

# Balgowlah Heights Public School

Excellence and Opportunity



Term 1 Week 6  
4 March 2020

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## Principal's Message

### Term Overviews

A Term Overview will be emailed to all families this week. The Overview details the topics and concepts the students will be studying this term. Please note the Overview is a guide and the topics and concepts may vary. Printed below is an example:

Week	English			Mathematics		HSE History & Geography	PDHPE	Science & Technology	Creative Arts	Japanese	PBL Learning disposition
	Spelling	Reading	Writing	Number and Algebra	Measurement & Geometry, Statistics and Probability						
1	Graphemes: Consolidation	Students will read a range of texts with a variety of intended audiences and purposes with a particular focus on imaginative and persuasive texts.	Students will participate in activities to develop their skills in structuring imaginative and persuasive texts. e.g. paragraphing, using literacy and persuasive devices	Consolidation		Students will study The Australian Colonies; specifically 'life in the colonies' and the 'expansion of the colonies'	PE • Gymnastics with Sports Pro • PSSA sport on Fridays • School sport – basketball and 'Just Dance'	Classes will participate in weekly science lessons taught by Mrs Cartwright	In Term 1 students in Year 5 will participate in activities developing their skills in the areas of visual arts and drama, linking in with the curriculum areas of PDH, history and English	Year 5 will learn to write and deliver a formal speech, introducing themselves and giving some background information	Respect Responsibility Personal Best
2	Graphemes: b; bb	Modelled Guided Independent	Grammar and Punctuation • Sentence types • Run-on sentences (correct use of punctuation)	Whole Number • place value • expanded notation rounding numbers			Over Term 1 students will participate in PDH lessons with a focus on caring for and including others	During Term 1, students will be completing a unit called 'Creators and Destroyers'. Students will learn about how volcanoes and other major geological events occur and how they can affect the earth's surface.			W3 Personal Best
3	Graphemes: a			Multiplication and Division							Responsibility
4	Graphemes: k, c, q, ck, sb, x	Novel Studies • Surviving Sydney Cove • Meet Grace • Mao's Last Dancer									W4 Personal Best
5	Graphemes: e, ee			Addition and Subtraction							Responsibility
6	Graphemes: d, dd			Multiplication and Division							Responsibility
7	Graphemes: l										Respect
8	Graphemes: f, ff, ff										Respect
9	Graphemes: o, e										Responsibility
10	Graphemes: e, ee			Fractions and Decimals • Fractions smaller than quarters							Consolidation
11	Revision										
											Time

### School Invoices

School Invoices were sent home last week detailing program contributions which covers educational programs, sports programs, teaching/learning materials and the P&C Voluntary Contribution for the term. If you require further information you are welcome to contact the school.

### Year 6 to Year 7 Enrolment 2021

Information has been sent home to all families of students in Year 6 in regards to enrolment procedures for high school in 2021. The forms are due for return by Monday 16 March. If you require further information you are welcome to contact the school.

## Cunninghams

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Proud Diamond Sponsor of  
Balgowlah Heights Public School  
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Jodie Lynch | 0407 955 551



Cunninghams



Balgowlah Automotive



## Years K-2 Parent Reading Information Session

Thank you for your attendance at our K-2 Parent Reading Information Session. Thank you also to the teachers for their presentations and involvement. Further information is on page 5 of this week's Newsletter.

## Lots of Socks – World Down Syndrome Day

We will be celebrating Lots of Socks Day on Thursday 19 March. Further information is on page 6 of this Newsletter.

## Specialist Education Programs

In this week's Newsletter information on our school Learning Support Program is provided on page 5.

## Bunnings Barbecue Japan Tour

Last Sunday 1 March a number of students, parents and staff spent the day at Bunnings Balgowlah operating the barbecue. Funds raised from the day will help support the Year 6 Study Tour to Japan and Mallacoota P-12 College which was affected by bushfires earlier this year.



