

# **THE HEIGHTS** Excellence and Opportunity

# PRINCIPAL'S MESSAGE



#### Staffing

We thank Mrs Katherine Jones, in our school office, for the wonderful service she has provided to our school during the last four years. Mrs Jones will be leaving at the end of this term. We wish her all the best in the next chapter of her life.

#### **Student Semester I Reports**

Our Student Progress Reports, which will be emailed to you on Friday (24.06.22) of this week, have been redesigned based on parent and teacher feedback. The reports provide enhanced information on your child's progress in each key learning area, future directions in English and mathematics, additional social development information and a personalised general comment.

#### **Recognition Assembly**

We look forward to our Term 2 Recognition Assembly to be held on Monday (27.06.22) at 10.00am in the hall. Students in the Senior Band will be performing outside the hall at 9.50am.

#### **PBL Celebration Day**

We look forward to our PBL Celebration Day which will be a mufti day on Wednesday (29.06.22) of next week. Students may wear pyjama clothes on this day. Covered shoes and a hat are also still required.

The students are requested to bring a 'gold coin' to donate which will be used to support The Pyjama Foundation. Further information is on page 6 of this week's Newsletter.

# PRINCIPAL'S MESSAGE



#### Wellbeing Goal | Term 2

Our 21 Day Gratitude Wellbeing Goal is underway. All the students and staff have been provided with a diary to record their ideas on good things that have happened and persons of whom they are appreciative.

This week the students are reflecting on the following questions:

Day 9	Who is someone you feel grateful for and why?
Day 10	What kind act will you do for somebody this week?
Day 11	What are 3 things that went well for you today?
Day 12	What are you most looking forward to about tomorrow?
Day 13	What did you love about today? Why did you love it?
Day 14	What were you most proud of this week?

#### Year 4 Project Penguin School Expo Day

Students in Year 4 have worked with their mentors from Balgowlah Boys High School to create a range of excellent projects designed to protect and support the fairy penguin colony at Manly. Students in other grades and parents had the opportunity to view the projects at our school Expo Day this week.





#### **Band Performance Night**

We look forward to students in the Junior, Senior and Concert Bands performing at a Band Performance Night on Thursday 23 June at 6.30pm in our school hall.

#### SRC

This week we held our first SRC Zoom Meeting. The purpose of this meeting was for all students to see how the SRC operates, how topics are discussed and how decisions are made. Well done to the students in the SRC for their efforts.



## PRINCIPAL'S MESSAGE



#### **P&C School Disco**

Thank you to the P&C who have organised a disco for all the students on Wednesday 29 June. (Please note the change of date.) The discos will be held at the following times:

Kindergarten	2.15pm - 3.30pm
Years 1 and 2	3.30pm - 4.45pm
Years 3 and 4	4.45pm - 6.00pm
Years 5 and 6	6.15pm - 7.30pm

Further information is on page 10 of this week's Newsletter.

#### School Support Dog

I am now four weeks old, and I would like a name! If you would like to suggest a name could you please complete the google form (link below) by Friday (24 June) of this week.

#### https://forms.gle/CxZrtsX32zUM8qYf8

If you have any problems accessing the Google Form, please copy and paste the link into the updated version of Chrome, or email the school with your suggestion, child's name and class.



# PRINCIPAL'S MESSAGE



UPCOMING EVENTS				
	Date	Activity	Time	
Term 2 Week 10	Monday 27 June	Recognition Assembly	10.00am	
	Tuesday 28 June	Project Penguin Zoo Expo Day Year 6 Peer Support Training		
	Wednesday 29 June	PBL Thumbs Up Celebration Day Year 6 Peer Support Training Day P&C School Disco		
	Thursday 30 June			
	Friday 1 July	Smoking Ceremonies Year 3 Local Excursion Last day of Term 2		
	Monday 18 July	School Development Day		
	Tuesday 19 July	Students commence Term 3		
Term 3 Week 1	Wednesday 20 July			
HUCKI	Thursday 21 July			
	Friday 22 July	Winter PSSA Round 8	12.30pm	

