



# THE HEIGHTS

*Excellence and Opportunity*

## PRINCIPAL'S MESSAGE



### **P&C (AGM)**

The next meeting of the P&C Meeting will be held on Monday 28 November at 7.00pm in the library and on Zoom. All parents are very welcome to attend. This meeting will also include the Annual General Meeting. Discussion topics for this meeting include:

- 2023 School Planning

To register please click here: <https://forms.gle/4UikbAGm6YPmikDQ6> This link also provides the opportunity for you to detail questions you would like addressed.

A zoom link for the meeting is provided below for parents who wish to participate from another location.

<https://nsweducation.zoom.us/j/62249953883?pwd=VFY4TERLZFJ4VmQxOHkrNkM5dk9TQT09> Meeting ID: 62249953883 Passcode: 420773

### **Talent Quests**

We look forward to our Talent Quests to be held on the dates listed below. A note has been emailed with further information.

Year 6 Grade Final	Monday 28 November	12:45pm
Year 5 Grade Final	Tuesday 29 November	12:45pm
Year 4 Grade Final	Monday 5 December	12:45pm
Year 3 Grade Final	Tuesday 6 December	12:45pm
Year 2 Grade Final	Friday 9 December	12:45pm
Year 1 Grade Final	Monday 12 December	12:45pm
Kindergarten Grade Final	Tuesday 13 December	12:45pm
School K-6 Final	Wednesday 14 December	11:30am



## Christmas Support of Charities and Local Homes

Each grade this year is supporting a charity leading up to Christmas. This initiative is part of our wellbeing program and our school giving back to the community. The list of charities is detailed below with links to the organisation's website providing further information on the important role they play in our community.

Grade	Charity	Donation Request
Kindergarten	<a href="#">Bear Cottage</a>	Book
Year 1	<a href="#">Stewart House</a>	Gold coins
Year 2	<a href="#">Royal Far West School</a>	Gold coins
Year 3	<a href="#">Street Mission Cafe</a>	Non-perishable food items
Year 4	<a href="#">OzHarvest</a>	Gold coins
Year 5	<a href="#">Biala Hostel (Allambie Heights)</a>	Gold coins
Year 6	<a href="#">Biala Hostel (Allambie Heights)</a>	Gold coins

As a school we will also be supporting Community Northern Beaches with the donation of non-perishable food items and toiletries. Your kind donations may be delivered to the office.



Students in Years 5 and 6 have also written Christmas cards for residents of Estia Health at Manly Vale. These cards will be delivered on Friday 9 December. On this day the students in the Junior and Senior Choirs will perform for the residents.

### Year 6 Book Drive

In Week 8, Year 6 will be holding a Book Drive in the 6G Classroom. This will occur from 8:30am, and at the second half of lunch, every day next week. All books will be \$1, with all proceeds going to Biala Hostel, who have been nominated for Stage 3's charity initiative.

### Year 5 Student Leadership Opportunities-House Captains

Students in Year 5 interested in undertaking a leadership role as a House Captain or Vice-Captain in 2023 will have the opportunity to nominate themselves later this week. A nomination form will be emailed to Year 5 parents. The expressions of interest are due to school by Wednesday 30.11.22.

### P&C Events

There are a number of exciting P&C events coming up in the near future. These include an Online Auction and Family Picnic. Further information is on pages 8 and 9 of this week's newsletter.

## PRINCIPAL'S MESSAGE



### Helpers' 'Thank You' Breakfast

We look forward to holding a Thank You Breakfast for all of our wonderful parent and community helpers on Thursday 15 December, commencing at 8.15am. Invitations will be sent home next week.

### Christmas Carols (Years K-5)

Parents and friends are welcome to join us for our Christmas Carols on Thursday 15 December, commencing at 9.15am on the basketball courts. All students in Years K-5 will be performing as part of an item for each grade. The primary choirs and Concert Band will also be performing.

### Year 6 Play

Parents and friends are welcome to join us for the Year 6 Plays on Thursday 15 December. There will be two performances in the hall at 11.30am and 1.40pm.