## National Youth Leader's Day

A number of the Year 6 Student Leaders attended the National Youth Leader's Day this week. The students listened and engaged with a number of motivational speakers such as Erin Molan and Rove McManus who shared their experiences. Thank you to the parents who helped transport on the day. Further information is on page 6 of this week's Newsletter.

## P&C

Our next P&C Meeting will be held on Monday 16 March. All parents are welcome to attend. Discussion topics for the night include:

- Mathematics Initiatives

## Selective High School Test

We wish the students in Year 6 sitting for the Selective High School Test on Thursday 12 March all the best. Detailed below is further information on the Selective High School Test.

*Applicants for Year 7 placement in a selective high school in 2021 are required to take the Selective High School Placement Test to be held from 9.00am to 1.30pm on Thursday 12 March 2020. The test centre for students from our school is: Northern Beaches Secondary Collee Mackellar Girls Campus, Campbell Parade & Quirk Road, MANLY VALE NSW 2093*

## Cyber Safety

If your child has a mobile phone, your assistance in ensuring that it has appropriate safety measures and restrictions are in place is appreciated. Further information to assist you in this area may be found at [www.thecybersafetylady.com.au](http://www.thecybersafetylady.com.au).

## Kindergarten Parent Welcome Night

We look forward to the Kindergarten Parent Welcome Night organised by the P&C, to be held at Balgowlah RSL on Friday 6 March commencing at 6.30pm. Further information is on page 7 of this week's Newsletter.

## School Zones

Included in this week's Newsletter on page 4 is information on school zone parking and driving. Your assistance in this area is appreciated.

## Student Representative Council (SRC)

Congratulations to the following students who are our SRC members this year. The students will be presented with their badges at our Years 3 to 6 Assembly on Monday 16 March, commencing at 1.45pm. Parents are welcome to attend this Assembly.

Student Representative Council			
<b>KD</b>	Ed Wicks Bella Smith	<b>3K</b>	Lucas Grant Sophie Magraith
<b>KF</b>	Fredrick Leffler Rose Xie Patrick	<b>3B</b>	Kya Gerrish Alexander Schlechta
<b>KW</b>	Estelle Duggan Charlie Sexton	<b>3R</b>	Mia Allen Cruz Ortega
<b>KRA</b>	Joel Balangcad-Williams Indy Gerrish	<b>3S</b>	Brigitte Bowes Lucas Rosa Dawson
<b>1M</b>	Raymond Bowes Indi Kaye	<b>4S</b>	Isaac Anderson Jessie Mallawaratchi
<b>1W</b>	Cameron Carruthers Maya Bell	<b>4CB</b>	Henry Paul Evie Davis
<b>1R</b>	William Dawson Chloe Cobon	<b>4B</b>	Chloe Long Zachary Lusher
<b>1G</b>	Oliver Swindley Eilidh Home	<b>4K</b>	Angus Griffin Sophia Mooring
<b>1J</b>	Jemima Heath Van Bates	<b>5L</b>	Cayden Ward Jaslyn Plummer
<b>2E</b>	Darren Li Britt Dunne	<b>5V</b>	Eleni Leonov Clyde Sommerville
<b>2F</b>	Megan Holliday Joshua Quinn	<b>5W</b>	Max Devenney Amie Leitch
<b>2D</b>	Astrid Nixey Zach Grant	<b>5S</b>	Joe Mercado Ava McMillan
<b>2J</b>	Frankie Lawler Ethan Farmer	<b>6C</b>	Sophia Sarac Tyson Ely
		<b>6L</b>	Thomas Larcombe Lucie Felsman
		<b>6R</b>	Joe Smith Indianna Mallawaratchi
		<b>6P</b>	Ollie Sherlock Eowyn Williams

## Upcoming Events

Term	Date	Activity	Time
<b>Term 1 Week 7</b>	Monday 9 March	Years K-2 Assembly	1.45pm
	Tuesday 10 March		
	Wednesday 11 March	SportsPro Years 3, 4 and 6	
	Thursday 12 March	Selective High School Test	
	Friday 13 March	Zone Swimming Carnival	
	Saturday 14 March	Band Camp	
	Sunday 15 March	Band Camp	
<b>Term 1 Week 8</b>	Monday 16 March	Years 3-6 Assembly P&C	1.45pm 7.00pm
	Tuesday 17 March		
	Wednesday 18 March	SportsPro Years K, 1 and 2	
	Thursday 19 March	Lots of Socks – World Down Syndrome Day	
	Friday 20 March	Harmony Day National Day of Action Against Bullying	
	Sunday 22 March	Bally Bolt	

Have a great week.