### David Shuster | Principal





#### Winter PSSA Round 6 Results

Date	Sport	Team	VS	Results
17.6.22	Soccer	Junior Boys A	Harbord	Loss 0-4
17.6.22	Soccer	Junior Boys B	Manly Village	Win 5-3
17.6.22	Soccer	Junior Girls	Dee Why	Draw 1-1
17.6.22	Soccer	Senior Boys A	Harbord	Loss 0-4
17.6.22	Soccer	Senior Boys B	Manly Village	Loss 1-4
17.6.22	Soccer	Senior Girls A	Manly Village	Loss 0-2
17.6.22	Soccer	Senior Girls B	Dee Why	Draw 1-1
17.6.22	Rugby League	Junior	Curl Curl Nth	Win 26-10
17.6.22	Rugby League	Senior	Cromer	Loss 6-12
17.6.22	Netball	Junior Girls A	Curl Curl Nth	Loss 0-14
17.6.22	Netball	Junior Girls B	Dee Why	Win 17-0
17.6.22	Netball	Senior Girls A	Curl Curl Nth	Loss 7-14
17.6.22	Netball	Senior Girls B	Dee Why	Win 6-3
17.6.22	Netball	Senior Girls C1	Cromer	Win 4-2
17.6.22	Netball	Senior Girls C2	Seaforth	Win 14-0

#### Winter PSSA Round 7 Draw

Date	Sport	Team	VS	Location
24.6.22	Soccer	Junior Boys A	Seaforth	Seaforth 1
24.6.22	Soccer	Junior Boys B	Dee Why	Dee Why 2
24.6.22	Soccer	Junior Girls	Manly vale	John fisher 3
24.6.22	Soccer	Senior Boys A	Seaforth	Seaforth 1
24.6.22	Soccer	Senior Boys B	Dee Why	Dee Why 2
24.6.22	Soccer	Senior Girls A	Harbord	John Fisher 2
24.6.22	Soccer	Senior Girls B	Manly Vale	John Fisher 3
24.6.22	Rugby League	Junior	Manly Village	Nolans 4
24.6.22	Rugby League	Senior	Manly West	Nolans 4

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24.6.22	Netball	Junior Girls A	Balgowlah Nth	Court 24
24.6.22	Netball	Junior Girls B	Narraweena	Court 15
24.6.22	Netball	Senior Girls A	Balgowlah Nth	Court 10
24.6.22	Netball	Senior Girls B	Narraweena	Court 9
24.6.22	Netball	Senior Girls C1	Seaforth 2	Court 12
24.6.22	Netball	Senior Girls C2	Manly Village	Court 11

# WELLBEING







### WELLBEING



#### **Wellbeing Corner**

Wellbeing Week allowed time for students, staff, families and our BHPS community to connect and reflect. We hope you enjoyed time to focus on your wellbeing and to check in with your family and those around you.

All students, from Kindergarten to Year 6 and staff have commenced our wellbeing goal, <u>I</u> will take the time to reflect on the positives in my day, for 21 days. Students and teachers have taken time at the end of each school day to answer simple questions. We have heard

from many students that it has helped them to scan for positives. We encourage parents and carers to continue the conversation at home.

If you have missed a day or more please continue and simply catch up. You will still see the benefits of taking time to reflect on the positives from your day or recording things you are looking forward to. The benefits are having higher energy levels, feeling happier, becoming more enthusiastic, sleeping better and having higher levels of optimism.







Last week, buddy class picnics were a beautiful way to connect, have fun and bond. The smiles on student faces below reflects the quality time spent together at Tania Park. Our students were full of positive energy and enthusiasm to play and build relatedness with their buddies.



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### UNIFORM SHOP



**BOMBER JACKETS** are now available on Flexischools or instore in Sizes 6/8/10 & 12. **WINTER HAIR PACKS** including 2 x elastic bows, 2 x clip bows and 1 x Alice headband.

SALE 25% off New - last of the Grey Long Pants & Check Skorts.

**BAND** Make sure you have your Red Band Polo for performances.

**SECOND HAND** There are plenty of Zip Fleeces still available in various sizes in Second Hand. <u>Some like New!</u> Please name your uniform items as soon as you get them!!!! New Zip Fleeces are still available in Size 4 until sold out.

#### **Exchanges and Returns**

\*EXCHANGES AND RETURNS REQUIRE A RECEIPT OF PURCHASE PRESENTED <u>WITHIN 28</u> <u>DAYS.</u>

\*CLOTHING ITEMS FOR EXCHANGE OR REFUND MUST BE <u>FOLDED</u> INTACT IN THEIR "ORIGINAL" PACKAGING WITH TAGS ATTACHED AS THEY WERE RECEIVED.

