

THE HEIGHTS

Excellence and Opportunity

PRINCIPAL'S MESSAGE



Welcome back to Term 3. I trust you and your family had an enjoyable holiday period. This term we look forward to a number of events, in addition to our teaching and learning programs for the students. These include Education Week Open Day, Athletics Carnival, P&C Trivia Night, Peer Support and the P&C Movie Night.

Staffing

Congratulations to Miss Maddy Goldrick who, commencing next week, will be relieving as Assistant Principal at Beauty Point P.S. for the remainder of this year. We wish Miss Goldrick all the best.

We welcome back Mrs Jen Cartwright to our school who will be working on Mondays, Thursdays and Fridays across a range of classes.

Education Week Open Day

We look forward to celebrating Education Week Open Day next term on Wednesday 3 August. All parents and friends are welcome to attend. The activities include:

ACTIVITY	TIME	LOCATION	
Class Visits	9.15am – 10.00am	Classrooms	
Concert	10.15am – 11.30am	Multipurpose Courts	Kindergarten, Year 1, Year 2, Junior Band, Senior Band, Concert Band, Junior Dance Group, Senior Dance Group, Years 1-2 Choir, Years 3-6 Choirs, Public Speaking, String Group.
Picnic Morning Tea	11.30am – 12.00pm		Please bring a rug and your picnic and share morning tea with your child and friends on either campus.
Art Show	9.15am – 12.30pm 2.30pm – 4.00pm		School Hall

PRINCIPAL'S MESSAGE

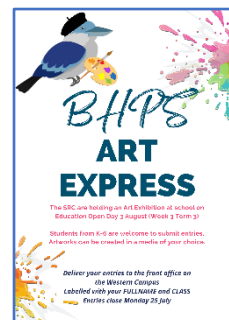


Education Week Open Day Art Show

As part of Education Week Open Day, the SRC are organising an Art Show. Each student is welcome to submit one piece of art which will be displayed for viewing in the Hall. Further details are:

- **Media** | Your choice
- **Size** | No larger than A3
- **Closing Date** | Monday 25 July
- **Artwork** | Art work may be undertaken at home or your child may submit a piece of art created at school.

See page 6 of this week's Newsletter for further information.



Term 3 Parent Calendar

Included in this week's Newsletter is our Term 3 Parent Calendar.

P&C

The next meeting of the P&C Meeting will be held on Monday 1 August at 7.00pm in the library and on Zoom. All parents are very welcome to attend. Discussion topics for this meeting include:

- Student Progress Reports
- Student Tell Them from Me Survey Results

To register please click here: <https://forms.gle/zEf3MV58DukqYKz19> This link also provides the opportunity for you to detail questions you would like addressed.

A zoom link for the meeting is provided below for parents who wish to participate from another location.

<https://nsweducation.zoom.us/j/62249953883?pwd=VFY4TERLZFJ4VmQxOHkrNkM5dk9TQT09>

Meeting ID: 62249953883 Passcode: 420773

Term 3 School Operational Settings

Detailed below is information from the Department of Education regarding school operational settings for the beginning of this term.

While we continue to face challenges, the wellbeing of our staff and students, and our students' education remains paramount. We will continue to implement our layered COVID-smart measures this term, which are aligned to the NSW Government's general community settings, including:

- staying home and getting tested if unwell, and only attending school when symptom free
- strongly encouraging mask-wearing for all staff and students, particularly in the first 4 weeks of term
- rapid antigen testing for symptomatic students and staff, and close contacts attending school to learn and work
- strongly encouraging COVID-19 vaccinations for students, staff and their families, including a booster shot (when eligible)
- strongly encouraging students, staff and their families to get a flu vaccination
- good hygiene practices
- maximising natural ventilation



- boosted cleaning during the day, with particular attention given to high touch surface areas
- responding to local COVID-19 conditions when necessary, by working with the department's Health, Safety and Staff Wellbeing team.

Continuing these baseline COVID-smart measures allows us to prioritise student and staff wellbeing while giving our learners a consistent and productive learning environment this term.

