



Term 1 Week 7
11 March 2020

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Principal's Message

P&C

Our next P&C Meeting will be held on Monday 16 March. All parents are welcome to attend. Discussion topics for the night include:

- Mathematics Initiatives which includes areas identified for focus from 2019 (based on surveys, NAPLAN data and research), professional learning for staff, differentiation of student programs and groupings, learning progressions, enrichment and resources

Staffing

Mrs Skanavis is taking maternity leave. We wish her and her family all the best for the next chapter of their life.

School Invoices

It would be appreciated if school invoices for Term 1 could be finalised by Friday 20 March of next week. If you require assistance you are welcome to contact me.

Year 6 to Year 7 Enrolment 2021

Enrolment Forms for high school in 2021 are due for return by Monday 16 March of next week.

Specialist Education Programs

In this week's Newsletter information on our School Science Program is provided on page 4.

Term 1 Parent/Teacher Interviews

We will be holding Parent/Teacher Interviews the fortnight commencing Monday 30 March. This will be a valuable opportunity to discuss how your child has settled into the new school year, share with you assessment information and areas of focus for the future. We will be using an online booking system for interviews. For parents who do not have internet access please contact the office with a choice of two preferred booking times.

Bookings open: Monday 16 March 9.00am

Bookings close: Thursday 26 March 3.00pm

URL: www.schoolinterviews.com.au

Event code: **rkqed**

1. Enter your details
2. Select the teachers you wish to see
3. Select the appointment times that suit you best

When you click 'finish', your interview timetable will be emailed to you automatically. You can return to www.schoolinterviews.com.au at any time and change your interview until Thursday 26 March (3.00pm).

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Swimming Carnival

Congratulations to all of the students who participated in events at our recent swimming carnival. Despite the weather conditions the students performed well. Results of the carnival will be published in next week's newsletter. Thank you to Mrs Chester, Mrs Coyle, Miss Caruso and Miss Donlan for organising the event. Thank you also to the parents who helped and supported on the day. Students who were placed will be presented (including Year 2) with their ribbon at our Years 3 to 6 Assembly on Monday 23 March, commencing at 1.45pm. Parents are welcome to attend.

Zone Swimming Carnival

We wish the students representing our school at the Zone Swimming Carnival on Friday 13 March of this week all the best. A reminder we will be departing school at **8.00am**.

Years 3 to 6 Assembly

Our first Years 3 to 6 Assembly for the year will be held on Monday 16 March of next week at 1.45pm. At this assembly we will present our House Captains, Patrons, Monitors and SRC members (including Years K-2) with their badges. Parents are welcome to attend.

"Lots of Socks" World Down Syndrome Day

On Thursday (19 March) we will be participating in "**Lots of Socks**" **World Down Syndrome Day**. Further information is on page 3 of this week's Newsletter.

Harmony Day

This year we will be celebrating Harmony Week at our school on **Friday 20 March 2020**. Harmony Week is a time to celebrate Australian multiculturalism, and the successful integration of migrants into our community. The message of Harmony Week is **everyone belongs**. It is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values.

We are asking all students to wear an **orange accessory** with their full school uniform on **Friday 20 March**. This could be a hair tie, a bracelet, socks, a hat or ribbon. On Friday 20 March students will participate in a whole school activity to show the inclusivity in our community. For more information on Harmony Week and how you can support the school or Harmony week please visit <https://www.harmony.gov.au/>. Further information on our photo promotion is on page 4 of this week's Newsletter.

National Day of Action against Bullying

This year we will be participating in the 10th National Day of Action against Bullying and Violence which will be held on Friday 20 March. We will be joining with other schools in support of positive learning environments and in sending a very clear message, that bullying and violence are never okay. The day will provide an opportunity for us to focus on bullying and the big changes we can make to create safer communities for everyone. Lets Take a Stand Together. As part of this day the students will have the opportunity to take the following pledge against bullying and what this means.

Balgowlah Heights Public School Pledge against Bullying

I believe that everybody has the right to live in a community where they feel safe, included, valued and accepted regardless of differences.

- I will treat others with RESPECT and KINDNESS;
- I will have the COURAGE to not be a bystander;
- It is my RESPONSIBILITY to help others being bullied and to report bullying.

Let's take a stand together and teach the importance of kindness and empathy in our community.

Opportunity Class Year 4 Parent Information Session

We will be holding an Information Session for Year 4 parents on Opportunity Classes on Thursday 26 March. An email will be sent home in the near future with further information.

Tell Them from Me Student Survey (Years 4 to 6)

Students in Years 4 to 6 will have the opportunity to participate in the **Tell Them from Me Survey** later this term. An email will be sent home in the near future with further information.

