

THE HEIGHTS

Term 4 | Week 10 | 16 December 2020



Connect | Succeed | Thrive

Balgowlah Heights
Public School



PRINCIPAL'S MESSAGE

I wish all families a Merry Christmas, Happy New Year and wonderful holiday period. To families who are finishing at our school this year and to our 108 Year 6 students, we wish you all the best for the future.

Student Requirements 2021

An email has been sent home detailing Student requirements we would like each of the students to have for the beginning of next year. Significant work has gone into making the lists as common as we can across the school to reduce wastage and reducing the number of items to be purchased. The items on the list may be purchased from your choice of retailer or through Humphreys.

Christmas Carols

The link for our Virtual Christmas Carols was sent to all families. Enjoy the wonderful performances of the students.



PRINCIPAL'S MESSAGE

Talent Quest

Congratulations to all the students who participated in our Talent Quests. The students performed well and entertained the crowds who watched.



PRINCIPAL'S MESSAGE

Year 6 Farewell

Thank you to Mrs Jans, Mrs Masters, Mrs Eggleton , Mrs Lane and the Year 6 teachers for organising and providing an excellent Year 6 Farewell. The students had a great time.



Gold Award Recipients

Congratulations to the students who received their gold awards last week.

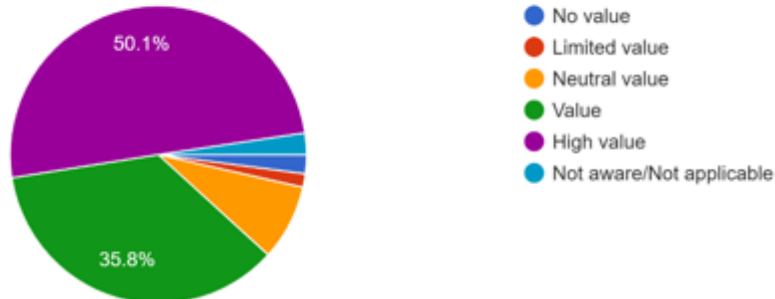


PRINCIPAL'S MESSAGE

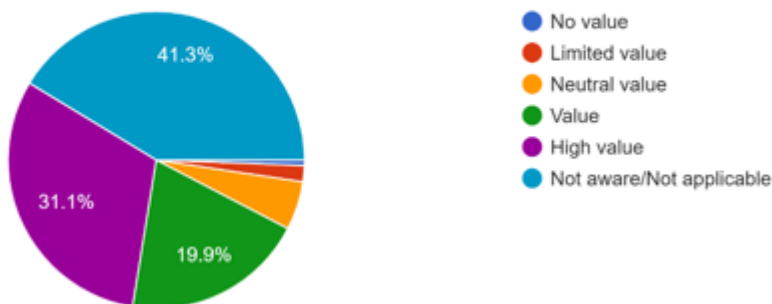
Parent School Survey

Results of the final section of our School Survey on student wellbeing are published below.

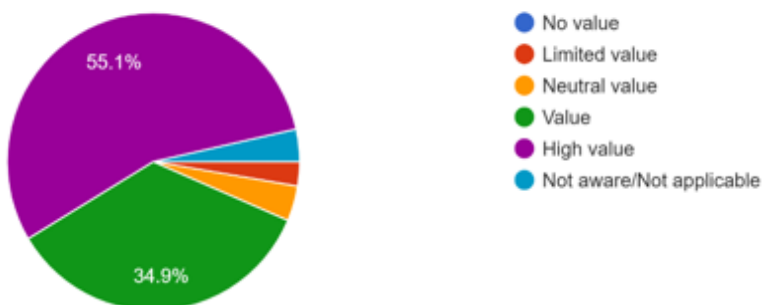
PBL (Positive Behaviour for Learning)



Bounce Back

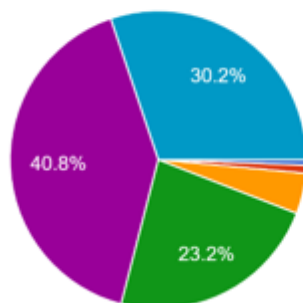


Buddy Program

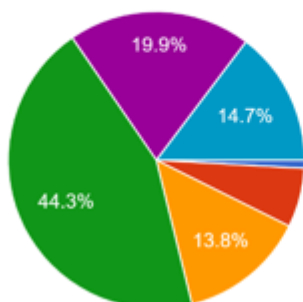


PRINCIPAL'S MESSAGE

Student Leadership Program (Years 5 & 6)



