

THE HEIGHTS

Term 3 | Week 9 | 16 September 2020



Connect | Succeed | Thrive

Balgowlah Heights
Public School



2020 Student Leaders

PRINCIPAL'S MESSAGE

School Planning 2021

In the near future we will be commencing the process of organising classes for 2021. If you will be moving from our school at the end of this year it would be appreciated if you could complete the eForm **"Not Returning to BHPS in 2021"** on the Skoolbag App.

Also, if you have any special social considerations you would like the school to be aware of in planning classes (e.g. siblings close in age) you are welcome to send a letter/email to me providing details by **Friday 25 September 2020**.

Recognition Assembly

We look forward to our virtual Recognition Assembly to be held on Monday 21 September 2020 of next week at 9.30am. Students receiving awards will take part in the Assembly. All other students will watch the livestream in their classrooms. A recording will also be made for parents to view. Students receiving an award have had an email sent home this week.

Public Speaking

Congratulations to the following students for their excellent speeches in the Bear Pit Public Speaking Competition. Well done to all the students who entered this competition.

- Years 3/4 Winners - Fletcher McGregor and Sophia Mooring
- Years 5/6 Winners - Jaslyn Plummer and Charlotte MacLeod



PRINCIPAL'S MESSAGE

Term 3 Invoices

School reminder invoices were emailed last week. Your support of our excellent education programs for our students is very much appreciated. If you are in need of financial assistance with the school contributions please contact the school. All matters will be treated in a confidential manner.

It would be appreciated if our school invoices could be finalised by **Friday 18 September 2020**. Currently 74% of contributions have been forwarded to our school. As discussed at our recent P&C Meeting, this leaves a significant shortfall in school funding. If you would like further information on this matter you are welcome to contact me for details or read the minutes of the P&C Meeting which will be available on the school website next week.

Athletics Carnival

The results from the Athletics Field Events can be found on page 4 of this week's Newsletter.

PBL *Thumbs Up* Celebration Day

Students who have been observed following our school expectations receive a thumbs up token which is used to vote for a whole school celebration day. This term students have voted for the following:

- **Years K-2:** **Technology Extravaganza** – additional time using technology for learning
- **Years 3-6:** **Welcome to Relaxation Wednesday** or as the students termed it – Rancho Relaxo. In the afternoon session the students will have the opportunity to relax and enjoy activities such as reading or drawing

Students are able to wear mufti clothes, instead of their school uniform next Wednesday 23 September to acknowledge their positive behaviour. The students are requested to bring in a gold coin donation which will be used for the following:

- Support Breast Cancer Foundation
- Purchase a bike rack

Kiss and Ride Zone

Kiss and Ride Zones are designed for your convenience and for your child's safety. Designed for quick entry and exit, these zones minimise congestion and risk when used properly by all parents and carers.

These zones operate under the same conditions as no parking zones, which means you may stop to drop off or pick up children for a maximum of 2 minutes. You're required to remain in, or within 3 metres of your vehicle. The hours of operation at our school apply in Lewis Street and Radio Avenue from 8.00-9.30am and 2.30-4.00pm.



PRINCIPAL'S MESSAGE

Tournament of Minds

Congratulations to both our Tournament of Minds teams that after 6 weeks of hard work were rewarded for their commitment and exceptional teamwork by being awarded HONOURS for their Super Challenge solutions. This is an outstanding result and so well deserved.

BHPS Team Blue	BHPS Team Red
Chloe Breden 6P	Helen O'Neill 6C
Carla Anderson 6P	Byron Cahill 6P
Margot Connell 6L	Chloe Liu 6P
Jarod Binley 6P	Niklas Barkhausen 6P
Alex Burns 5L	Andre Kwok 5L
Elodie Melvin 5V	Stephanie Smart 5L
Lielle Fane 5L	Lily Casanova Menou 5B

Upcoming Events

Term	Date	Activity	Time
Term 3 Week 10	Monday 21 September	Recognition Assembly	9.30am
	Tuesday 22 September		
	Wednesday 23 September	Thumbs Up Celebration Day SportsPro (Years K, 1, 3)	
	Thursday 24 September		
	Friday 25 September	Last day of Term 3	
Term 4 Week 1	Monday 12 October	Students commence Term 4	
	Tuesday 13 October		
	Wednesday 14 October		
	Thursday 15 October	Year 5 Leadership Day	
	Friday 16 October		

