



Term 3 Week 10
25 September 2019

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Principal's Message

Spring Holidays

We wish all families a safe and enjoyable Spring Holiday which commences on Monday 30 September. The students return to school on Monday 14 October.

Recognition Assembly

Congratulations to the students for this week's Recognition Assembly. Thank you to Ms Rhodes and Mrs Jones for their work in organising the Assembly.

School Planning 2020

In the near future we will be commencing the process of organising classes for 2020. If you will be moving from our school at the end of this year it would be appreciated if you could complete the eForm "**Not Returning to BHPS in 2020**" on the Skoolbag App or on the link ["not returning to BHPS in 2020"](#).

Also if you have any special social considerations you would like the school to be aware of in planning classes (e.g. siblings close in age) you are welcome to send a letter/email to me providing details by Friday (27 September) of this week.

Tell Them from Me Parent Survey

You are invited to participate in the Tell Them From Me (TTFM) Partners in Learning Survey designed for parents and carers. This survey focuses on student engagement, wellbeing and effective teaching practices.

Parents and carers are an important and valued part of our school community. We will use survey feedback to make practical improvements and inform school planning. This online survey takes about 15 minutes to complete. It is anonymous and voluntary. If you have more than one child at this school, and feel that your children's experiences differ, you can complete the survey more than once.

You can access the survey in your own time, between 18 September and 18 October 2019. Go to the site on your computer or tablet: [Click here](#). More information on the Partners in Learning Survey can be found on the NSW Department of Education TTFM website: <https://surveys.cese.nsw.gov.au>

Thank you to the 20 families who have responded so far.

Selective High Schools 2021

Applications for students in Year 5 who wish to apply for a Selective High School (Year 7) in 2021 are now open. Applications **close on Monday 11 November** and must be completed online at [click here](#). Late applications will not be accepted. An Intention to Apply letter will be emailed to all Year 5 families providing further information.

Cunninghams

IN
YOUR
COMMUNITY

Proud Diamond Sponsor of
Balgowlah Heights Public School
Steve Lambley | 0402 859 644
Jodie Lynch | 0407 955 551



Operation Art

Congratulations to Jake Moreno Byrne (2J), Amy Bates (4C), Zoe Gordon (6/5V) and Sophie Lintvelt (6/5V) who currently have their art works on display at Operation Art.



Working Bee

On Saturday 19 October we will be holding a Working Bee at the school on the Eastern Campus from 9.30am – 1.30pm followed by a barbecue. If you are able to bring any of the following tools it would be appreciated: shovels, small trowels, rakes, wheel barrows, gloves and eye protection. If you are able to attend could you please register at [click here](#). The jobs we hope to undertake on the day are:

- Refresh garden beds
- Create new garden beds
- Spread mulch
- Transplant plants
- Paint brick wall

Ensemble Night

Congratulations to the Years 1-2 Choir, Junior Choir, Senior Choir, Recorder Group and Strings Groups for their performances at our Ensemble Night last week. Thank you to Miss Goldrick, Miss Weller, Mrs Simpson, Mrs Cronin, Mrs McVicar and Mrs Fechner for their time in preparing the groups and organising the evening.



Trivia Night

Thank you for your support of our school Trivia Night. Over 260 guests enjoyed a wonderful evening. An enormous thank you to Shamila Normington and the very large team of parents who prepared the event which involved significant hours. Thank you also to many generous persons and companies who made donations towards the night. All of your time, creativity and generosity was greatly appreciated. Further information is on page 5 of this week's Newsletter.

Year 5 Leadership Day

On Thursday 17 October all Year 5 students will have the opportunity to participate in a Leadership Day. The day will involve activities such as embracing strengths and responsibilities, team problem solving and contributions. An email with further information will be emailed to all Year 5 families.

Year 2 Swimming Program

Students in Year 2 have the opportunity to participate in the Department of Education School Swimming Scheme next term from Monday 14 October – Friday 25 October 2019. An email has been sent home with further details.

Summer Uniform

The students are requested to wear their summer school uniform as of the beginning of next term (Monday 14 October).

Battle of the Bands

Congratulations to the students in the Senior Band for their efforts at the *Battle of the Bands* last Sunday.