Winter PSSA Trials

Trials for Winter PSSA teams will commence next week for students in Years 4 to 6. Students are requested to wear their sports uniform on these days if they are trialling. The trials will be held on the following afternoons:

- Thursday 19 March : Junior (turning 9 or 10 this year) and Senior (turning 11 or 12 this year)
- Thursday 26 March : Junior and Senior
- Friday 27 March : Junior and Senior

The following sports will be offered:

- Junior Girls Soccer
- Junior Boys Soccer
- Senior Girls Soccer
- Senior Boys Soccer
- Junior Netball
- Senior Netball
- Junior Rugby League
- Senior Rugby League

Upcoming Events

Term	Date	Activity	Time
Term 1 Week 8	Monday 16 March	Years 3-6 Assembly (Badges Presentation) P&C Meeting	1.45pm 7.00pm
	Tuesday 17 March		
	Wednesday 18 March	SportsPro Years K, 1 and 2	
	Thursday 19 March	Lots of Socks – World Down Syndrome Day	
	Friday 20 March	Harmony Day National Day of Action Against Bullying	
	Sunday 22 March	Bally Bolt	
Term 1 Week 9	Monday 23 March	Years 3-6 Assembly	1.45pm
	Tuesday 24 March	Year 5 Narrabeen Camp	
	Wednesday 25 March	Year 5 Narrabeen Camp SportsPro Years 3, 4 and 6	
	Thursday 26 March	Opportunity Class Year 4 Parent Information Session School Tour	8.00am 9.30am
	Friday 27 March	Sydney North Swimming	

Have a great week.

David Shuster
Principal

School News

“Lots of Socks” - World Down Syndrome Day - Thursday 19 March

World Down Syndrome Day is celebrated on Saturday 21 March each year. This year Balgowlah Heights will use the **Lots of Socks** theme created by Down Syndrome International and celebrate World Syndrome Day on [Thursday 19 March](#).

On this day, we ask that your child wear socks of their choice to school. They can be bright, colourful, short or long, the choice is endless!

During the day, students will be discussing what makes us unique as well as Down Syndrome. We will talk about inclusion and how we can all help each other to feel included.



Positive Behaviour for Learning

Each week students learn how to be respectful, responsible and try their personal best in specific areas of our school. This week's focus is learning to be respectful in assembly.

Respect	
Learning Intention	Success Criteria
We are learning to be respectful in assembly	<ul style="list-style-type: none"> • Enter and leave calmly and quietly • Use good manners • Celebrate the success of others • Listen to the person speaking • Sing the anthem and school song with pride

Science Program – News from the Lab

Balgowlah Heights Public School runs a dedicated Science/Technology program for all students. Early Stage 1 (K to 2) are taught by Mrs Mawbey, Stage 2 (Years 3 and 4) by Ms Mellowes and Stage 3 (Years 5 and 6) by Mrs Cartwright.

- **Early Stage 1** is exploring the “Weather in my World” unit, where they learn to describe the different types of weather and temperature around them. During Semester 1, Year 1 are studying “Bend It! Stretch It!” in which they discover how different types of materials can be changed. Year 2 are experimenting in the “All Mixed Up” unit through Semester 1 where they look at the purposes of different mixtures and how they are made.
- **Stage 2** – “Material World” focus on materials in our world and their properties.
- **Stage 3** students will be learning about how volcanoes and other major geological events occur and how they can affect the Earth’s surface, through our “Creators and Destroyers” unit. In Term 2 our “Forces and Energy” unit will teach students about the strength of forces and allow them to explore examples of where energy transfers can be observed.

Harmony Day – Photo Gallery

On Friday 20 March, Balgowlah Heights Public School will celebrate Harmony Day. This is a day where we celebrate the wonderful diversity of our country and the importance of inclusiveness and belonging.

We are inviting students from K to 6 to submit a photo that celebrates family, community and belonging. Photos can be A4 in size and either colour or black and white. The photo should celebrate what Harmony Day and the theme of ‘Everyone Belongs’ means to them.

Please make sure that the photo is labelled on the back with the student’s name and class. During Week 8, photos will be displayed in our Harmony Day Photo Gallery. Submission of photos has been **extended to Tuesday 17 March**. Please submit to the student’s classroom teacher.

Melinda Daly, Brooke Saltmarsh & Rosie Caruso
Organising Teachers



P&C

P&C Meeting - next Monday 16 March at 7pm in the school Library

Please consider attending P&C meetings as they are a great way to hear directly from the Principal, David Shuster, about school initiatives. Mathematics will be the key topic on Monday.

Bally Bolt on Sunday 22 March - 11 days to go!

Havent got your tickets yet? [Register here](#). If you order by **Friday 13 March** your bibs will be delivered directly to your child’s classroom.

Volunteers Please!

To make the Bally Bolt a success, we need your help. The Bally Bolt Fair is a fantastic community event with lots of fun for the family - with bouncy castles, food, refreshments, stalls, games and music.

To help make this atmosphere special we just need one hour of your time on one of our various stalls or at the canteen after the race. If you dont want to/cant run or won't be at the fair, please sign up as a race marshall between 7.00am - 8.45am and help direct runners on the course. If you cant help on the day, we also need cake donations. [Click here](#) to add your name to our volunteer/cake donation list. Any time you can offer makes a difference!