**David Shuster**  
Principal

School zones operate between 8 - 9:30am and 2:30 - 4pm on school days.

The speed limit is 40km in all school zones.

We aim to improve road safety in school zone areas to protect children on their way to and from school.

It's important to understand the road conditions and signage in school zone areas. Please assist us by keeping our roads safe and educating your children to be safe around traffic.

Child safety is paramount and we make no apology for issuing infringements to drivers illegally parked in school zones. We are continuously conducting patrols during school terms to ensure child safety around our schools.

**Please note:**

Penalty rates are current as of 1 July 2018. Demerit points can increase the cost of your Greenslip.

## School Zones

They keep our children safe



### No Parking

No Parking zones can be used to **drop off** and **pick up** children

- Drivers may stop to drop off or pick up passengers or goods for a maximum of 2 minutes.
- The driver **must** remain in or **within 3 metres** of the car
- Do not leave the vehicle unattended



Penalty \$187 and two demerit points

### Bus Zone

Stopping is **not permitted** at any time.

- Drivers are not permitted to stop in a bus zone at any time. Unless, the sign shows times of operation, then the restriction only applies during those times.



Penalty \$337 and two demerit points

### Driveways

Do not park across or on a driveway or any other vehicle access way.

Penalty \$337 and two demerit points



### No Stopping

Stopping is **not permitted** at any time.

- Dropping off or picking up passengers is **not** permitted in these areas.
- A continuous yellow line on the edge of the road also indicates a No Stopping zone.



Penalty \$337 and two demerit points

### Double Parking

Double parking reduces visibility for other motorists and pedestrians.

- Vehicles must not stop next to legally parked vehicles, even for a short time.
- It is illegal to park within three metres of double white centre lines



Penalty \$337 and two demerit points



### “Lots of Socks” - World Down Syndrome Day- Thursday 19 March

World Down Syndrome Day is celebrated on Saturday 21 March each year. This year Balgowlah Heights will use the **Lots of Socks** theme created by Down Syndrome International and celebrate World Syndrome Day on [Thursday 19 March](#).

On this day, we ask that your child wear socks of their choice to school. They can be bright, colourful, short or long, the choice is endless!

During the day, students will be discussing what makes us unique as well as Down Syndrome. We will talk about inclusion and how we can all help each other to feel included.



### K-2 Parent Reading Workshop

Thank you to all the parents who attended the parent reading information session on Monday afternoon. Resources to support reading at home can be accessed via the following link: [Click here](#)

The presentation is also available via the link for those parents unable to make the session. We look forward to commencing our parent classroom helper program in Term 2. Please contact your Class Teacher if you require further information about the classroom helper program or how to support reading at home.

### Learning Support Program

At Balgowlah Heights Public School the Learning and Support Team plays a key role in ensuring we meet the specific needs of students with additional learning and support requirements.

We have been working closely with classroom teachers, providing extra assistance and support that enables students to meet their individual needs.

The Learning and Support Teachers have been busy implementing evidence based, best practice programs from Macquarie University in both literacy and numeracy this Term.

- Selected Year1 students – MiniLit
- Selected Year 2 students – MulitLit
- Selected Year 3 & 4 students – MacqLit
- Selected Year 4 students – Quicksmart Numeracy Program

In addition to these programs, the Learning and Support Team provide direct support for students through a range of strategies including, direct instruction, assessment and monitoring of progress, including the areas of social integration, language and communication, literacy, numeracy and behaviour.

Later in the year, selected students will be involved in the Kindy Lit Literacy Program.

