

THE HEIGHTS

Term 4 | Week 2 | 21 October 2020



Connect | Succeed | Thrive

Balgowlah Heights
Public School



PRINCIPAL'S MESSAGE

Staffing

We welcome Mrs Mel Mulvena who will be working in the school office on Wednesdays for the remainder of this term whilst Mrs Obern is on leave for these days. Ms Danielle Irish also joins us as a new Learning Support Officer (LSO).

Parent School Planning Survey

We are planning for a new school plan which will operate for the next four years at our school. To assist in determining our priorities we would very much welcome your opinions in the areas of:

- Programs
- Communication
- Student Wellbeing
- Student Progress
- School Motto

If you have more than one child at our school and have different experiences for each child you are welcome to complete the survey more than once. It would be appreciated if the survey could be completed by **Friday 6 November**. The results of the survey will be shared later this term. The survey link will be emailed to you on Friday (23 October) of this week and will be discussed at next week's P&C Meeting.

P&C

The first meeting of the P&C Association for this term will be held using Adobe Connect on Monday 26 October, commencing at 7.00pm. Discussion topics include:

- School Plan 2021-2024 (Strategic Improvement Plan)
- Parent Survey

To register for the meeting please click on the link below. This link also provides the opportunity for you to detail questions you would like addressed <https://bit.ly/3nJcOWH>.

Tell Them from Me Parent Survey

Thank you for your assistance by completing the Tell Them from Me Parent Survey. We had 107 responses which we will be analysing and sharing the feedback later this term.

PRINCIPAL'S MESSAGE

Kindergarten 2021 Information Sessions

Due to COVID-19 restrictions we have replanned our Kindergarten Orientation program for Term 4. Information will be emailed to all families involved. The program will now involve two parent Information Sessions, an online site for the children which will contain a range of activities and two student visits. Further information is on Page 14 of this week's Newsletter.

Selective High Schools 2022

Applications for students in Year 5 who wish to apply for a Selective High School (Year 7) in 2022 are now open. Applications close on **Monday 16 November** and must be completed online via link below. Late applications will not be accepted. An Intention to Apply letter has been emailed to all Year 5 families providing further information.

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>

ICAS English Competition

Congratulations to all of the students who entered the ICAS English Competition. On page 4 of this week's Newsletter are the results.

Book Week

Congratulations to the students and staff for their involvement and creativity in our Book Week celebrations.



PRINCIPAL'S MESSAGE



Upcoming Events

Term	Date	Activity	Time
Term 4 Week 3	Monday 26 October	P&C Meeting	7:00pm
	Tuesday 27 October	Year 5 Student Leaders EOIs due Kindergarten 2021 Packs collection	9:15-10:00am
	Wednesday 28 October		
	Thursday 29 October	Kindergarten 2021 Packs collection Kindergarten 2021 Parent Information Night 2 (Adobe Connect)	2-2:45pm 7:00pm
	Friday 30 October	World Teachers' Day	
Term 4 Week 4	Monday 2 November	Year 6 Camp at Collaroy Kindergarten 2021 Transition Activities (site opens) onsite	
	Tuesday 3 November	Year 6 Camp at Collaroy	
	Wednesday 4 November	Year 5 Student Leaders EOI Presentations	
	Thursday 5 November		
	Friday 6 November	Parent School Plan Survey due	

David Shuster | Principal



English ICAS - Assessments

In Term 3 students elected to sit the English ICAS assessment. These are online assessments designed to recognise and reward academic excellence. Congratulations to all participants. The following students received a Distinction.

Distinctions			
Year 3	Year 4	Year 5	Year 6
Josie Clarson	Kaia Dawson Annabelle MacLeod Elliot O'Brien Henry Paul James Stow	Charlie Andersen Thomas Bradley Alexander Burns Henry Cannon Daria Coleman Sophie Elliott Lielle Fane Elodie Melvin Jaslyn Plummer Georgia Richards Kai Sawaki Stephanie Smart Jasmine Smith Cayden Ward Ava Wellings	Carla Anderson Jarod Binley Chloe Breden Byron Cahill Dexter Carr Mylo Davies Aidan Gilbert Nela Hornikova Rufus Hunter Zarina Nestel Alexander Stanojevic Nicholas Thornley Finley Vaughan