Raise money for Surf Life Saving NSW - Target \$1,000!

Remember that we're raising money for Surf Life Saving NSW so head online and ask friends and family to pledge on our [BHPS team page](#) or create your own which is linked to the team page. Click on join team to create your own account and send the link to your friends and family. [Click here](#) for more information on how to get sponsored and how you can win a prize!

Donations - All years

Please drop pre-loved toys, clothes (preferably childrens) and books for the Bally Bolt Fair stalls to the school Office.

Kindy and Year 1 - Please donate a packet of sweets for our sweet stall, by this Friday 13 March. There is a box for sweet donations in the Eastern Campus Office.

Bally Bolt Hats

We'll be on the Eastern Campus again this Friday at 3pm if you want to purchase your very own Bally Bolt trucker hat, **OR** pick up your ones you've already paid for.



Sponsors

A big thank you to the Balgowlah RSL who are joining us as major Diamond Sponsors and race partners for the second year running. The RSL is such an important hub in our Balgowlah community so be sure to say hi to the team on race day.

Not 'In the loop'?

If you are not receiving our **In the Loop** P&C Newsletter this week then please contact the Office so you can be added to your class list, or contact your Class Coordinator on this list [here](#).

Join our Facebook Group at [Balgowlah Heights Public School P&C](#) If you have any questions about P&C events or initiatives, or would like to find out how you can get involved (we are always happy to welcome new volunteers and members!) please contact Billie, Alison or Diana on bhpsvpcomms@gmail.com.

The P&C Team

Join our Facebook Group at [Balgowlah Heights Public School P&C](#) 

Canteen News

Anyone is welcome any time at canteen. Just choose a day/time that suits you. There are plenty of options available, starting from just 30 minutes. Head over to: <https://www.signup.com/go/LMTmLmv>.

- This week (week 7) is the turn of **5L - Mrs Chester** parents/carers.
- Next week (week 8) is the turn of **2D - Miss Donlan** parents/carers.

TERM 1	Week 7	Monday 9/3 – Friday 13/3	5L – Mrs Chester
	Week 8	Monday 16/3 – Friday 20/3	2D – Ms Donlan
	Week 9	Monday 23/3 – Friday 27/3	1G – Ms Goldrick
	Week 10	Monday 30/3 – Friday 3/4	KD – Ms Daly
	Week 11	Monday 6/4 – Friday 10/4	6R – Ms Caruso

Thanks for your ongoing support.

Sanja Vidaic & Kathrine Baulderstone
Canteen Managers

Uniform Shop

Opening Hours: Tuesday 8.30am - 9.30am
Thursday 2.30pm - 3.30pm

Time to get your Winter Uniform

Please make sure you have your Winter Uniform ready for Term 2, the uniform shop is **closed** during the School Holidays.

Bally Bolt Caps

Misplaced your hat? Remember **Bally Bolt Caps** can be worn at school until The Bally Bolt! Available at the uniform shop - **\$10.00**

Donations Please

Second hand uniforms are in very low supply, please consider donating your outgrown uniforms to the uniform shop. Please make sure they are **current** uniform items in good condition. There are baskets provided outside the uniform shop for drop off anytime.

Loretta Mykityshyn

Uniform Shop Manager

bhpsuniformshop@gmail.com

Arabanoo

Autumn Vacation Care - Out Today

Our Vacation Care forms are out today. The early bird cut off is the Wednesday the **1 April 2020**. Activities include, Sydney Zoo, Food Tour, Bouldering, Tuff Nutterz and the Gruffalo at the Opera House. BHPS students have a one-week priority for booking. Spaces fill up fast so book early to avoid disappointment. Forms are available on our website or in the centre.

After School Activities - Term 2

We are planning after school activities for Term 2. We're looking for an activity for a Thursday afternoon. If your child is coming to Arabanoo on Thursday afternoons and you have any suggestions, please email the office. Rolling Coaches (Skater HQ) are moving to Wednesday afternoons, Eye Heart Science to a Wednesday morning and Mindfulness and Meditation to a Friday morning.

Reading Support - Kindergarten

For kindergarten students who are attending Arabanoo frequently in the afternoons we will be providing a staff member to help with their sight words. If you would like your child to be included in this, please email Arabanoo. Your child's teacher will provide a resource pack for them. We will aim to start this next week.

PMC Meeting – Minutes

The minutes of our first PMC meeting for 2020 are available in the centre.

Rowan Friend

Centre Director

T - 0299 486 722

M - 0421 014 308

E - admin@arabanoo.com

W - www.arabanoo.com


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Music Adapted and Arranged and Additional Music and Lyrics by Bryan Louiselle

Book Adapted and Additional Lyrics by David Simpatico

Based on the 1951 Disney film "Alice in Wonderland" and the novels "The Adventures of Alice in Wonderland" and "Through the Looking Glass" by Lewis Carroll.

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