Bonadio |
| T4 week 8 | Mon 28 Nov – Fri 2 Dec | 3M Miss McGahey |
| T4 week 9 | Mon 5 Dec – Fri 9 Dec | 3L Miss Campling |
| T4 week 10 | Mon 12 Dec – Fri 16 Dec | 3C Ms Coote |

Remember, you don't need to wait for your class's turn to volunteer. You are absolutely welcome to come any time you have capacity. Sign up at <https://signup.com/go/VjdtTmB>

We look forward to seeing you in the canteen soon.

UNIFORM SHOP



OPENING HOURS

Tuesday | 8.30am – 9.30am

Thursday | 2.30pm – 3.30pm

VOLUNTEERS - Can you help out? The Uniform Shop is looking for helpers both Tuesday mornings and Thursday afternoons. Please email bhpsuniformshop@gmail.com

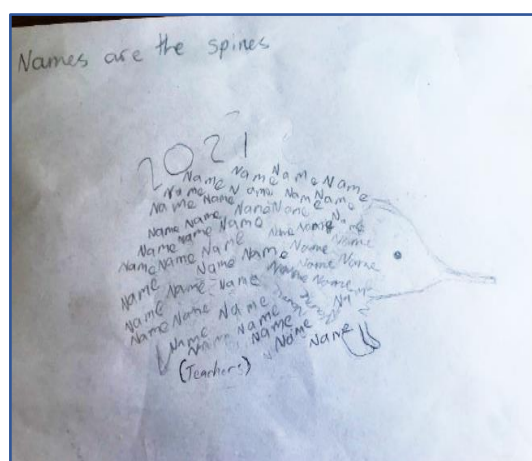
DONATIONS - If you have outgrown uniform items in good condition, please donate (in a bag) in the clear donation bin located outside the Administration Office. **No hats or hair accessories or socks/hosiery please.**

FLEXISCHOOLS ORDERS - All online Orders go to the Administration Office on Tuesdays for delivery to the classrooms, please do not pop into the Uniform Shop Tuesday mornings during opening 8.30-9.30am, to pick up orders as they will not have been processed yet. Thanks.

YEAR 5 - 2023 Leaver Jacket Designs!

Got a great idea for next year's Leaver Jacket!

Please submit drawings to bhpsuniformshop@gmail.com



Loretta Mykityshyn | Uniform Shop Manager | bhpsuniformshop@gmail.com



P&C News

To keep up to date with all our news and events, please join our private [BHPS P&C Facebook Group](#). Also check out our P&C Noticeboards on Radio Avenue and Lewis Street. We'll be posting events, P&C information and community activities on a regular basis.

P&C Meeting

Do you have any specific questions about current or future school or P&C activities and plans? If so, please join us at next week's P&C Meeting (Monday 5 September) at 7pm in the library or via Zoom. Register [here](#) and join via Zoom [here](#).

Father's Day – Friday 2 September @ 7.30am – 8.45am



We look forward to seeing you all on Friday for a Father's Day fry-up on the Western Campus from 7.30am – 8.45am. Bacon and egg rolls for Dad/Grandad will be freshly sizzling in the morning. If you haven't yet ordered brekky you have about 2 hours from now – so jump onto Flexischools ASAP to get your order in (close at 6pm today – Wednesday).

We are also LOOKING FOR SOME HELPERS to help us run the morning, particularly on the BBQ. If you can spare any time to help chop fruit, fry some eggs & bacon, or make tea and coffee, please pop your name [here](#).

New Kiss and Drop zone - your feedback required

The Northern Beaches Council are currently consulting on whether the other side (Eastern) of Lewis Street should become a 'No Parking' zone and are seeking your input. To confirm a 'No Parking' zone is a kiss-and-drop zone, where the occupant has a maximum stay of 2 minutes, and is required to remain in, or within 3 metres of the vehicle. Please note this would be the same side of the road as the new OOSH building. The Road Safety committee will prepare a response on behalf of the P&C and will publish this in due course. Please [click here](#) for further details.

Outdoor Movie Night – Saturday 17 September - SAVE THE DATE!

Join us under the stars on Saturday 17 September for a fun-filled evening watching a movie and enjoying pizza, or a sausage sizzle, and not forgetting the popcorn and fairy floss! Further details to come.

If you have any questions about the P&C or would like to be involved in any way, please feel free to contact Diana at bhpspresident@gmail.com or Tamsin at bhpsvpcomms@gmail.com. Like the [BHPS P&C Facebook Page](#) and join the private [BHPS P&C Facebook Group](#) to keep up to date with P&C news and events.