### Year 6 High School Orientation Days

Students in Year 6 attending state high schools will participate in Orientation Days on Tuesday 29 November. Further information on these days will be provided by the individual high school

### Upcoming Events

UPCOMING EVENTS			
	Date	Activity	Time
Term 4 Week 8	Monday 28 November	Year 6 Talent Quest P&C (AGM)	12.45pm 7.00pm
	Tuesday 29 November	High School Orientation Day Combined Scripture Christmas Service -Years K-2 -Years 3-6 Year 5 Talent Quest	10.30am 11.25am 12.45pm
	Wednesday 30 November	St James Pre School-Visit Year 3 Operation Wattle Planting Day	10.00am
	Thursday 1 December		
	Friday 2 December	Summer PSSA	12.00 noon
Term 4 Week 9	Monday 5 December	Year 4 Talent Quest	12.45pm
	Tuesday 6 December	Year 3 Talent Quest	12.45pm
	Wednesday 7 December		
	Thursday 8 December	Kindergarten Graduation   Eastern Campus	2.15pm
	Friday 9 December	Year 2 Talent Quest Student Semester II Reports home P&C Family Picnic	12.45pm 3.15pm

David Shuster | Principal



### **Congratulations to Gemma Sellick**

Congratulations to Gemma Sellick who was named National Athletics Champion at the recent Brisbane Athletics Championships for multi class girls. She achieved two National Australian records: the 100m which was held since 2008 and the 200m which was held since 2005.

*Congratulations!*

## **BHPS Year 6 2022**

*Parents celebration evening*



**Please join us for the Year Six Parents Party  
at Middle Harbour Yacht Club  
by the beach  
Friday 16 Dec @ 7pm - 11pm**

Tickets \$80 per person including  
a welcome drink and a 7 course gourmet canapes.  
A DJ will be playing great tunes and additional  
drinks available at the bar  
Please purchase via Spriggy Schools  
by Friday 02 December





## Summer PSSA Results

Date	Sport	Team	VS	Results
18.11.22	AFL	Seniors		
18.11.22	Cricket	Juniors & Seniors		
18.11.22	Eagle Tag Boys	Junior A	Harbord	Win 7-6
18.11.22	Eagle Tag Boys	Junior B	Curl Curl	Draw 10-10
18.11.22	Eagle Tag Boys	Senior A	Harbord	Win 9-8
18.11.22	Eagle Tag Boys	Senior B	Curl Curl	Loss 10-1
18.11.22	Eagle Tag Girls	Junior A		
18.11.22	Eagle Tag Girls	Junior B		
18.11.22	Eagle Tag Girls	Senior A		
18.11.22	Eagle Tag Girls	Senior B		
18.11.22	Newcombe Ball	A's		
18.11.22	Newcombe Ball	B's		
18.11.22	Volleyball	Girls A's		
18.11.22	Volleyball	Girls B's		
18.11.22	Volleyball	Boys		

## Summer PSSA Draw – 25 November

Date	Sport	Team	VS	Location
18.11.22	AFL	Seniors	BHPS Training	Weldon Park Field
18.11.22	Cricket	Juniors & Seniors	BHPS Training	Nolans
18.11.22	Eagle Tag Boys	Junior A	BHPS Training	
18.11.22	Eagle Tag Boys	Junior B	BHPS Training	Millers Field
18.11.22	Eagle Tag Boys	Senior A	BHPS Training	
18.11.22	Eagle Tag Boys	Senior B	BHPS Training	Millers Field
18.11.22	Eagle Tag Girls	Junior A	BHPS Training	David Thomas Field
18.11.22	Eagle Tag Girls	Junior B	BHPS Training	David Thomas Field
18.11.22	Eagle Tag Girls	Senior A	BHPS Training	David Thomas Field
18.11.22	Eagle Tag Girls	Senior B	BHPS Training	David Thomas Field
18.11.22	Newcombe Ball	A's	BHPS Training	Freshwater Campus
18.11.22	Newcombe Ball	B's	BHPS Training	Freshwater Campus
18.11.22	Volleyball	Girls A's	BHPS Training	Freshwater Campus
18.11.22	Volleyball	Girls B's	BHPS Training	Freshwater Campus
18.11.22	Volleyball	Boys	BHPS Training	Freshwater Campus