Peer Support

This term, as part of our school wellbeing programs, we look forward to implementing Peer Support. The Peer Support Program provides an enjoyable and engaging environment for students to investigate relationships, resilience, optimism and values. The lessons are designed to equip students with skills to deal with life experiences, promote wellbeing, build positive relationships and connectedness, and to encourage a sense of responsibility. The students will undertake a 30-minute lesson each Thursday from weeks 2-10. The groups will be led by Year 6 students who have been trained for the program.

The topics for our lessons this term are:

- Session 1 (28.07.22) Being Friendly
- Session 2 (4.08.22) Cooperating and Listening
- Session 3 (18.08.22) Types of Friends
- Session 4 (25.08.22) Being Supportive
- Session 5 (1.09.22) The Best Way to Play
- Session 6 (8.08.22) Joining in with Others
- Session 7 (15.08.22) Good Winners
- Session 8 (22.08.22) A Better Friend

Year 3 Excursion

We wish the students in Year 3 an enjoyable and worthwhile excursion to study local bush areas on Wednesday (27 July 2022) of next week.

Bear Pit Public Speaking Competition

Students in Years 3-6 have the opportunity to enter the Bear Pit Public Speaking Competition. Speeches need to be ready for presentation at the beginning of this term. Speeches are of three-minute duration on the following topics:

Years 3-4

- When I grow up, I want to be....
- If I could go back in history I would
- I can help our Environment by....

Years 5-6

- Why it is important to protect our Koalas?
- If I was Premier for a day I would
- It is important to recycle because....

Term Overviews

This week we will be sending home by email later this week a Term Overview for each grade. The Overview will detail the topics and concepts the students will be studying this term. Please note the Overview is a guide and the topics and concepts may vary.



Year 5 Bathurst Excursion

We wish the students in Year 5 an enjoyable and worthwhile overnight excursion to Bathurst on 25-27 July. The students will be undertaking learning experiences at places such as Bathurst Goldfields, Hill End and Katoomba.

Opportunity Class Test

We wish the students in Year 4 sitting for the Opportunity Class Test on Thursday (28.07.22) of next week all the best. The tests will be undertaken at our school.

P&C Trivia Night

The P&C are holding a Trivia Night on Saturday 30 July 2022. Further information is available on page 9 of this week's Newsletter.

UPCOMING EVENTS			
	Date	Activity	Time
Term 3 Week 2	Monday 25 July	Year 5 Bathurst Excursion	
	Tuesday 26 July	Year 5 Bathurst Excursion	
	Wednesday 27 July	Year 5 Bathurst Excursion	
	Thursday 28 July	Opportunity Class Test Peer Support-Session 1	9.40-10.20am
	Friday 29 July	Years 3/4 Bear Pit School Final Winter PSSA Round 9	9.15am 12.30pm
	Saturday 30 July	Trivia Night	6.30pm
Term 3 Week 3	Monday 1 August	P&C	7.00pm
	Tuesday 2 August		
	Wednesday 3 August	Education Week Open Day	9.15am-12.00 noon
	Thursday 4 August	Peer Support- Session 2	10.20-11.00am