The P&C Team

P&C proudly supported by



02)9948 0666
whitehourealestate.com.au



SUSTAINABILITY

Current BHPS Recycling Programs

| | |
|---|--|
| Bottles, Cans, & Poppers | ReCollect - Please collect & donate your 10c refundable containers behind the letterbox of 44 Woodland St S. Over 5,000 containers have been donated this year, contributing funds to BHPS Sustainability Initiatives. |
| Bread Bags Recycling * 3 weeks remaining * | A pink Wonder Recycling Rewards collection box is outside the Office on the western campus , where you can deposit ALL soft plastic bread bags (not just Wonder branded bread bags), until 9th September. The rule of thumb is that if it has contained bread of some sort and is a soft plastic – then it's a bread bag". BHPS will receive reward points, which will be converted into sports equipment for the school, made from these recycled plastics. Win-Win! |
| Textile Rescue Program | A yellow WORN UP collection box is outside the Office on the western campus , where you can deposit all worn out school uniforms. It was estimated over 2000 tonnes a year of uniform textiles end up in Australian landfill, and this Sustainable Schoolwear company is closing the loop and recycling them. |
| Soft Plastics | Every couple of weeks a volunteer is required to take the soft plastics from the school, down to a RedCycle drop off point (closest being Coles at Stocklands). To opt in the roster for this quick & easy, and extremely helpful job please sign up here . |

Other BHPS Sustainability News:

- **Divided Waste/Recycling comes to Eastern Campus** - Thanks to a Northern Beaches Council 'Eco-Schools' grant we have stocked up on recycling bins on the K-2 campus. This will help us ensure the children have every opportunity to learn how to separate out their waste into landfill, paper and plastics.

The grant has also covered extra recycling bins for the canteen as well as bins for oral care and writing implements recycling. The remainder of the grant, and funds from our ReCollect initiative will go towards the 'Ocean Action Pod' who will be visiting the school in September! Details below...





SUSTAINABILITY

- **Ocean Action Pod** - An interactive multimedia trailer is coming to BHPS that will educate students using an array of colourful props and activities about plastic pollution, and why and how small changes we make can have a huge positive impact on our environment. Activities cater for all age groups and are linked to the school curriculum. For more information on the origins of this great initiative please visit <http://www.oceanactionpod.org/>
- **BHPS Sustainable Events** - Our recently created **Mug Library** forms part of our wider commitment to eliminate single use plastics from all of our school events. Please contact Sally Ferris - sallyscottish@yahoo.com to arrange use of the mugs.
- Please start holding onto your waste **oral care products** and **writing instruments**, as we'll be starting a recycling collection for both these items soon. Details to come...



COMMUNITY NEWS

JUNIOR OZTAG
SUMMER 2022/23

COMPETITION INFO
James Morgan Reserve, Cromer
Thursday Afternoons 4-7PM
Beginning OCTOBER

DIVISIONS
Junior Boys & Girls
8s, 10s, 12s, 14s, 16s

HOW TO REGISTER
Fill out the Registration form
northernbeaches@oztag.com.au
Registrations close OCTOBER 5

MORE INFO
nbnbeaches.oztag.com.au
northernbeaches@oztag.com.au

REPRESENTATIVE PATHWAYS
NEW STATE OZTAG, AUSTRALIAN OZTAG, AUSTRALIAN TAGADOOS

LIVING WELL PHOTOGRAPHY COMPETITION
2022

THEME: BUILDING RESILIENCE

Our lives after the COVID-19 pandemic have changed in so many ways. Social distancing, health screening, mask wearing, hand hygiene and isolation have become the new norm. We are seeking photographs that portray your resilience post pandemic. Show us the things that keep you strong, safe and positive. Share with us the moments that gives you hope and happiness with each new day. Tell us about you and your strengths. Along with your photograph we want you to tell us, in a maximum 100 words, the thoughts and feelings behind your photograph.

First Prize \$300
Second Prize \$200
Third Prize \$100

SLHD Staff Award \$100
Technical Award \$100

FREE ENTRY

INFORMATION & REGISTRATION
<https://www.slhd.nsw.gov.au/MentalHealth/photocompetition.html>

SUBMISSION BY
30.09.2022

NSW Health Sydney Local Health District



Fruit & Veg Month 2022

Our school will be participating in Fruit & Veg Month 2022.

This year's theme is all about **Building Fruit & Veg Communities!**

Together we will learn ways to grow and buy local and how to build local food communities.

Fruit & Veg Month 2022 runs from Monday 29 August to Friday 23 September.

As part of Fruit & Veg Month, students will be involved in various classroom and school-based activities which encourage them to eat more fruit and vegetables.

Linda McWhirter | Fruit & Veg Month School Coordinator



Date: Saturday October 22 2022

Location: Balgowlah RSL

Tickets: \$85 per head

Dress: Black Halloween

RSVP: Monday October 10 2022 (Limited tickets available!)

Profits to support the

MANLY ADOLESCENT &
YOUNG ADULT HOSPICE



<https://events.humanitix.com/the-black-magic-party-2022>

Adult's only event. Cocktail food provided. Ticket numbers will be limited.
If you or your business have any Trick or Treats you can donate to the event
Please email us: theblackmagicparty@gmail.com