David Shuster
Principal

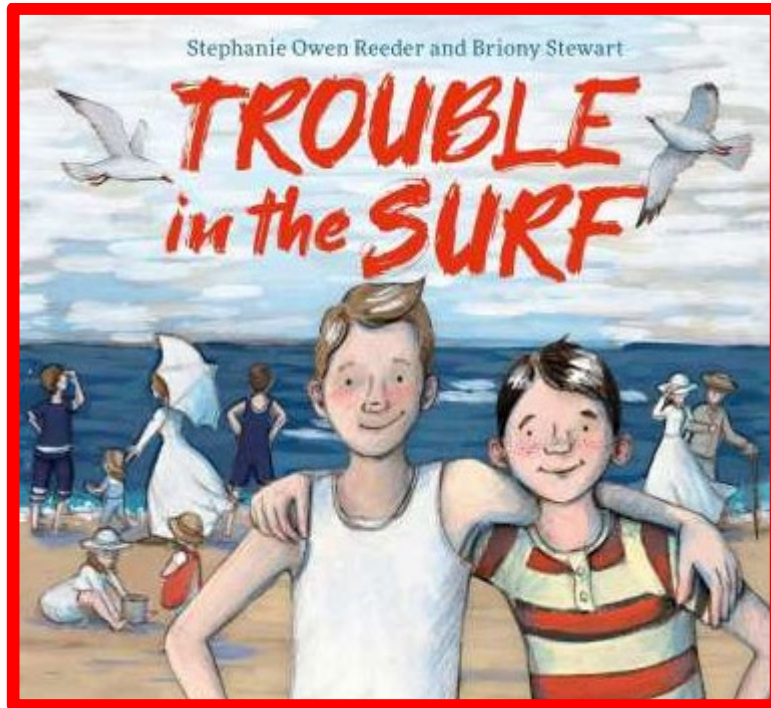


2020 Field Events Results

Junior Boys' Long Jump	Junior Girls' Long Jump
1. Will Easton	1. Daria Coleman
2. Tyler Hollyoak	2. Matilda Whitehead
3. Ben Wilsher	3. Yasmin Offwood
11 Years Boys' Long Jump	11 Years Girls' Long Jump
1. Luca Snehor	1. Georgia Gao
2. Archie Grimes	2. Sophie Sarac
3. James Bousie	3. Ashleigh Mortlock
12 Years Boys' Long Jump	12 Years Girls' Long Jump
1. Mylo Davies	1. Pantha Tilsley
2. Oscar Sear	2. Zoe Gordon
3. Jensen Brownlaw	3. Chloe Liu
Junior Boys' High Jump	Junior Girls' High Jump
1. Beau Richards	1. Matilda Whitehead
2. Manu Brousseau-Hogan	2. Camilla Squire
3. Harvey Cloke	3. Daria Coleman
11 Years Boys' High Jump	11 Years Girls' High Jump
1. Jacob Kimball	1. Audrey Alexander
2. Henry Cannon	2. Sophie Elliott
2. Archie Grimes	2. Ashleigh Morlock
12 Years Boys' High Jump	12 Years Girls' High Jump
1. Joe Eggleton	1. Chloe Liu
2. Charlie Denby	2. Paige Hewlett
3. Jensen Brownlaw	3. Jess Mace-Smith
Junior Boys' Shot Put	Junior Girls' Shot Put
1. Zac Jamshidi	1. Matilda Whitehead
2. Tommy Milcz	2. Daria Coleman
3. Manu Brosseau-Hogan	3. Zoe Clarke
11 Years Boys' Shot Put	11 Years Girls' Shot Put
1. James Bousie	1. Jaslyn Plummer
2. Jacob Kimball	2. Lily Sutherland
2. Luca Snehor	2. Katherine Edgtton
12 Years Boys' Shot Put	12 Years Girls' Shot Put
1. Ben Walker	1. Pantha Tilsley
2. Finley Vaughan	2. Ellen Hirschi
3. Zac Chang	3. Paige Hewlett

What an amazing term we have had. New books, student requests, borrowing limits, borrowing increases, quarantining books and sanitising hands!

With the upcoming holidays and hopefully warmer weather we will look at the book "Trouble in the Surf". Outwardly it tells the story of two boys who get into strife in a rip in the surf at Bondi. In reality it is the history and early beginnings of the Surf Lifesaving movement in Australia. Certainly, many of our students are part of this vital community resource through "Nippers" and will relate to this.



Read It, Love It, Return It!

All students at BHPS know my theme - Read it, Love it, Return It! Thank you to all those families who have returned any overdue books. If something is lost, please let the library team know and we can record it.