Upcoming Events

Term	Date	Activity	Time
Term 4 Week 1	Monday 14 October	Students commence Term 4 Year 2 Swimming School commences Years 3-6 Assembly	2.00pm
	Tuesday 15 October	Year 2 Swimming School	
	Wednesday 16 October	Sydney North Athletics Year 2 Swimming School	
	Thursday 17 October	Year 5 Leadership Day Year 2 Swimming School	
	Friday 18 October	Year 2 Swimming School Summer PSSA Round 7	12.30pm
	Saturday 19 October	Working Bee (Eastern Campus)	9.30am – 1.30pm
Term 4 Week 2	Monday 21 October	Year 2 Swimming School Years K-1 Assembly	2.00pm
	Tuesday 22 October	Year 2 Swimming School	
	Wednesday 23 October	Kindergarten 2020 Orientation Visit	9.30am - 10.45am
	Thursday 24 October	Year 1 (1W, 1G) Kimbriki Excursion Year 2 Swimming School SRC	2.00pm
	Friday 25 October	Year 1 (1M, 1CL) Kimbriki Excursion Year 2 Swimming School	
	Friday 25 October	Year 2 Swimming School Summer PSSA Round 8 World Teachers' Day	12.30pm

Have a safe holiday.

David Shuster
Principal

School News

Mathematics Mentoring

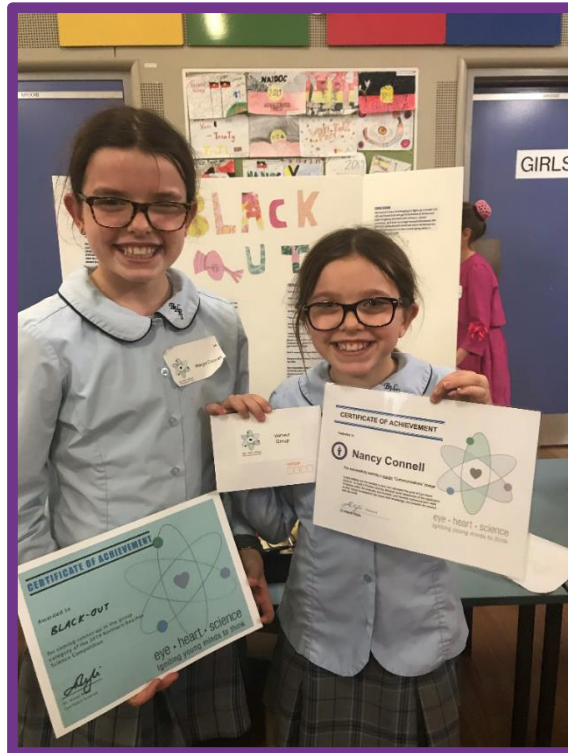
Some keen, young mathematicians from our school were fortunate to be able to attend a Mathematics Mentoring program held at Manly Selective High School during Term 3. It was a very positive experience for both Manly and Balgowlah Heights Public School students. The students attended once a week to work on solving challenging maths problems and clearly demonstrated significant ability in the process.

The flexibility and creativity of their thinking was impressive. As part of their visit, they were mentored by Year 11 students who have taken time to work with them and help them further their problem solving skills. Congratulations to all involved.



Northern Beaches Science Competition

The Northern Beaches Science competition was really well represented by Balgowlah Heights Public School last week. Congratulations to Nancy Connell (3S) and Margot Connell (5L) who were runners up. They made and presented a potato battery.



P&C

The Vikings came, they saw and... they raised money!

Saturday night saw the School Hall cleverly transformed into a Viking village full of barbarians. This generous horde helped to raise approximately **\$25,000** in gold coins! Thank you to all who attended and everyone who bought raffle tickets and bid on the prizes. The money raised will go towards the outdoor seating and decking area on the Western Campus.

This awesome event wouldn't have happened without the hard work of a dedicated team of people. We'd like to thank Sharmila Normington for her excellent creative and organisation skills in leading an able team of helpers including: Aroha Winikerei, Billy Anderson and Natasha Harras as her right-hand women, Tim Cox and Stuart Anderson for their Viking musical talent, DJ Moni for the late night dance off, Arabanoo for helping facilitate all the amazing artwork the kids produced, Katie Cox, Angela Steyne, Michelle Brooks, Siobhan Atkins, Louise Moore and the KK2016 clan for their support, Alex Cowie for loaning decor items, chefs Andre Steyne, Danny Normington and Curtis Johnson and everyone else who came along to help set up and tidy.

Finally, a huge thank you to all our many sponsors who donated such fabulous prizes! In particular thanks to Steve and Kate from Cunninghams Real Estate, our major sponsor, for selling raffle tickets at the event, and thanks to Lochlan for running the live auction.

This is the event that keeps on giving as Little Ripples Wine, who donated wine on the night, is kindly offering a 15% discount to all Balgowlah Heights Public School parents on orders from their website. Go to www.littleripples.co and enter the code 'Viking'.

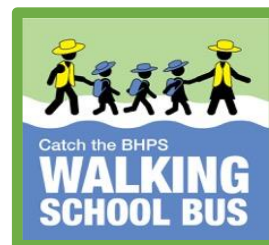
This is a sustainable and ethical business that is turning wine into water. For every bottle sold they provide one year of clean water to one person in developing countries.