David Shuster | Principal



Balgowlah Heights Public School

Term 3 | 2022 Calendar

Week	Monday	Tuesday	Wednesday	Thursday	Friday
July 1	18 School Development Day	19 Students commence Term 3	20	21	22 Years 5/6 Bear Pit Public Speaking Final Winter PSSA Round 8 12.30pm
July 2	25 Year 5 Bathurst Excursion	26 Year 5 Bathurst Excursion	27 Year 5 Bathurst Excursion Year 3 Local Excursion	28 Opportunity Class Test (Year 4) Peer Support Session 1	29 Years 3/4 Bear Pit Public Speaking Final Winter PSSA Round 9 12.30pm 30 P&C Trivia Night
August 3 Education Week	1 P&C 7.00pm	2	3 Education Week Open Day	4 Peer Support Session 2	5 School Tour 9.30am Bear Pit Public Speaking Final (Years 3-6)
August 4 Learning Goals home	8 ICAS Digital Technologies Years 3-4 7.45am SRC Meeting 12.55pm	9 ICAS Writing Years 3-4 7.45am	10 ICAS Writing Years 5-6 7.45am	11 School Athletics Carnival	12 ICAS Digital Technologies Years 5-6 7.45am Years 3-6 Assembly 10.45am Winter PSSA Semi Finals Years K-2 Assembly 1.45pm
August 5	15 Responsible Pet Incursion (Years K-2)	16 ICAS English Years 3-4 7.45am	17 ICAS English Year 5 7.45am Responsible Pet Incursion (Years K-2)	18 ICAS English Year 6 7.45am Peer Support Session 3	19 Winter PSSA Finals 20-21 Band Camp
August 6 Book Week	22	23 ICAS Spelling Years 3-4 7.45am Book Week Character Dress-Up	24 ICAS Spelling Years 5-6 7.45am Zone Athletics (Field) Primary Proms Choir rehearsal	25 ICAS Science Years 3-4 7.45am Peer Support Session 4 Zone Athletics (Track)	26 ICAS Science Years 5-6 7.45am
Aug/Sep 7	29	30 ICAS Mathematics Years 3-4 7.45am Kindergarten Taronga Zoo Excursion	31 ICAS Mathematics Year 5 7.45am	1 ICAS Mathematics Year 6 7.45am Peer Support Session 5	2 Father's Day Breakfast
September 8	5 P&C 7.00pm	6 Recital Night 6.30pm	7 Ocean Action Pod Incursion Years K-6	8 Kindergarten 2023 School Tour 9.30am Peer Support Session 6	9 Year 6 Mini Fete
September 9	12 SRC Meeting 12.55pm	13	14 Festival of Choral Music Choir rehearsal	15 Year 6 Photograph School Tour 9.30am Peer Support Session 7 Ensemble Night 6.30pm	16 Years 3-6 Assembly 10.45am Summer PSSA recommences Years K-2 Assembly 1.45pm 17 P&C Movie Night
September 10	19 Years K-6 Recognition Assembly 9.30am Regional Athletics	20	21 Thumbs Up Celebration Day Primary Proms Concert (Town Hall)	22 Peer Support Session 8	23 Last day of Term 3



Winter PSSA Round 8 Draw | Term 3

Date	Sport	Team	VS	Location
22.7.22	Soccer	Junior Boys A	BYE	BYE
22.7.22	Soccer	Junior Boys B	Seaforth	Millers 1
22.7.22	Soccer	Junior Girls	Curl Curl Nth	Reub Hudson
22.7.22	Soccer	Senior Boys A	BYE	BYE
22.7.22	Soccer	Senior Boys B	Seaforth	Millers 1
22.7.22	Soccer	Senior Girls A	Curl Curl Nth	John Fisher 1
22.7.22	Soccer	Senior Girls B	Seaforth	Reub Hudson
22.7.22	Rugby League	Junior	Cromer	Nolans
22.7.22	Rugby League	Senior	Cromer	Nolans
22.7.22	Netball	Junior Girls A	Beacon Hill	Court 23
22.7.22	Netball	Junior Girls B	Cromer	Court 19
22.7.22	Netball	Senior Girls A	Beacon Hill	Court 9
22.7.22	Netball	Senior Girls B	Cromer	Court 11
22.7.22	Netball	Senior Girls C1	Curl Curl Nth	Court 15
22.7.22	Netball	Senior Girls C2	Cromer	Court

Attention all Scientists! The 2022 Young Scientist Awards are coming

The "Science Teachers Association of NSW Young Scientist Awards" are an annual initiative which encourage creative and critical thinkers to participate in authentic scientific investigation and research.

All interested students are invited to submit an original science project.