*“Every child has a different learning style and pace. Each child is unique, not only capable of learning but also capable of succeeding” John Meehan*

We are very proud of how hard our students are working this term.

**Mrs Sally Lambooy, Mrs Maria Naylor, Mrs Antoinetta Nicolson, Mrs Michelle Cruickshank and Mrs Claudine Allen  
Learning and Support Teachers**

## Band Camp 2020 – Details and RSVP

It's only 10 more sleeps until all our band members will be gathering for a weekend of music and fun at Band Camp 2020. More information can be found in the parent information pack access via the website – <https://www.bhpsband.com/band-camp>



Please **RSVP ASAP** via the link provided in the information pack. Any questions please contact [bhpsconcertband@optsunet.com.au](mailto:bhpsconcertband@optsunet.com.au)

## National Young Leader's Day

Our Year 6 Leaders spent the day on Monday 2 March at the National Young Leader's Day at the International Convention Centre in Darling Harbour.

During the day they were treated to a packed program with many inspirational speakers. They heard from Erin Molan who spoke about her perseverance and resilience to get her to where she is today, an Australian TV sports presenter with Channel 9. This was followed by Rove McManus an Australian triple Gold Logie award-winning comedian, television and radio presenter, producer and media personality. Rove talked about following your dream which he did and is now an author and illustrator which has been his passion since childhood.

This was followed by Bianca Chatfield an Australian retired netball player. Bianca was selected for the Australian team as an 18-year-old, one of the youngest ever netballers to play for her country. She was also a popular contestant on "The Block". Bianca spoke about having a positive voice and believing in yourself.

The final speaker was John Coutis who is a remarkable Australian who was born with a severe physical disability in which doctors gave him little chance of survival. John has not only defied medical opinion, he has thrived and is acknowledged as one of the world's most inspirational speakers. A truly valuable experience for our young leaders who were inspired to follow their dreams.



**Kelly Lockhart**  
Deputy Principal



## Bally Bolt Fun Run - Get sponsored and raise money for Surf Life Saving NSW

The Year 6 leaders have picked Surf Lifesaving NSW as their nominated charity for the Bally Bolt. We have set up a [BHPS Bally Bolt Team Page](#) If your child would like to get sponsored to take part in the fun run, or volunteer in any capacity. You can ask grandparents/friends/neighbours to donate via this online link, and the children are able to set up their own online page if you want to send it out. Its all explained [here](#).



Thanks to everyone who has entered the Bally Bolt so far! [Click here](#) to register and dont forget to order your snazzy Bally Bolt hat at the same time. All proceeds from ticket and hat sales plus sponsor donations go towards event costs and also towards the planned project to create an outdoor classroom area outside the library plus amphitheatre seating by the netball courts.

## Bally Bolt Fair - Second Hand donations and volunteers please

Take the opportunity to make your trash another's treasure and donate pre-loved toys, clothes (adult and child) and books to the Bally Bolt Fair Second Hand Stall. Please bring any items to the school Office.

The Bally Bolt Fair will need lots of wonderful volunteers so please put your name down by [clicking here](#) to help with a stall, serving food, providing a tombola prize or bringing cakes.

We also need race marshalls between 7.45am - 8.45am on the course. This is an ideal way to get involved if you are not running and its a great way to cheer on our runners. Just add your name to the marshall s tab.

## Kindy Parent Drinks – this Friday 6 March

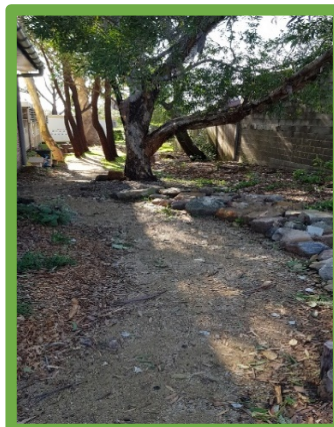
- 6.30pm until late
- Balgowlah RSL Function Room
- Look forward to seeing you there

## School Invoices – P&C Contribution

School invoices have now been sent out and they include a \$50 P&C voluntary contribution per child. This voluntary contribution helps to fund important programs and resources to provide learning support programs such as MiniLit, MultiLit/EIP, MacLit, Quicksmart, mathematics enrichment, wellbeing (\$100,000), new classroom technology (\$20,000), library books (\$15,000) and playground improvements (\$40,000). Please consider paying this voluntary contribution as it makes a real difference to the educational experience of our children.