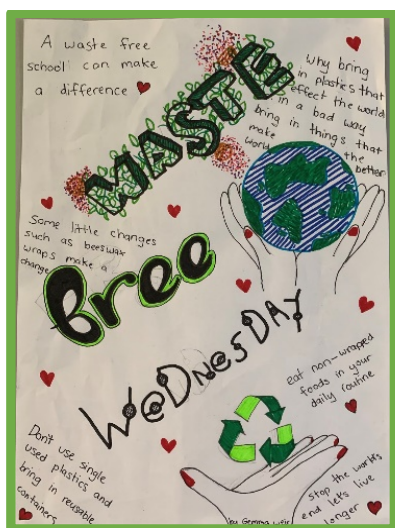
Special congratulations go to the following students who were awarded a High Distinction which placed them in the top 1%. Their certificates will be presented at Recognition Assembly on Monday 7 December 2020.

High Distinctions	
Year 3	Year 5
Lucie Coventry	Taylor Journeaux

**Kelly Lockhart | Deputy Principal Rel.
ICAS Coordinator**

Waste Free Wednesday Certificate Competition

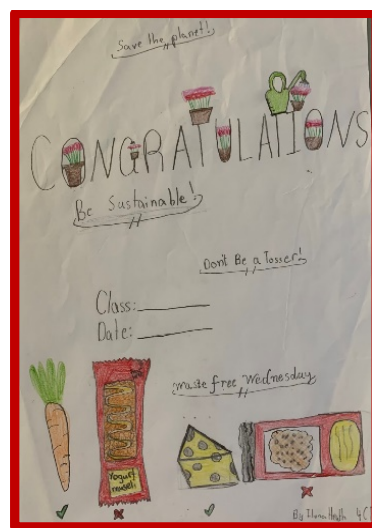
Thank you so much to all the students who entered the Certificate Competition! We enjoyed looking at the entries and were amazed by the creativity and designs of so many of the certificates! It was really hard to just pick 5! Our 5 winners are:



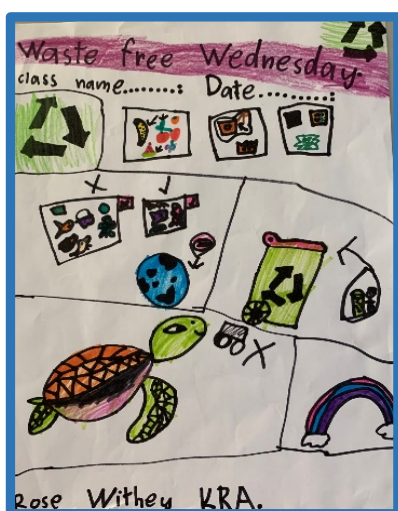
Gemma Weir (5W)



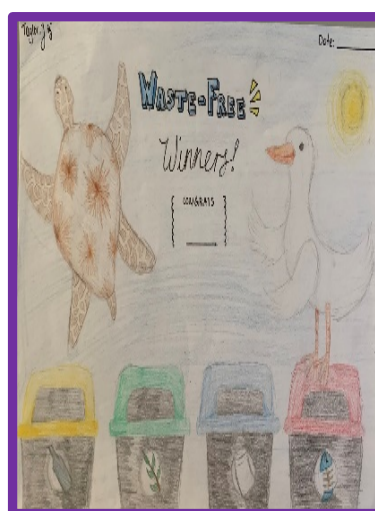
Mika Lim (1M)



Ilona Heath (4CB)



Rose Withey (KRA)



Taylor Journeaux (5L)

Waste Free Wednesday

As part of the school's initiative to become sustainable and reduce our waste, we are reinstating Waste Free Wednesday for Term 4. This will start in Week 3 on **Wednesday 28 October**.



Each week on Wednesday, we ask that students come to school with no waste in their lunch boxes. This includes snack wrappers, plastic wrap, foil and zip lock bags.

Every Monday, the winner will be announced and the winning classes from Years K-2 and Years 3-6 will receive a certificate and a Waste Free Wednesday mascot (they are still to be named - see below for more information). The classes will also be announced in the school newsletter every week with a photo of them with the mascots.