\*EXCHANGES CAN BE MADE VIA THE OFFICE: Just attach a note, for example; "please exchange this size 6 for size 8" with a copy of your receipt of purchase (within 28 days) and items in their original non-ripped packaging. All blouse clips & tags attached. Items will be delivered back to class on Tuesdays.

\*REFUNDS ARE ONLY AVAILABLE "IN PERSON" IN THE UNIFORM SHOP. There are **no returns** or **exchanges** on Hats, Hair Accessories, Socks & Hosiery and Secondhand items.

Loretta Mykityshyn | Uniform Shop Manager | <a href="mailto:bhpsuniformshop@gmail.com">bhpsuniformshop@gmail.com</a>

# CANTEEN



Our sincere thanks to the parents of 1W students, who have been outstanding in volunteering at the canteen this week. We are very lucky and grateful to have you.

With the students finally able to enjoy a few weeks of PSSA on Friday, we'd just like to remind parents of a couple of things: please do not order toasties or poured drinks (milo or milk) for PSSA students (juices are ok to order). Do not order "canteen spending money" for lunch- PSSA students are not at school at lunchtime to spend it. Likewise, if you send your child to school with the expectation that they will "buy lunch" on Friday, please know that the students will not be able to do so, as they depart well before the canteen opens at lunchtime. To avoid disappointment, place an order through Flexischools.

A reminder also that if your child is unwell and you need to cancel an order on the day, you must call through to the canteen. A phone call will ensure it's done on time.

T 2 | Week 10Monday 27 June to 1 July6CMrs ChirilloPlease sign-up at <a href="https://signup.com/go/VidtTmB">https://signup.com/go/VidtTmB</a>

We look forward to welcoming you in the canteen soon.

#### Sanja Vidaic | Canteen Manager





#### **P&C News**

To keep up to date with all our news and events, please join our private **<u>BHPS P&C</u>** <u>Facebook Group</u>. Also check out our **P&C Noticeboards** on Radio Avenue and Lewis Street. We'll be posting events, P&C information and community activities on a regular basis.

#### **P&C Meeting Minutes**

Please find the full meeting minutes <u>here</u>.

#### End of Term Fluro Disco – DATE CHANGE – Wednesday 29 June

Due to the Teachers Strike next Thursday, we will be moving the End of Term Disco to Wednesday 29 June. All the details regarding cohort timings, supervision and volunteering remain the same – it's just a DATE CHANGE.

If you have booked your ticket and can no longer make it, please email Tamsin at <u>bhpsvpcomms@gmail.com</u> to cancel your order. If you can still make it, no need to do anything, your order will transfer to the new date. We apologise for any inconvenience caused.

Just a few reminders:

1. The disco is for all students. Ticket cost is \$10 per child and includes pizza, a popper and popcorn. There will be fun hairspray and facepaint as well but please feel free to decorate yourself before you arrive. Gluten free pizza will be available, please email <u>bhpspresident@gmail.com</u> if required.



P & C

Kindergarten	2.15pm - 3.30pm	
Years 1 and 2	3.30pm - 4.45pm	
Years 3 and 4	4.45pm - 6.00pm	
Years 5 and 6	6.15pm - 7.30pm	

- 3. Children are not to be left at school while waiting for their allocated disco time unless they are supervised by YOU, their parent. There will be no formal supervision.
- 4. Children in Arabanoo will be able to attend Arabanoo will provide more details around the logistics.
- 5. As this is a P&C event, if you have some time on that evening and can help out, there's a many different areas like registration, disco monitors, toilet monitors, food distribution, clean up, security etc. **There will be no supervision for children outside of their allocated disco time.** If you are able to help, please sign up <u>here</u>.
- 6. There will be clearly marked entrance and exit points on the Western Campus.
- 7. You (parent/s) are welcome to come and stay while you child/children disco dances the night away there will be plenty of jobs you can help with!

BOOK YOUR TICKETS on Flexischools.



### P & C



#### **Operation Wattle Greenhouse**



A huge thank you to our amazing Groundsman John and parent Ashlea Zivanovic for installing the new greenhouse in the Western Campus. It was a mammoth effort! This greenhouse will protect the Sunshine Wattle seedlings grown by our Year 3 children and is an amazing resource for the school and gardening club. Thank you to Zali Steggall for awarding a Federal Grant to help fund this and also thank you to everyone that has participated in the Recollect scheme that also contributed towards this initiative.