School Newsletter articles (Wellbeing Corner)

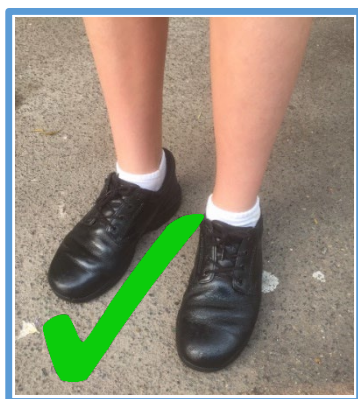


Wellbeing Analysis and Recommendations

- PBL Program is highly valued
- Bounce Back – a lot of parents are not aware of this program
- Buddy Program is highly valued
- Wellbeing Corner is valued
- Student Leaders Program is highly valued but a lot of parents are not aware of the program
- PBL Award system requires further investigation
- Buddy Program is highly valued but could be enhanced significantly

School Uniform | Shoes

It would be appreciated if all students are attired in their Balgowlah Heights school uniform. This includes black shoes (no white soles, coloured brand markings or coloured laces) to be worn on all days other than the nominated sport days. Your assistance is appreciated.



PRINCIPAL'S MESSAGE

Upcoming Events

Term	Date	Activity	Time
Term 1 Week 1 2021	Tuesday 26 January	Australia Day	
	Wednesday 27 January	School Development Day	
	Thursday 28 January	School Development Day	
	Friday 29 January	Students in Year 1-6 commence Term 1 (except for Year 5 OC) Opportunity Class Orientation Day Kindergarten Best Start	9:00am 11:00am

David Shuster | Principal

SCHOOL NEWS

Waste Free Wednesday Winners | Week 9

Congratulations to our Years K-2 and Years 3-6 class winners for being Waste Free in Week 9. Well done to the rest of our school. Let's keep working on having zero waste.

Years 3-6 Winner | 5V



Years K-2 Winner | 1J



Rosie Caruso | Sustainability Coordinator

Nihongo News | Japanese

Thank you for your support of the Japanese program at our school this year. Detailed below is the focus for each grade.

Kindergarten we explored colours. This was taught in conjunction with the teaching of Auslan (sign language).

Year 1 we looked at cultural celebrations and their importance in the development of our social and emotional wellbeing and sense of belonging. Two festivals we participated in recently were the 'Undokai' (traditional sports carnival) and 'Obon' (Festival of the Souls) where we learned and performed a traditional folk dance.



Year 2 we discovered the history of haiku and produced a hanging scroll using traditional brush and ink. The goal here was to enhance student engagement with and appreciation of their environment and simple joy gained from being in and connecting with nature.

Year 3 we consolidated their learning of hiragana script and were introduced to animated works of the Ghibli Studio through Miyazaki's classic (and Sensei's favourite movie) Totoro. Students watched the movie in Japanese as this assists listening and comprehension skills and improves pronunciation.

Year 4 we engaged in Sumie (sumi = ink + e = painting). Students gained an understanding of the importance of focus, discipline, technique and practice to produce some outstanding artworks. They also created their own original signature stamps (hanko) using recycled products.

Year 5 we focused on manner and etiquette and learned what to do and not do with their ohashi or (chopsticks) including how to hold them correctly. They were then given the challenge to produce their own ohashi oki (chopstick rests) and/or create their own obentou (lunchbox). We finished the term making and decorating omusubi (rice balls).

Year 6 we finished the year with a mini sumo tournament after the final analysis of their personal interest projects were complete. As we all learned, success requires time, effort and commitment. The more we put in the more we gain.

Next year is year of the Ox/Cow. Congratulations to our New Year Card Design winners for 2021. Have a safe and happy festive season and best wishes for the year ahead in 2021.

Sensei Palmer | Japanese Teacher



Kindergarten – explored colours



Year 1 – Traditional Sports Carnival



Year 1 – festival of souls



Year 2 – hanging scroll



Year 4 – Sumi painting



Year 4 – creating signature stamps



Year 5 – making chopstick rests



Year 5 – decorating rice balls



Year 5 – decorating rice balls



Year 6 – mini sumo tournament



Year 6 – New Year Card Design Winners Year of the Ox/Cow



OPPORTUNITIES FOR HIGH POTENTIAL AND GIFTED STUDENTS

Year 7 High Potential & Gifted Education Academic Placement Test 2022 Intake

Placement in the Year 7 High Potential & Gifted Education classes at NBSC Balgowlah Boys, NBSC Cromer and NBSC Mackellar Girls Campuses is subject to the child's eligibility to attend the school, submission of an application form and based on supporting evidence including the results achieved in the NBSC Academic Placement Test.