**Please note, there are currently no before school training requirements for PSSA**



# WELL BEING

**CONNECT**  
TALK & LISTEN,  
BE THERE,  
FEEL CONNECTED

**BE ACTIVE**  
DO WHAT YOU CAN,  
ENJOY WHAT YOU DO,  
MOVE YOUR MOOD

**TAKE NOTICE**  
REMEMBER  
THE SIMPLE  
THINGS THAT  
GIVE YOU JOY

**KEEP LEARNING**  
EMBRACE NEW  
EXPERIENCES,  
SEE OPPORTUNITIES,  
SURPRISE YOURSELF

**Give**  
Your time,  
your words,  
your presence

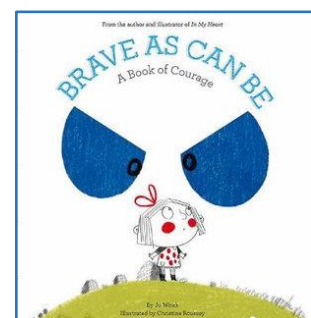
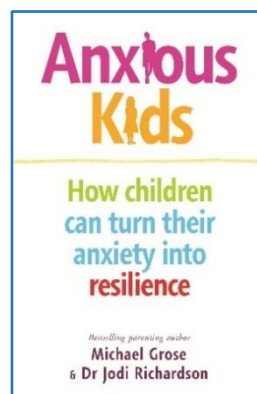
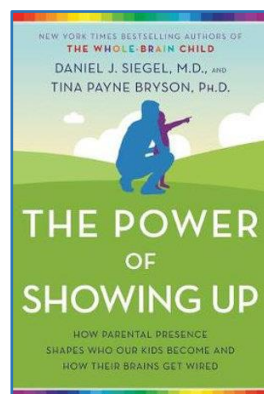
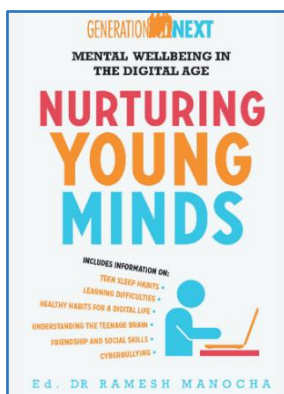
A reminder that our BHPS library has a collection of wellbeing books you may find valuable reading over the holidays. Mrs Geri Kerr, our talented librarian, would like to encourage parents to come to the BHPS library to borrow from our Wellbeing section. You are most welcome to drop in before school, after 8.30am.

Here is a sample list of book titles:

- Nurturing Young Minds*
- Raising Resilient Kids*
- The Power of Showing Up*
- The Starting School Book*
- Whole-Brain Child*
- Anxious Kids*
- Parenting from Inside Out*
- 50 Risks to Take with Kids*
- Raising Resilient Kids*

A wide selection of picture books to support the wellbeing of your children are also available and we encourage you to create moments to read together and connect during the school holidays.

We look forward to seeing you soon!



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## WELL BEING



# Week's 7 and 8 Wellbeing and PBL Focus



This week's focus is  
'Regulating my emotions'



We are learning to be **responsible** during transitions around the school.

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## CANTEEN



We hope you are finding the Spriggy system easy to use. Some parents had difficulties ordering pizza yesterday. It might help you to **delete and then reload the app**, if it looks as though items can't be ordered. You can also use the **web chat function** to resolve issues in real time. The web chat is open from 7am to 3pm Monday to Friday.

Next week we welcome parents/carers from **3M** as our class volunteers in the canteen. In week 9, it's the turn of **3L** and in the final week of school, it's the turn of **3C**. We look forward to welcoming you at this busy time of year.