#### Trivia Night – WE NEED YOU!

We have a theme, decorations, trivia host, MC and product donations for our amazing Trivia Night on Saturday 30 July, but we are looking for an energetic and fun group of parents to help drive this event. You will be fully supported by the P&C and it is a really fun way to support the school and have a brilliant night. All funds raised will go towards our outdoor learning space.

Please ask around your class or group of friends and see if you can work together to volunteer! Email <u>bhpspresident@gmail.com</u> to find out more!



#### Partnership with Delidoor



Getting organised for the school holidays? Why not try out Delidoor. We have partnered with Delidoor, a local ready-to-eat meals delivery company that originated from the Northern Beaches. Under this exclusive partnership, BHPs families will receive a 30% discount on your first order with Délidoor using code BHPS30 and then an ongoing 5% discount on your next orders using BHPS5. Délidoor will contribute 5% of its sales from BHPS families to the P&C.

T&Cs: 30% discount is valid for a minimum of 80\$ purchase and only one per household. 5% discount is valid for any following orders made through <u>Delidoor.com.au</u>. Discount excludes delivery fees. A delivery fee of \$12 applies if net order value (ie after discount is applied) is less than \$120. Any order above \$120 will receive free delivery.

#### **Bread Bags Recycling**

BHPS is registered this year again for the Wonder Recycling Rewards program for schools. A collection box is outside the Office on the western campus, where you can deposit ALL soft plastic bread bags (not just Wonder branded bread bags), until 9th September. "The rule of thumb is that if it has contained bread of some sort and is a soft plastic – then it's a bread bag". Collections will be weighed and recycled into things like school benches, exercise circuits and bollards and BHPS will receive reward points, which will be converted into sports equipment for the school. Win-Win!





#### Classroom Coordinators – Semester 2 (Term 3 & 4)

There are still a few classroom coordinators needed for Semester 2. If you are able to help, please sign up <u>here</u> (second tab called Term 3 & 4).

Class	Number of coordinators needed	Class	Number of coordinators needed
KRA	2	4B	1
KS	1	4D	1
1B	2	4K	2
1G	2	4S	2
1L	2	5H	1
1M	2	5M	2
2C	1	5V	2
2E	2	5W	2
3C	2	6C	2
31	2	6G	2
3M	2	6M	2

If you have any questions about the P&C or would like to be involved in any way, please feel free to contact Diana at <u>bhpspresident@gmail.com</u> or Tamsin at <u>bhpsvpcomms@gmail.com</u>. Like the <u>BHPS P&C Facebook Page</u> and join the private <u>BHPS P&C Facebook Group</u> to keep up to date with P&C news and events.

#### The P&C Team

P&C proudly supported by





ARABANOO

#### Vacation Care

Current availability:

5 July 2022 | seniors (limited) 7 July 2022 | seniors (limited) 8 July 2022 | juniors and seniors 11 July 2022 | seniors (limited) 12 July 2022 | seniors (limited) 14 July 2022 | seniors (limited) 15 July 2022 | juniors and seniors

If you have emailed/handed in a booking form but haven't received a confirmation email please contact the Arabanoo office.

#### **School Disco**

If your child is booked in for Arabanoo on Wednesday afternoon 29th June and attending the school disco we need to know. Please keep an eye out for the permission form which we will email out this week.

#### Marije Veerbeek | Assistant Director | 9948 6722







Plastic Free July is global movement that encourages millions to be part of the plastic pollution solution. If you are interested in participating in Plastic Free July this year, please head to the official website to register. The website also has a handy quiz to identify areas where you can reduce plastics more in your household. Plastic Free July provides resources and ideas to help you (and millions of others around the world) reduce single-use plastic waste everyday at home, work, school, and even at your local café. By making a small change you will collectively make a massive difference to our communities. You can choose to refuse single-use plastics in July (and beyond!). Best of all, being part of Plastic Free July will help you to find great alternatives that can become new habits forever.





More information about the Little Friends Scholarship can be found here

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#### Volunteer Teachers Urgently Needed for Ethics Classes!