Please Note: Students eligible to enrol at NBSC Cromer Campus will be required to sit for the Peninsula Community of Schools (PCS) external academic test.

Placement at NBSC Manly Campus is based on a student's performance in the NSW Selective Schools Test.

APPLICATION FORMS: Download from the Northern Beaches Secondary College website - <http://www.nbsc.schools.nsw.edu.au/> - go to Curriculum Opportunities/Year 7 High Potential & Gifted Education Academic Programs. These are also available on each campus website.

CLOSING DATE FOR APPLICATIONS

Friday 19 February, 2021 by 4.00pm

Students are required to sit the test at the NBSC Campus designated as their local school
(Refer to *NSW Public School Finder* to confirm designated local school)

NBSC Balgowlah Boys Campus - 27 Maretimo St, Balgowlah

NBSC Cromer Campus - 120 South Creek Rd, Cromer

NBSC Mackellar Girls Campus - 11 Campbell Pde, Manly Vale

HP&GE ACADEMIC PLACEMENT TEST DATE: Thursday 18 March 2021 at 9.00am

Further information regarding the Academic Placement Test, please contact:

NBSC Administration Centre	Sandra Bonello	T : 9939 6942
NBSC Balgowlah Boys Campus	Melinda Smith	T : 9949 4200
NBSC Cromer Campus	Alanah Ferguson	T : 9981 1155
NBSC Mackellar Girls Campus	Wendy Mailey	T : 9949 2083

Other High Potential & Gifted Education Programs offered at NBSC

For information regarding other talented programs, visit the relevant campus websites:

NBSC Balgowlah Boys Campus <https://nbscbalgb-h.schools.nsw.gov.au/> (Talented Music Program)

NBSC Cromer Campus <https://nbscromer-h.schools.nsw.gov.au/> (Talented Music Program)

NBSC Mackellar Girls Campus <https://nbscmgirls-h.schools.nsw.gov.au/>

(Talented Athlete, Dance, Music and Visual Art Programs)

NOTE: Enrolment into High Potential & Gifted Education programs is subject to the child's eligibility to attend the school and the school's ability to accommodate the child.

UNIFORM SHOP NEWS

Opening Hours

Tuesday: 8:30–9:30am

Thursday: 2:30–3:30pm



RE-OPEN: Tuesday 2 February 2021 – 8:30-9:30am

The Uniform Shop is now **CLOSED** for School Holidays

Second hand donations - Please consider donating your outgrown uniform items to the Uniform Shop, there is great demand for second hand items at this time. Just drop off in a bag at the Administration Office. All items unable to be sold will be recycled through the Worn-Up program.

Returns Policy - Within **28 days** of purchase for refunds or exchanges, together with a copy of the receipt. Returned goods will only be accepted in resale condition: unworn, unwashed, unmarked with tags attached in **original packaging**, not the classroom delivery packaging.

Thank you to all the awesome Uniform Shop Volunteers 2020, if you'd like to join the Shop Volunteers in 2021 please email bhpsuniformshop@gmail.com with your preferred day (Tue/Thurs) and how many days per Term suits (1,2,3...) Thank you and enjoy the holidays!

Loretta Mykityshyn | Uniform Shop Manager

bhpsuniformshop@gmail.com

ARABANOO NEWS

Summer Vacation Care | fully booked

All days on vacation care are unfortunately fully booked with waitlists. Please email us to be added to the waitlist.

Farewell Matt | good luck

Another Arabanoo legend is flying the nest, Matt has secured a fantastic new role as Assistant Director at a local OOSH. We've been very lucky to have Matt with us for two years and we're so pleased to see him progress to his new role. We wish him all the best and will miss his fantastic organisation, calm demeanour and huge enthusiasm.

Christmas Operating Hours | office closed

The Arabanoo office will be closed from Wednesday 23 December-Tuesday 5 January. No emails or messages will be checked or answered during this period.

Enrolments for 2021 | check your email

Mariah has been sending out spots for 2021, keep an eye on your email and respond so we can offer other families places if you no longer require care.

Changes to contact details | QK Enrol

If you have changes to contact details you can edit these by logging into QK Enrol with your My Family Lounge log in details. Please note, if you wish to delete an authorised person, this can only be done via emailing us.