The volunteer schedule for the rest of the year is:

T4 week 7	Mon 21 Nov – Fri 25 Nov	4B   Miss Bonadio
T4 week 8	Mon 28 Nov – Fri 2 Dec	3M   Miss McGahey
T4 week 9	Mon 5 Dec – Fri 9 Dec	3L   Miss Campling
T4 week 10	Mon 12 Dec – Fri 16 Dec	3C   Ms Coote

You are welcome in the canteen any time. Pop in and see what's cooking!

Sign up at <https://signup.com/go/VjdtTmB>

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## UNIFORM SHOP



**OPENING HOURS**  
Tuesday | 8.30am – 9.30am  
Thursday | 2.30pm – 3.30pm

**Last day the Uniform Shop will be open in Term 4 is Tuesday 13th December 8.30-9.30am.**

**Closed Thursday 15th December for Stocktake.**

**CLOSED DURING SCHOOL HOLIDAYS.**

**Reopen Tuesday 31st January 2023 8.30-9.30am.**

**YEAR 6** - Graduation Signature Bears are now available to order via Flexischools or in person at the Uniform Shop. Bears will be distributed to the Year 6 Classrooms in the first week of December when they arrive in store.

**KINDERGARTEN 2023** It's time to get your Uniforms!!

1. Purchase a Uniform Pack using the Online Order Form.
  2. Pop into the Uniform Shop to purchase Tuesday 8.30-9.30am & Thursday 2.30-3.30pm.
- The Uniform Shop is CLOSED during School Holidays.

**EXCHANGES AND RETURNS** Please remember items will only be returned or exchanged within 28 days of purchase!!!

- Folded in original packaging with inclusions eg: clips etc (not ripped open).
- Tags attached.
- With a receipt.
- No hats, hair accessories, socks and hosiery or second hand items.

**Loretta Mykityshyn | Uniform Shop Manager | [bhpsuniformshop@gmail.com](mailto:bhpsuniformshop@gmail.com)**





### P&C News

To keep up to date with all our news and events, please join our private [BHPS P&C Facebook Group](#). Also check out our P&C Noticeboards on Radio Avenue and Lewis Street. We'll be posting events, P&C information and community activities on a regular basis.

### Christmas Treasure Trove Auction 2022 – only 2 days to go!

It's nearly time to get browsing and bidding! With over 100 auction items, there's something for everyone.

Enjoy a 4-hour hire with Manly Kayak Centre, followed by dinner at Garfish Manly. Or a family pass to Historic 'Nutcote', a double cinema pass to Hayden Orpheum, or a photography session for your pet with Pawtraits & Pawprints.

Or maybe grab something for the kids with the opportunity to be Principal for the day, or choose the bell music, an Opel Mobile Smart Kids Phone, an Aussie Gems Pro-shop voucher, an Eye Heart Science Term or Tinkertank Full & Half Day STEAM camps.

Auction opens at **3pm this Friday (25 November)** and closes at **9pm on Sunday 4 December** – so pop the dates in your diary so you don't miss out!

### Join the P&C

Are you interested in joining the P&C? We are looking for new members for 2023 in any capacity, for example helping with events, sponsorship or finance. We are also looking for someone to take the role of Secretary - this role is important but won't take too much of your time. If you are interested in finding out more, please email Tamsin ([bhpsvpcomms@gmail.com](mailto:bhpsvpcomms@gmail.com)) or Diana ([bhpspresident@gmail.com](mailto:bhpspresident@gmail.com))

### Christmas Family Picnic

We are looking forward to our Christmas Family Picnic on Friday 9 December on the Western Campus at 3.05pm. It is a bring your own picnic but if you are able to help scoop ice creams, please email Diana at [bhpspresident@gmail.com](mailto:bhpspresident@gmail.com) - don't forget a gold coin donation for the ice cream. And we don't want to get everyone too excited, but there may be a special visitor...



### **P&C Meeting & AGM**

Please join us for the P&C Meeting and AGM on 28 November @ 7pm – details [here](#).