Last year the funds raised through the P&C contributions and fundraising efforts helped to pay for:

- the new outdoor seating area and water bubblers on the Western campus
- upgrades to the Eastern campus oval and landscaping of the native garden





## Not 'In the Loop'?

If you didn't receive our first **In the Loop** P&C newsletter this week then please contact the Office to ensure you have completed the 'Communications from the P&C' consent form so you can be added to your class list, or contact your Class Coordinator on this list [here](#).

If you have any questions about P&C events or initiatives, or would like to find out how you can get involved (we are always happy to welcome new volunteers and members!) please contact Billie, Alison or Diana on [bhpsvpcomms@gmail.com](mailto:bhpsvpcomms@gmail.com).

## The P&C Team

Join our Facebook Group at [Balgowlah Heights Public School P&C](#) 

## Canteen News

"Millins Meat Monday is next **Monday 9 March**. Get on to Flexischools and scroll along until you find the icon, to order a delicious, gluten free beef sausages generously supplied by our local, free range organic butcher (gluten free bread also available). Orders must be in by **3pm Friday 6 March**. Dont miss out! (no pasta available to order on that day).

A very big thank-you to the parents and carers of 4B who are volunteering at canteen this week. A special thank-you to those parents who volunteer even when its not your allocated week. We appreciate your time and effort.

Want to see what goes on in a healthy canteen? Come visit us any time. You can just pop in or sign up at: [Click here](#)

- This week (week 6) is the turn of **4B - Ms Bonadio** parents/carers.
- Next week (week 7) is the turn of **5L - Mrs Chester** parents/carers.

<b>TERM 1</b>	Week 7	Monday 9/3 – Friday 13/3	5L – Mrs Chester
	Week 8	Monday 16/3 – Friday 20/3	2D – Ms Donlan
	Week 9	Monday 23/3 – Friday 27/3	1G – Ms Goldrick
	Week 10	Monday 30/3 – Friday 3/4	KD – Ms Daly
	Week 11	Monday 6/4 – Friday 10/4	6R – Ms Caruso

Thanks for your ongoing support.

**Sanja Vidaic & Kathrine Baulderstone**  
Canteen Managers

## Uniform Shop

**Opening Hours: Tuesday 8.30am - 9.30am**  
**Thursday 2.30pm - 3.30pm**

### Term 2- Winter Uniform

Please make sure you have all your Winter Uniform requirements by **Week 10**. The Uniform Shop is **closed** during School Holidays.

### Hair Accessories

Scrunchies, Bow Clips and Alicebands are all in stock.

### Bally Bolt Caps

Misplaced your hat? Remember **Bally Bolt Caps** can be worn at school until the Bally Bolt - available at the Uniform Shop for **\$10.00**.

### Donations Please

Second Hand Summer Uniforms are in very low supply, please consider donating your outgrown uniforms to the Uniform Shop. Please make sure they are current uniform items in good condition. There are baskets provided outside the Uniform Shop for drop-off.

**Loretta Mykityshyn**  
Uniform Shop Manager  
[bhpsuniformshop@gmail.com](mailto:bhpsuniformshop@gmail.com)

## **Wet/Muddy Play - Spare Clothes**

We have had a number of children requesting wet/muddy play which we are totally up for but we would love you to provide your children with a spare pair of clothes please. Some pants, top and gum boots or old trainers would be perfect. Please clearly label clothing and footwear and we can store it at the centre for rainy days.

## **Vacation Care - Out next week**

Another fun filled vacation care program will be available for booking next Wednesday 11 March. Activities include, Sydney Zoo, Food Tour, Boulderling, Tuff Nutterz and the Gruffalo at the Opera House. Balgowlah Heights Public school students have a one week priority for booking. Spaces fill up **fast** so book early to avoid disappointment.