Rowan Friend | Centre Director



COMMUNITY NEWS



MANLY WARRINGAH BASKETBALL

JANUARY HOLIDAY CAMP

COME ALONG AND LEARN BASIC, FUN SKILLS

DATES: 20.21 & 22ND JANUARY 2021

TIME: 5 to 9 Yrs old 9:00 to 12:00pm

10 to 14 Yrs old 1:00 to 4:00pm

VENUE: Northern Beaches Indoor Sports Centre

AGES: broken into age groups

COST: \$105 (if camp is cancelled, total refund)

NO SINGLE DAYS MUST PAY FOR 3 DAYS

PLEASE BRING OWN SNACK & WATER

Due to Covid-19 restrictions there will be limited numbers, & No spectators. MWBA will provide sanitised balls on the day. No balls to enter the stadium.

HTTPS://WWW.TRYBOOKING.COM/BMZIV



MWBA PINK BALL

TERM 1 2021

FOR GIRLS 10-15 WHO WOULD LIKE TO LEARN BASKETBALL SKILLS WITH FEMALE COACHES.

DATES: SAT 6th Feb to 27th March, 2021

TIME: 1:30-2:30 PM

VENUE: NORTHERN BEACHES INDOOR SPORTS CENTRE

COST: \$100 INCLUDES A PINK BALL

Only 40 tickets available due to covid restrictions.

Active kids vouchers welcome.

Please email voucher to: mwba@manlybasketball.com.au with your child's

DOB and a code will be sent to you to void payment.

To Book: <https://www.trybooking.com/BMTPR>



BASKETBALL AUSTRALIA'S OFFICIAL JUNIOR GAME DEVELOPMENT PROGRAM FOR 5-10 YEAR OLDS AND THEIR FAMILIES

Vicinity Centre Aussie Hoops is all about learning to play basketball in a fun and safe environment. Our national coaching curriculum and sequentially developed program consists of warm-up games, skill activities and modified games all delivered by accredited coaches. We invite you to explore our website and welcome you to the Australian basketball community.

REGISTER NOW

No Spectators
Limited Numbers

Dates: Sunday 7th Feb to 28th March, 2021

Time: 9:00-10 am

Ages: 5-10 years old, boys & girls

Cost: \$160 New Participant (includes \$45 starter pack + pit)

\$110 Returning Participant

Venue: NBISC, Jacksons Rd, Warriewood

Head Coach: Jerome Lee

Booking: <https://aussiehoops.com.au/find-a-program>



Learn the skills of Basketball in a fun learning environment with qualified coaches.

Every Saturday during the school term.

Must pre-book.

Booking closes 2pm, Friday before session.

Ages: 5-12 yrs 2:30-3:30

Broken into groups according to age and ability.

Venue: Northern Beaches

Indoors Sports Centre

Cost: \$12 per week or

\$90 for 8 weeks..

Saturday Learn To Play

TERM 1 2021: 6TH FEBRUARY TO 27TH MARCH 2021

To Book: <https://www.trybooking.com/BMTQA>



LEARN HOW TO IMPROVISE and take your music to another level.

Northern Beaches Secondary College offers an Improvisation Program (Music) like no other. Students learn how music works and how to improvise. They learn to make their own music - finding their 'voice' - by combining theoretical understanding and how to put it into practice.

Throughout the **Improvisation Program @NBSC Music** students learn about scales, modes and harmony and how to use these in various music styles (such as rock, jazz, blues, classic, pop). They practice basic to advanced improvisation in a small band with individualised tuition.

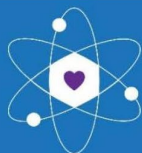
If your child enjoys playing an instrument in a band setting and likes a challenge, then the **Improvisation Program @NBSC Music** is for you!

2021 ENROLMENTS ARE NOW OPEN

Visit the Northern Beaches Secondary College website, College Opportunities, for further information and to download the application form.

<https://nbcs.schools.nsw.gov.au/>

Improvisation Program @NBSC Music



eye • heart • science
Igniting young minds to think

Young Investigators Hands-on Science Club

Term 1 2021

Registrations now open



Suitable
For K-6



Balgowlah Heights Public School hands-on science club

TERM 1 TOPIC: Great Scientists!!

Experiments will include crystals, radioactivity, dinosaur poop and much more!!!

When: Mondays 7:30 to 8:30am

Dates: 1 Feb - 29 Mar

Where: On site

Cost: \$220 (CK vouchers accepted)

<https://www.eyehartscience.com.au/term1-2021>