*If you have any questions about the P&C or would like to be involved in any way, please feel free to contact Diana at [bhpspresident@gmail.com](mailto:bhpspresident@gmail.com) or Tamsin at [bhpsvpcomms@gmail.com](mailto:bhpsvpcomms@gmail.com). Like the [BHPS P&C Facebook Page](#) and join the private [BHPS P&C Facebook Group](#) to keep up to date with P&C news and events.*

### **P&C Meeting Minutes**

Please find the latest P&C Meeting minutes [here](#).

### **P&C AGM**

Please join us for the P&C AGM on 28 November @ 7pm – details [here](#).

*If you have any questions about the P&C or would like to be involved in any way, please feel free to contact Diana at [bhpspresident@gmail.com](mailto:bhpspresident@gmail.com) or Tamsin at [bhpsvpcomms@gmail.com](mailto:bhpsvpcomms@gmail.com). Like the [BHPS P&C Facebook Page](#) and join the private [BHPS P&C Facebook Group](#) to keep up to date with P&C news and events.*

### **The P&C team**

P&C proudly supported by



02)9948 0666  
whitehouserealestate.com.au



SUSTAINABILITY

**Current BHPS Recycling Programs:**

<b>Bottles, Cans, &amp; Poppers</b>	<b>ReCollect</b> - Please collect & donate your 10c refundable containers <b>behind the letterbox of 44 Woodland St S</b> . Next local collection is <b>Friday 9<sup>th</sup> December</b> .
<b>Oral Care Recycling</b>	An Oral Care Recycling collection box is <b>outside the Office on the western campus</b> , where you can deposit ALL brands of used toothbrushes, toothpaste tubes and caps, floss containers, interdental brushes, electric toothbrush heads.
<b>Writing Instruments Recycling</b>	A Writing Instruments Recycling collection box is <b>outside the Office on the western campus</b> , where you can deposit ALL used pens, felt tips, highlighters, markers, correctional tape, fountain pens, and ink cartridges.
<b>BHPS uniform - Grey shorts / trousers</b>	The Uniform shop now only sells the navy shorts/trousers. So while there is a transition period where grey shorts/trousers can be worn, any old, wearable, & no longer used grey shorts and trousers can be donated to a school in Coonabarabran. A collection tub is <b>outside the Office on the western campus</b> .

**BHPS Sustainability News:**

- We have 2 new recycling program tubs at the office on the Western Campus – [Oral Care](#) & [Writing Instruments](#) – both supported by TerraCycle. Accepted waste includes:

**ORAL CARE:** All brands accepted – Toothpaste tubes and caps – Kids toothbrushes – Interdental brushes – Manual toothbrushes – RecyClean toothbrushes – Floss containers – Electric toothbrush heads.

**WRITING INSTRUMENTS:** All brands accepted - Pens – Felt tips – Highlighters – Markers – Mechanical Pens – Correctional tape – Fluid Pots – Fountain pens – Ink Cartridges.





## SUSTAINABILITY

- Balgowlah Bowling Club ReCollect Partnership - the Balgowlah Bowling Club and Carly May's Kitchen continue to support our Sustainability Committee by collecting all their Return & Earn bottles and cans. This has involved a fair bit of coordination for them, so please be sure to mention it to Carly, Tony and the team when you next go and enjoy some of their tasty food.

Carly May



- Talking of Return & Earn, it was recently in the [News](#) that Wine Bottles will be included in coming months!! We'll keep you posted, but this will mean a significant boost to our Sustainability budget!
- Unfortunately the RedCycle soft plastic program has paused, due to unmanageable volumes, and we've been told to put soft plastics in landfill waste until further notice! Other local councils have a program called [Curby](#), that helps manage soft plastics. [Contact NBC](#) to petition for our LGA to adopt this service.
- The Worn-Up textile program has also come to an early end, which has left us with several bags of old school uniform. We are looking for parents who might be able to take one bag to H&M at Warringah Mall, where they offer a free textile recycling service. They give you a 15% discount voucher for your next item purchased in return! If you can help, please email Diana at [bhpspresident@gmail.com](mailto:bhpspresident@gmail.com)