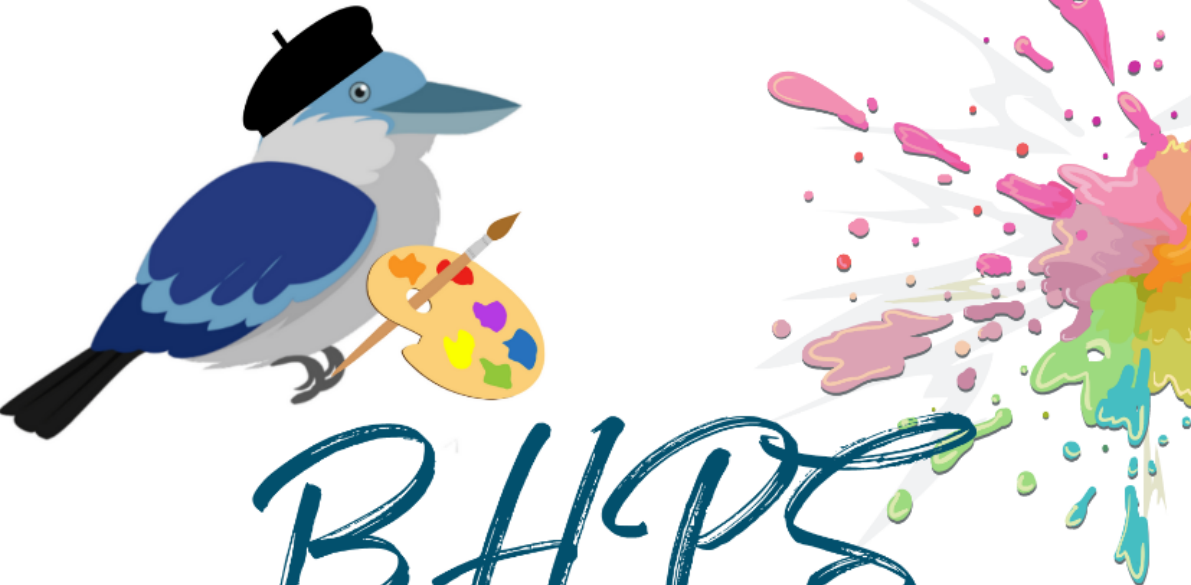
To take part, students must carry out an open-ended scientific investigation that attempts to answer a question of their own choosing. For example, "Which brand of battery lasts the longest?" or "What material makes the best parachute?". They can also design and construct an invention or an ICT application.

Students can receive help from a mentor (e.g. an older sibling or parent) but their help must be acknowledged.

The deadline for submission is the 29th of August and all projects are to be submitted online.

Please [follow this link](#) for further information.

Jemima McGahey (she/her) | Class Teacher




BHPS ART EXPRESS

The SRC are holding an Art Exhibition at school on
Education Open Day 3 August (Week 3 Term 3)

Students from K-6 are welcome to submit entries.
Artworks can be created in a media of your choice.

*Deliver your entries to the front office on
the Western Campus
Labelled with your FULLNAME and CLASS
Entries close Monday 25 July*



WELLBEING



Week's 1 and 2 Wellbeing and PBL Focus



This week's focus is
'Being polite and kind to others'



We are working on showing respect to others
by being polite and kind.

CANTEEN



Brrr.... as the winter months roll on, we are happy to offer plenty of warming food for both recess and lunch. Remember, hot scrolls (vegemite and cheese or apple and cinnamon) are available to order on Flexischools for recess. Also, pizza, garlic bread and open melts can be purchased over the counter as well as ordered on Flexischools. And don't forget our daily hot meals - butter chicken and rice is just the thing for cold and wet Wednesdays!

We're expanding the use of our reusable containers to Tuesdays too. For those students in years 3 - 6 who order pizza, they will be asked to return the containers to the specially marked bins at the canteen.

Are you looking to make a positive contribution to the school and brighten your child's day? Then look no further than volunteering at the canteen. Everyone is welcome.

Sign up at <https://signup.com/go/VjdtTmB>

Class allocations for this term are as follows:

T3 week 1	Mon 18 July – Fri 22 July	6G Mr Gardner
T3 week 2	Mon 25 July – Fri 29 July	6M Mrs Musgrove
T3 week 3	Mon 1 Aug – Fri 5 Aug	6P Miss Park
T3 week 4	Mon 8 Aug – Fri 12 Aug	KD Ms Daly
T3 week 5	Mon 15 Aug – Fri 19 Aug	KF Miss Fleming
T3 week 6	Mon 22 Aug – Fri 26 Aug	KRA Mrs Kirwan
T3 week 7	Mon 29 Aug – Fri 2 Sep	KS Miss Saltmarsh
T3 week 8	Mon 5 Sep – Fri 9 Sep	KW Miss White
T3 week 9	Mon 12 Sep – Fri 16 Sep	5H Mr Hyde
T3 week 10	Mon 19 Sep – Fri 23 Sep	5J Mr Jensen

We look forward to welcoming you in canteen soon.