At the end of the term, the classes that have done the best job in having as little waste as possible will also get a special reward. This will be announced later in the term.

We need your help - our Waste Free Mascots need a name!

If you have any suggestions as to what to name our beautiful Mascots, please let your classroom teacher know. All names will be considered and the winning names will be announced in the school newsletter.



K-2 Mascot



3-6 Mascot

Thank you for your continued support and looking forward to seeing less waste in our school.

Miss Caruso | Ms Veney | Mrs Kirwan
Sustainability Coordinators

SCHOOL NEWS

BHPS has partnered with **WORN UP** to help reduce the amount of textile waste that ends up in landfill. Keep reading to find out more about the initiative:

WORN UP is a sister business to Sustainable School wear, which has been making school and corporate uniforms for over 5 years. As an Australian business we're working toward putting in place as many sustainable practices as we can. **WORN UP** was born from that process and is a step toward our business eventually becoming circular:

- We estimate that each school discards about 100 - 200kg of non-wearable uniforms per year.
- This means that potentially over 2000 tonnes of uniform textiles are ending up in Australian landfill.
- Add to this unwearable corporate and sporting club uniforms and you can see the problem.

Most large companies have over 1000 people in uniforms and these uniforms are used nearly every day. Once they have become unwearable and are put into landfill, they can take up to 100 years to breakdown.

- **500 million kilos of textile waste are put into landfill each year globally**
- **What Can You Do?**
- **MAKE AN IMPACT - TURN YOUR NON-WEARABLE UNIFORMS INTO NEW PRODUCTS**

WORN UP will collect the uniforms from our school and turn them into new products such as acoustic tiles or furniture. Imagine your old school uniforms being transformed into **new school desks!**
Drop your non-wearable uniforms to the Admin Office labelled 5V classroom.

Shona Veney
Sustainability Coordinator

WELLBEING CORNER

Positive Behaviour for Learning Merit Awards

Congratulations to the following students who have achieved their Silver Awards for demonstrating the school values of respect, responsibility and personal best. The Silver Award acknowledges students who have received a total of 7 mini merit awards this year and have exceeded Bronze Award level.

Silver Awards			
Kindergarten	Year 3	Year 4	Year 5
Joel Balangcad-Williams (KRA) Thomas Arkless (KF)	Breeze Mee (3K)	Lucas Wood (4CB)	Zoe Rheinberger (5V) Elodie Melvin (5V) Sofia Lawrey (5V)

Emily Rhodes | Deputy Principal



LIBRARY NEWS

Welcome to Book Week 2020

Book Week looks a little different this year. However, we were fabulous on our Mufti Day. I have challenged the teachers to outdo each other with their costumes. Did they achieve this? See photos below.



Of course, students at Balgowlah Heights Public School love to get in the spirit of the day.....I heard many a plan and costume design in the last few days.



LIBRARY NEWS

The guessing competitions are ongoing this week with the winners announced the following week.



Our Truffula trees from The Lorax by Dr Seuss were a hit!



Book Week Award Winners

Overdue notices were given out in the last few days. Please check at home and if you are unsure please contact me in the library.

Happy reading and happy Book Week!

Roslyn Elliott
Teacher | Librarian

P&C NEWS

The P&C online meeting is at 7pm this coming Monday 26 October

Got an opinion about the school uniform? Want to find out more about how P&C funds are allocated? Interested to hear what the school is planning in Term 4 and beyond? Simply log on to next Monday's P&C meeting and have your say.

Planned discussion topics include:

- School Plan 2021-2024 (Strategic Improvement Plan)
- Parent Survey
- P&C Executive Team vacancies for next year

To register for the meeting please click on the link below. This link also provides the opportunity for you to include any questions: <https://bit.ly/3nJc0WH>. To attend the meeting, the Adobe Connect Meeting URL is: [click here](#)



P&C NEWS

Lunchbox recycle saves 18kg of plastic and metal

A huge thank you to Felicity Stevens and her many helpers who washed and re-homed more than 18kg of plastic and metal lunchbox containers that would have ended up in recycling or landfill. The Great Lunchbox Recycle held at the end of last term also helped raise \$118.95 for the P&C and the school.