Book borrowing due dates will be extended to incorporate the holiday period. Thank you to all our enthusiastic readers at Balgowlah Heights Public School for your understanding with the changes to our library routines this year. Happy Reading and Happy Holidays!

Roslyn Elliott
Teacher | Librarian

Important reminder to pay school invoices and support our school

As mentioned in last week's Newsletter and in the P&C meeting our school relies on parent contributions, sent as invoices once a term to help pay for some of our fantastic education programs. These include Japanese, Music and SportsPro and are offered over and above what government funding allows. Our up-to-date technology, which proved so critical during the COVID-19 lockdown, is also covered by a parent contribution, while individual excursions and incursions are invoiced separately.

Finally, the voluntary P&C contribution helps to support our learning support programs, library resources, the Wellbeing and Enrichment programs and improvements to school grounds. It also supports technology needs including smartboards, iPads and laptops.

With currently 74% of school invoices and 69% of P&C contributions paid this year so far, the school is facing a significant financial shortfall. This will limit the great benefits our students gain from these programs and other quality resources. For instance, the school iPads and laptops are due for an upgrade worth \$100,000. Without the extra support from our school community this will not be possible.

We appreciate that this year is a challenge for everyone, in many ways. This is just a gentle reminder from the P&C to please consider paying your school invoices if you are able to so we can continue to offer our children the best possible primary education. Please contact the school for more information or if you are unsure how to pay your invoice.

Great lunchbox sell-off - next Friday 25 September

The wonderful P&C Sustainability Team are once again helping us do our part to keep plastic out of landfill. Abandoned, cleaned and reusable lunchboxes and containers will be on sale for 50c to \$2 maximum next **Friday 25 September** outside both campuses at drop-off in the morning. Grab a bargain and help the environment at the same time.



P&C meeting survey

Please let us know how we can make it easier for you to join the P&C online meetings by filling in this very short and anonymous survey: <https://www.surveymonkey.com/r/DKM5TGL>. If you have any questions about the P&C or would like to be involved in any way, please feel free to contact Alison at bhpsvpcomms@gmail.com. Like the [BHPS P&C Facebook Page](#) and join the private [BHPS Facebook Group](#) to keep up to date with P&C news and events.

The P&C Team



UNIFORM SHOP NEWS



Opening Hours

Tuesday: 8.30am - 9.30am

Thursday: 2.30pm - 3.30pm

CLOSED SCHOOL HOLIDAYS

Uniform Shop Entry: please check in with the **Admin Office** for a **Uniform Shop Pass and sign in.**

Summer Uniforms - Term 4

Only **2 weeks** left !!!

It's time to get your summer uniforms. There is a limited number of second-hand items at this time, grab them quick!

Uniform Donations

If you have any outgrown **current** BHPS uniforms in great condition, please drop them off at the Administration Office. No hats, hair accessories or socks/hosiery. **Second hand** items are only available in person in the Uniform Shop.

Returns Policy: within **28 days** of purchase for refunds or exchanges, together with a copy of the receipt. Returned goods will only be accepted in resale condition: unworn, unwashed, unmarked with tags attached in **original packaging**, not the classroom delivery packaging. Socks and hosiery must be unopened. There are no returns or exchanges on hats, hair accessories and second-hand items.

Loretta Mykityshyn

Uniform Shop Manager

bhpsuniformshop@gmail.com

CANTEEN NEWS

"Emma & Tom's" have stopped production of their 250ml flavoured milks. When our current supply runs out, we won't be getting anymore. The juices will still be available, and you can always order a cup of plain milk or a cup of milo.

Please remember to tell your child when they have a lunch order they are to come to canteen to collect it. As part of our COVID safe contactless delivery, lunches are not being delivered to classrooms. Each child must come to the canteen to collect their lunch. Thanks for your co-operation.

Sanja Vidaic | Kathrine Baulderstone

Canteen Managers

healthycanteenbhps@gmail.com



Job Vacancies - Childcare or Teaching

We are on the search for new staff members to strengthen the Arabanoo team. In particular we'd love candidates who are studying to have a career in childcare or teaching. For those looking for on the job training, we offer a fully funded Certificate 4 and Diploma in School Age Education and Care. Please send resumes to admin@arabanoo.com.

Vacation Care - early bird rate ends today

Get your booking form in today to secure early bird prices. Currently we have spaces on all days. We have heaps of fun activities including a Giant Bouncy Castle, Cartooning, Harry Potter Day, Laser Tag, Medieval Day, Wheelchair Basketball and lots more! Please visit our website or the sign in/out desk to grab a booking form.