Sanja | Canteen Manager



OPENING HOURS
Tuesday | 8.30am – 9.30am
Thursday | 2.30pm – 3.30pm

TERM 3 IS WINTER UNIFORM

Blue Blouse
 Plaid Tunic (K-2) or Winter Plaid Skirt (3-6)
 Long Polo & Navy/Grey Long Pants
 Navy Jumper/Fleece or Bomber Jacket
 Navy/Grey Tights or Socks & All Black shoes
 Tracksuit pants & trainers are for Sport Days only.

VOLUNTEERS - Can you help out? It only 1 hour! The Uniform Shop is looking for helpers both Tuesday mornings and Thursday afternoons.

YEARS 2 & 3 - Recorders are available in store or via Flexischools \$15.

SALE 25% off New - last of the Grey Long Pants & Check Skorts. Only a few left.

NEW! BOMBER JACKETS are now available on Flexischools or instore in Sizes 6/8/10&12.

WINTER HAIR PACKS including 2x Elastic bows 2x Clip bows 1x Aliceband

NAVY SOCKS 2PKS sizes 5-8, 9-12, 13-3, 2-8, 7-11

NAVY TIGHTS sizes 4-6, 7-10, 11-14

EXCHANGES AND RETURNS Packaging must be returned and intact!

*A Receipt of purchase is required within 28 days to exchange or return.

Items will not be exchanged or returned without intact packaging and tags attached.

***CLOTHING ITEMS FOR EXCHANGE OR REFUND MUST BE FOLDED INTACT IN THEIR ORIGINAL" PACKAGING WITH TAGS ATTACHED AS THEY WERE RECEIVED.**

***EXCHANGES CAN BE MADE VIA THE OFFICE: Just attach a note, for example; "please exchange this size 6 for size 8" with a copy of your receipt of purchase (within 28 days) and items in their original 'non ripped' packaging, all blouse clips & tags attached. Exchange items will be delivered back to class on Tuesdays.**

***REFUNDS ARE ONLY AVAILABLE "IN PERSON" IN THE UNIFORM SHOP.**

There are **no returns** or **exchanges** on Hats, Hair Accessories, Socks & Hosiery and Second Hand items. Exchanges and Returns are available at the Uniform Shop.

Loretta Mykityshyn | Uniform Shop Manager | bhpsuniformshop@gmail.com



P&C News

To keep up to date with all our news and events, please join our private [BHPS P&C Facebook Group](#). Also check out our **P&C Noticeboards** on Radio Avenue and Lewis Street. We'll be posting events, P&C information and community activities on a regular basis.

Apres Ski Trivia Night – BOOK YOUR TABLE OF TEN NOW!



TICKET INFORMATION

Book your tickets TODAY – numbers are limited and bookings close on MONDAY 25 JULY (no last-minute tickets will be available due to venue capacity).

Ticket types: Table of ten

Single tickets (limited numbers - if you have friends you would like to sit with, please email bhspvpcomms@gmail.com)

Ticket includes: Arrival drink, finger food & a DJ for dancing later. Drinks can be purchased at the bar.

Date: Saturday 30 July

Time: 6.30pm – 11pm

Venue: Balgowlah RSL

All proceeds will go towards the BHPS Outdoor Learning Space.



Classroom Coordinators – Semester 2 (Term 3 & 4)

We are still looking for some classroom coordinators for Semester 2. If you are able to help, please sign up [here](#) (tab called Term 3 & 4).

Class	Number of coordinators needed	Class	Number of coordinators needed
KRA	2	4B	1
KS	1	4D	1
1B	2	4K	2
1L	1	4S	2
1M	2	5M	2
2E	2	5W	2
3C	1	6C	1
3I	2	6G	2
3M	1		

Partnership with Delidoor



Don't forget to try out Delidoor. BHPS P&C have partnered with Delidoor, offering BHPS families a 30% discount on your first order using code BHPS30 and then an ongoing 5% discount on your next orders using BHPS5. Delidoor will contribute 5% of its sales from BHPS families to the P&C.