Thank you to everyone who participated, whether selling or buying. What a great way to teach our children about the importance of reusing rather than discarding.

If you have any questions about the P&C or would like to be involved in any way, please feel free to contact Alison at bhpsvpcomms@gmail.com. Like the [BHPS P&C Facebook Page](#) and join the private [BHPS Facebook Group](#) to keep up to date with P&C news and events.

Have a great first week back!

The P&C Team

CANTEEN NEWS

Halloween Cupcakes are back!

To order your special handmade spooky cupcake, head over to Flexischools and look for the Halloween Cupcake icon.

Orders close on Wednesday 28 October. Cupcakes will be delivered at recess on Thursday 29 October. All orders must be placed through Flexischools (no cupcakes will be sold over the counter this year.)

Sanja Vidaic and Kathrine Boulderstone

Canteen Managers

healthycanteenbhps@gmail.com



UNIFORM SHOP NEWS



Opening Hours

Tuesday: 8.30am - 9.30am

Thursday: 2.30pm - 3.30pm

Uniform Shop Entry: please check in with the **Admin Office** for a **Uniform Shop Pass and sign in.**

**** Polos and Sports Polos are now back in stock ****

Uniform Donations

If you have any outgrown **current** BHPS uniforms in great condition, please drop them off at the Administration Office. No hats, hair accessories or socks/hosiery. **Second hand** items are only available in person in the Uniform Shop.

Returns Policy

Within **28 days** of purchase for refunds or exchanges, together with a copy of the receipt. Returned goods will only be accepted in resale condition: unworn, unwashed, unmarked with tags attached in **original packaging**, not the classroom delivery packaging. Socks and hosiery must be unopened. There are no returns or exchanges on hats, hair accessories and second-hand items.

Loretta Mykityshyn | Uniform Shop Manager

bhpsuniformshop@gmail.com

ARABANOO NEWS

Survey Monkey - have your say

Thank you to the 123 families who have completed our short Summer Vacation Care Survey. At present it looks like we will **NOT OPEN** on the 5 / 6 / 7 January 2021. If you haven't already completed the survey and need care on those days, please make sure to follow this link to have your say:
<https://www.surveymonkey.co.uk/r/PKQJX2T>

After School Activities - booking required

Arabanoo will be running extra-curricular activities in term 4. Email us for booking forms or download from our website.

- Monday - Yoga and Mindfulness
- Monday - Art Master Class **NEW**
- Tuesday - Tinker Tank **FULL**
- Wednesday - Rolling Coaches (Skater HQ)
- Thursday - Eye Heart Science
- Friday - Karate (Organised by Key Martial Arts, contact them on 1300 304 532 if you want to book your child in. Please complete the attached extra-curricular permission form if your child is attending karate)

Your child can only attend these activities if they are booked in with Arabanoo for the session the activity takes place. Make sure to complete and return the waiver for Yoga & Mindfulness and Rolling Coaches if you sign your child up.



ARABANOO NEWS

Enrolments for 2021 - new kindergartens

If you are wishing to send your child to Arabanoo next year (new kindergartens) and they are not enrolled, please do so via your My Family Lounge log in. Please **DO NOT** create a new enrolment if you have children already attending, simply add them to your existing enrolment.

28 for Twenty Eight - thank you

The children and staff are still going with their daily morning and afternoon meditation. Thank you to those families who have donated to Lifeline so far, we are almost at our target of \$560. Follow this link: <https://lifelinenb.grassrootz.com/28-for-twenty-eight/arabanoo-oosh> to donate.

Parents | Carers Onsite - sign in | out

We are continuing to keep pick up and drop off at the main school gate and appreciate your patience while we get the children from their activity and bring them down to you for pick up. If there isn't a staff member on the gate please call the office and someone will pop down. The juniors will continue to spend the afternoon on the senior campus for the time being.

Contact us

T - 0299 486 722

M - 0421 014 308

E - admin@arabanoo.com

Rowan Friend | Centre Director

COMMUNITY NEWS



WE'RE COVID SAFE

1-28 NOVEMBER

2020 MINI-MOS UNSTOPPABLE FUN RUN

2K • 5K • 10K

FOUR WEEKS TO JOIN THE FUN, RUN AS MANY TIMES AS YOU LIKE

ADULT \$15 CHILD \$10 REGISTER NOW!