Our children live in an increasingly complex world and will face challenges and questions that we have not even begun to consider. It is a time of exciting and rapid change, with new information flooding in at a sometimes overwhelming rate. So how do we help our kids make sense of this exciting new world we live in? How can we help them to work out what is true and to make good decisions?

The Balgowlah Heights Public School Ethics program builds the critical reasoning ability of our students, helping them to think through different issues and identify strong and weak arguments. At BHPS, we have a strong ethics program, supported by a fantastic team of volunteer teachers including parents, grandparents and community volunteers.

In fact, the program is so popular that we are struggling to keep up with demand for classes, particularly for years 3, 4 and 5. Next term there will be over 70 children on waitlists. That's why we need you! We are looking for a number of new volunteer teachers to join the program as soon as possible. Teaching Ethics is a great way to get involved in the classroom and support the school. It could also help you to develop your own thinking, reasoning and facilitation skills.

Volunteers don't need previous teaching experience or a background in philosophy or ethics. If you can spare 30 minutes on a Tuesday morning (10:30-11:00am K-2 or 11:25-11:55am to 3-6), please get in touch. You receive full training and a fully prepared lesson each week.

If teaching ethics is a possibility for you, or someone you know (we'd love to hear from some grandparents!), please email bhps.ethics@gmail.com or call our Ethics Coordinator, Yasmina Ilic-Miloradovic on 0478 653 463.



"In time, not very much time at all, it will be the decisions of the children we teach today that will shape the world." Dr Simon Longstaff – The Ethics Centre

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Dates: Sunday 31st July to September 18th, 2022 Time: 9:30am to 10:30am Venue: Northern Beaches Indoor Sports Centre, Jacksons Rd, Warriewood, NSW, 2102 COST: \$105(If camp is cancelled, total refund) Cost, Cost for a new participant is \$170 (includes Velocme Pack) or \$120 for returning participants. Active Klas Vouchers welcome NO SINGLE DAYS MUST PAY FOR 3 DAYS ad Coach: Jerome Lee HTTPS://WWW.TRYBOOKING.COM/BZAWR



Northern Beaches –

Does this sound like you?

Able to communicate with different groups and give clear instructions.

jobs.transport.nsw.gov.au

Community-minded.

Friendly and positive

63099

 Harbord North Narrabeen

Manly

Newport

#### Help protect our vibrant school communities.

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# Be a road safety hero for school kids, caregivers, and school staff.

<u></u>

# Be a second set of eyes for local motorists at busy times. • Willing to work outdoors in all weather conditions. P

Earn an income and still have time to live your life to the fullest.

NSW



 Shifts will fall between 8:00am – 9:30am and 2:30pm – 4:00pm with a minimum of one hour shift as required. Apply today

Applications close

#### Wednesday 15th June 2022 See jobs.transport.nsw.gov.au and search for Reference Number: 63099 or search

"School Crossing Supervisors" for a full list or vacancies or scan the QR code to apply.

For further information, contact Lisa Schreiber Lisa.schreiber@transport.nsw.gov.au P: (02) 9983 3823







# LEARN . RIDE . LAUGH

Every school holidays MC Equestrian Riding School runs horse riding camps in Terrey Hills, suitable for beginner to advanced riders. We have calm, well-trained horses & qualified coaches & assistants.

Mounted games
Plaiting mceq.com.au () f P:0433 247 247

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Aboriginal Support Group - Manly Warringah Pittwater

#### Monday 11th July 2022

Come join us for the Free showing of this outstanding documentary

You will not forget the truth telling.

Feature documentary Ablaze tells of the first Indigenous filmmaker Bill Onus a Yorta Yorta Wiradjuri man from Victoria. A truly heroic cultural and political figure who revived his people's culture in the 1940s and ignited a civil rights movement that would, against enormous odds, change the course of history.

Winner: Victorian Premier's History Award. AWGIE Award for best documentary script. ATOM Awards for best Indigenous film and best documentary social and political issues. Shortlisted Betty Roland Prize for Script, NSW Premier's Literary Awards



The director Dr Alec Morgan will be there to answer question after the showing.

This is a free evening with light supper, all welcome.

Start time: 7.30pm - 9.30pm.

Mona Vale Memorial Hall

1 Park St Mona Vale 2103



Donations are all way welcome.

PO Box 1235 Newport GuriNgai Country 2106 0419219770 ASGMWP.NET ABN 17 603 318 271