Emotional Coaching - all parents | carers welcome

In Term 4 we are offering a fully funded program designed to help parents build emotional intelligence techniques to tackle everyday family struggles and teach you and your children how to talk about and manage overwhelming emotions. See Arabanoo's fortnightly email for further details.

28 for TWENTY EIGHT - Making meditation mainstream

Be a part of the change and help make meditation mainstream. Arabanoo want to make a positive difference and help the mental health of Australians right now so we are reaching out to you to support the campaign, **28 for TWENTY EIGHT** this October, Mental Health Month. See Arabanoo's fortnightly email for further details.

Parents | Carers Onsite - sign in | out

We're continuing to keep pick up and drop off at the main school gate and appreciate your patience while we get the children from their activity and bring them down to you for pick up. If there isn't a staff member on the gate please call the office and someone will pop down. The juniors will continue to spend the afternoon on the senior campus for the time being.

Rowan Friend

T - 0299 486 722

M - 0421 014 308

E - admin@arabanoo.com

W - www.arabanoo.com

Live Life Well @ School

GET ACTIVE: NATURE SCAVENGER HUNT

- Write a list of things kids might find outside.
- Try to find them all and tick them off the list.
- Some items may be found in your backyard, but for others you can try your local outdoor areas.
- Encourage children to not touch or collect all items, but record their findings on their hunt sheet.

<input type="checkbox"/>	1	A heart-shaped stone
<input type="checkbox"/>	2	An animal's footprint
<input type="checkbox"/>	3	A bird's nest
<input type="checkbox"/>	4	A clover (find a 4 leaf clover for good luck!)
<input type="checkbox"/>	5	The perfect climbing tree
<input type="checkbox"/>	6	The Southern Cross
<input type="checkbox"/>	7	The name of a neighbour you haven't met yet
<input type="checkbox"/>	8	Paper bark
<input type="checkbox"/>	9	A mushroom or fungus
<input type="checkbox"/>	10	Spot a creature that lives underwater
<input type="checkbox"/>	11	A sunrise or sunset over the horizon
<input type="checkbox"/>	12	A large feather
<input type="checkbox"/>	13	A gumnut
<input type="checkbox"/>	14	Driftwood
<input type="checkbox"/>	15	A waterfall
<input type="checkbox"/>	16	A herb garden
<input type="checkbox"/>	17	Nature pushing through concrete
<input type="checkbox"/>	18	A farm animal
<input type="checkbox"/>	19	A tree that reminds me of me!
<input type="checkbox"/>	20	A geocache

For more tips & resources (including this list), visit:
www.natureplayqld.org.au/nature-play-scamenger-hunt

For health benefits, children aged 5-12 years need at least 60 minutes of moderate to vigorous physical activity every day. Variety is important.



Developed by Northern Sydney Local Health District



Crisis Support. Suicide Prevention.

Huge \$2 Spring Book Clearance

\$1 CDs and DVDs

BROOKVALE
 Lifeline Depot Driveway
 18 Roger Street

September 26-27
 10am-3pm



TENNIS AND COMBINED SPORTS CAMP



www.bareenatennis.org.au

PRIZES!!!

For outstanding achievements
 Phone: Oliver 0403 833 293

CAMP 1: 28th Sept. – 2nd Oct. 2020
CAMP 2: 6th Oct. – 9th Oct. 2020



COVID SAFE
 SPORT COACH / OFFICIAL

Edwards Chinese Medicine Clinic
 02 9948 1600





SCHOOL HOLIDAYS MULTI SPORT CAMP



ALL DAY SUPERVISION 8AM-6PM
9 FUN SPORTS
FULL DAY FROM \$49

BOOK ONLINE VOYAGERTENNIS.COM/NORTH-MANLY

Warringah Recreation Centre
Corner of Pittwater and Kentwell Rd
North Manly 2100

(02) 9938 1831

wrc@voyagertennis.com



REGISTER TO BECOME A MANLY NIPPER NOW

Join Manly Life Saving Club Nippers this summer and enjoy a fun activity based program that will educate your nipper about surf safety and awareness

On the way, kids make new friends and have the opportunity to participate in competition events. Nippers who successfully complete the program are awarded a Surf Rescue Certificate and with further training can become qualified surf lifesavers.

How to Register

Register for Manly Nippers online:
manlylsc.com/nippers/how-to-join/

If new, please have a photo of your nipper's passport or birth certificate ready to upload as proof of age.

More information

For more information you can also visit us here:
www.manlylsc.com

Don't forget to use your Active Kids Voucher



Contact: Kate Martin, Registrar - Manly Nippers
Email: nippers@manlylsc.com