LOT'S OF PRIZES TO BE WON!

REGISTER AT [MINI-MOS.COM](https://mini-mos.com)

2020 mini-mos Community Fun Run

DAVID MURPHY.
PROUD MAJOR SPONSOR

TAKE 3 FOR THE SEA
CHARITY PARTNER

ESTABLISHED 1980 MOSMAN P.S.
BROUGHT TO YOU BY MPS P&C ASSOCIATION

MOSMAN PUBLIC SCHOOL PARENTS & CITIZENS ASSOCIATION ABN: 77 906 990 219





Rotary Club of Balgowlah

CARS'N CLUES ROAD RALLY

SUN, 1ST NOVEMBER
\$50 PER CAR
SEAFORTH OVAL




COVID SAFE STAGGERED START FROM 1-2PM
EVENT TIME 2-2 1/2 HRS

GREAT PRIZES FOR ADULTS & KIDS



trybooking Balgowlah Rotary Road Rally
LINK: www.trybooking.com/BLQMJ
FUNDS TO BALGOWLAH ROTARY PROJECTS ESPECIALLY, YOUTH PROGRAMS
CAUTION: ALL PARTICIPANTS ENTER EVENT AT OWN RISK






MUSIC WAVES RAFFLE

SUPPORTING
DALWOOD SPILSTEAD SERVICE
 6TH DECEMBER 2020

PLEASE HELP SUPPORT US TO BUY TICKETS SCAN QR-CODE BELOW



PRIZES INCLUDE


- Overnight stay at The Novotel Manly & parking (RRP \$350)
- Layne Beachley - Awake Academy course (RRP \$297)
- Golf and carts for 4 at Wakehurst Golf Course (RRP \$245)
- Discover Dive Voucher from Manly Dive (RRP \$245)
- Gift voucher from Nordic Fusion (RRP \$200)
- Gift voucher from Carolina (RRP \$200)
- Round of golf for 4 at Mona Vale Golf Course (RRP \$200)
- Restaurant Voucher for Pilu Restaurant (RRP \$150)
- Restaurant Voucher at Ormeggio at the Spit (RRP \$100)
- Dining Voucher at Chiosco (RRP \$100)
- Gin tour & tasting at Manly Spirits Co (RRP \$120)
- Dining Voucher for the Boatshed group (RRP \$100)
- Lekker Bike - helmet (RRP \$69)
- Budgie Smuggler gift voucher, stubbie holders, cups (\$55-15)
- Bunnings Voucher (\$50)


















The Dalwood Home was created in 1920s and have helped 1000s of children from disadvantaged families.... This program has evolved and continues. Dalwood Spilstead Service has remained open through the whole Covid period to support their vulnerable children and families. They continue without their regular income from the Dalwood Auxiliary Jumble Sale which has been on hold due to the age of the volunteers.

BALGOWLAH HEIGHTS PUBLIC SCHOOL 2021 Kindergarten Orientation Program



PARENT ONLINE INFORMATION EVENINGS

Adobe Connect - [Click for how to join](#)

<https://connect.schools.nsw.edu.au/kindergarten2021/>



Wednesday 21 October | 7-8pm

- Welcome to Balgowlah Heights PS
- Overview of the Kindergarten Orientation Program
- Primary School Curriculum
- School Readiness



Thursday 29 October | 7-8pm

- Meet the 2021 Kindergarten Teachers
 - A day in the life of a Kindergarten student
 - Overview of the Best Start assessment
 - P&C Information
- Arabanoo | Canteen | Uniform Shop | Walking bus



NEW KINDERGARTEN ORIENTATION DATES

Orientation days are from **9.30 - 10.45am**

Parents will be notified which 'Group' their child is in
(students will attend 2 orientation days only)

- **Group 1 | Mondays 9 and 23 November**
- **Group 2 | Wednesdays 11 and 25 November**
- **Group 3 | Thursdays 12 and 26 November**



For more information

<https://bit.ly/3kCD7AC>

(password protected for
Kindergarten 2021 Parents)