## **Reading Support - Sight words**

For kindergarten children who are attending Arabanoo frequently in the afternoons we will be providing a staff member to help with their sight words and home reading. If you would like your child to be included in this please email Arabanoo and your child's teacher will provide a resource pack for them. We will aim to start this in the next couple of weeks.

## **PMC Meeting – Minutes**

Our first PMC meeting of 2020 minutes will be emailed out next Wednesday 11 March and will be available in the centre.

## **Save our Number - Add Contact**

Are you at work around 3:15pm and your mobile rings from a funny mobile number? It's probably Arabanoo. Please save our mobile number as we not only use our landline to contact you if your child hasn't arrived in the afternoon - **0421 014 308**.

**Rowan Friend**

**Centre Director**

**T - 0299 486 722**

**M - 0421 014 308**

**E - [admin@arabanoo.com](mailto:admin@arabanoo.com)**

**W - [www.arabanoo.com](http://www.arabanoo.com)**



## Part-Time Work

1x Permanent Part-Time position – St Mary's Catholic School – 00007MV3

### Help protect our vibrant school communities

#### Become a School Crossing Supervisor!

- Keep our kids, parents and teachers safe on the road
- Be a second pair of eyes for our local motorists
- Earn an income and still have time to live your life to the fullest

School crossings require 20 hours of supervising per fortnight. Shifts fall between 8:00am - 9:00am and 2:30pm - 3:30pm, Monday to Friday during the school term.

#### Does this sound like you?

- ✓ Reliable in good or bad weather
- ✓ Good communication skills
- ✓ Community spirit
- ✓ Positive energy

If it does, visit [iworkfor.nsw.gov.au](http://iworkfor.nsw.gov.au) to apply today!

Applications close: Sunday, 8<sup>th</sup> March 2020



Noteable  
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# Disney Alice in Wonderland JR.

Music and Lyrics by Sammy Fain and Bob Hilliard, Oliver Wallace and Cy Coban, Allie Wrubel and Ray Gilbert, Mack David, Al Hoffman and Jerry Livingston

Music Adapted and Arranged and Additional Music and Lyrics by Bryan Louiselle

Book Adapted and Additional Lyrics by David Simpatico

Based on the 1951 Disney film "Alice in Wonderland" and the novels "The Adventures of Alice in Wonderland" and "Through the Looking Glass" by Lewis Carroll

Licensed exclusively by Music Theatre International (Australasia). All performance materials supplied by Hal Leonard Australia.



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## Live Life Well @ School

### HEALTHY SCHOOL CELEBRATIONS



From birthdays to holidays, there are many celebrations in schools. Each student's birthday can mean multiple birthday cakes and party foods in the classroom...

#### Let's help kids celebrate with some FRESH ideas:

##### Hello Creativity

Make a birthday sign, stickers or a badge for your birthday boy or girl to wear

##### Eat a Rainbow

Pack a NEW fruit or vegetable for Crunch & Sip for the whole class to try or send in fruit kebabs or a fruit platter

##### Move More

Think of presents that help kids get active at recess or lunch – balls, frisbee, skipping rope

##### Mini Masterchef

Whip up some tasty fruit or veggie mini muffins or pikelets. Search for recipes at [www.cancercouncil.com.au](http://www.cancercouncil.com.au)

More tips:  
[www.healthykids.nsw.gov.au](http://www.healthykids.nsw.gov.au)



Health  
Northern Sydney  
Local Health District



## Get on & Rock!



### Special Term 1 offer

The Music Bus has specialised in primary school music education for over 25 years and delivers a diverse music program which primes the brain for learning across all keys areas of development.



only \$20 per week (\$22 for Drums)

Quote  
"10 Term 1"  
to Receive  
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**BOOK NOW!**

Phone 1300 168 742 or  
visit [www.themusicbus.com.au](http://www.themusicbus.com.au)

Limited space available so be sure not to miss out.

\* Available for phone sales only