T&Cs: 30% discount is valid for a minimum of 80\$ purchase and only one per household. 5% discount is valid for any following orders made through [Delidoor.com.au](https://delidoor.com.au). Discount excludes delivery fees. A

delivery fee of \$12 applies if net order value (ie after discount is applied) is less than \$120. Any order above \$120 will receive free delivery.

Bread Bags Recycling

BHPS is registered this year again for the Wonder Recycling Rewards program for schools. A collection box is outside the Office on the western campus, where you can deposit ALL soft plastic bread bags (not just Wonder branded bread bags), until 9th September. "The rule of thumb is that if it has contained bread of some sort and is a soft plastic – then it's a bread bag". Collections will be weighed and recycled into things like school benches, exercise circuits and bollards and BHPS will receive reward points, which will be converted into sports equipment for the school. Win-Win!

If you have any questions about the P&C or would like to be involved in any way, please feel free to contact Diana at bhpspresident@gmail.com or Tamsin at bhpsvpcomms@gmail.com. Like the [BHPS P&C Facebook Page](#) and join the private [BHPS P&C Facebook Group](#) to keep up to date with P&C news and events.

The P&C Team

P&C proudly supported by



02)9948 0666
whitehouserealestate.com.au

**Farewell Marco** - We'll miss you

It's been a true honour having Marco as part of the team at Arabanoo. His team leader skills, happy go lucky vibes and gentle soul are going to be sorely missed.

Marco leaves us to tackle his next adventure into sustainable fashion (Sustained Affair). We wish him all the luck and love in his next venture.

We're Hiring - Educators and chef needed

With our new building aiming to be completed by term 4 we are on the searching for new staff to accommodate the extra capacity this will provide.

We're also still on the look out for a full or part-time chef roll.

We pay above award rate salaries with casual and permanent part-time roles available.

Please email admin@arabanoo.com

After School Activities – Spaces

All activities organised by Arabanoo have limited spaces for term 3.

Please note Roller Crew on Mondays has changed to Henrietta Skate School.

Please visit our website to download the relevant extra curricular activities.

www.admin@arabanoo.com

Vacation Care - Heaps of fun

Another VC has whizzed by, we managed to dodge the rain enough to ensure most trips and on-site activities went ahead. The juniors ventured out on their first trips of the year and did themselves very proud. If you have any feedback or activities you would like to see in the future, please let us know.

The Arabanoo Team | 9948 6722 | 0421 014 308 | admin@arabanoo.com

COMMUNITY NEWS



Plastic Free July is global movement that encourages millions to be part of the plastic pollution solution. If you are interested in participating in Plastic Free July this year, please head to the official website to register. The website also has a handy quiz to identify areas where you can reduce plastics more in your household. Plastic Free July provides resources and ideas to help you (and millions of others around the world) reduce single-use plastic waste everyday at home, work, school, and even at your local café. By making a small change you will collectively make a massive difference to our communities. You can choose to refuse single-use plastics in July (and beyond!). Best of all, being part of Plastic Free July will help you to find great alternatives that can become new habits forever.



Join us for the *Seas of Change Youth Summit*

as part of the Planeteer Alliance Blue Climate Action Summit Series

FREE
Ages 10-18
All food included
<https://bit.ly/SOCYouthSummit>

Climate Education
Network
Guest speakers
Documentaries
Create an action plan!



Register Here!



**THE NORTHERN BEACHES OF SYDNEY, AUSTRALIA
AND OUR GLOBAL CLIMATE NEED OUR HELP**

**SATURDAY 30
JULY, 2022**

Location: North Curl Curl SLSC

Times: 9:00am-4:00pm

Format: In-Person

Cost: FREE

Contact Us: www.seasofchange.com.au



**BLUE CLIMATE
ACTION**
A SUMMIT SERIES
POWERED BY PLANETEER ALLIANCE