Get on board the Walking Bus

Did you know about the [Walking Bus](#) at our school? We are one of the few schools on the Northern Beaches to run this volunteer-led initiative.

Click [here](#) for more information on the available routes, how to join and how to volunteer.



Sustainability Monitors Morning Tea

On Tuesday this week, our 70 School sustainability monitors were treated to a delicious thank you morning tea prepared by our lovely canteen staff. The monitors are responsible for taking the rubbish and recycling bins out into the playground and returning them. They also help the other students find the right bin so the rubbish is recycled correctly.



P&C Roles up for grabs

We are looking for someone to fill the following vacancy on the P&C Executive Team:

- **Band Treasurer** - from the start of next year, working with Caroline Fechner (Band Manager) and Nicole Larcombe (P&C Treasurer) you will oversee all Band accounts. This role should only take a few occasional hours of your time and would be a huge contribution to the school P&C. Please contact Alison at bhpsvpcomms@gmail.com for more information.

Coming up Next Term...

- **11 - 17 November:** Various activities for National Recycling Week. Start collecting your lightly worn clothing, shoes, hats, bags and accessories to donate to a sociable school Clothes Swap event in that week (more details to follow) and of course we'll have our usual Great Lunchbox recycle, plus more environmentally-conscious initiatives.
- **Late November (date and details TBC):** Enjoy an evening getting sticky fingers making your own gingerbread house.
- **Monday 28 October:** P&C Meeting at 7pm in the School Library.
- **Facebook Changes:** Next Term we'll be making the Facebook page a closed group so everyone can share stories and information on the school community page. Watch this space!

Wishing everyone a relaxing Spring break and see you next Term!

If you have any questions about P&C events or initiatives, or would simply like to find out how you can get involved and help out (we are always happy to welcome new volunteers and members!) please contact Billie, Alison or Diana on bhpsvpcomms@gmail.com.

The P & C Team

Like us on Facebook at [Balgowlah Heights Public School P & C](#) 

Uniform Shop

Opening Hours: Tuesday 8.30am - 9.30am
Thursday 2.30pm - 3.30pm

A 'Big Thank You' to all the fantastic volunteers this Term!!

Kindergarten 2020 Orientation – Volunteers Please

If you can spare an hour for fitting Uniforms on the new Kindy kids next Term, please come and join us!

- Wednesday 23 October from 10.45am - 11.45am (School Hall)
- Thursday 31 October from 10.45am - 11.45am (School Hall)
- Monday 11 November from 10.45am - 11.45am (Uniform Shop)

Use the link to register - [click here](#) **OR** if you can lend a hand in the Uniform Shop on a Tuesday or Thursday please email Loretta at bhpsuniformshop@gmail.com

Last chance to grab your Summer Uniforms for next Term this Thursday! **NEW Girls Navy Summer Shorts!**

The Uniform Shop will be closed during school holidays and re-open Tuesday 15 October 2019.

Loretta Mykityshyn
Uniform Shop Manager
bhpsuniformshop@gmail.com

Arabanoo

Vacation Care - Availability

We have limited availability left for Epic Inventions, Karate and Yoga, Illuminate Dance Party, Glen Street Theatre Fun Sports Day, Halloween, Powerhouse Museum and Games 2u. All other days are fully booked.

Vacation Care - Confirmation

Important: If you have not received a confirmation for Vacation Care please contact the Arabanoo Office as we may have missed your form.

Vacation Care - Change of Activity

The senior activity Epic Inventions (Tuesday 1 October) has been changed (due to a medical emergency) to a similar activity called Artificial Intelligence. The program introduces students to the key scientific concepts of Artificial Intelligence. Students get to implement computer vision using Python Code and Jupiter Notebooks with data and images they create. This fun and interesting incursion is not to be missed!

Vacation Care - Departure Times

On days we go on excursions please make sure to drop your child off at least 30 minutes before the stated departure time (can be found on the What's On Form on our website www.arabanoo.com).

Vacation Care - What to bring

Many activities require specific clothing or equipment to enable your child to participate. Please check the booking form to ensure your child has all the correct items:

- enclosed shoes
- Sun smart clothing
- broad brimmed/bucket hat (no caps - we have hats for hire for \$5 per day if your child hasn't brought one in)
- packed lunch and morning tea (avoid nuts)
- refillable water bottle
- weather appropriate clothing (rain coat, jumper)
- medication (if required)

Hats

Now that the days are getting longer and the sun stronger the UV will be 3 or higher most afternoons which means children need to wear hats (and sunscreen) whilst at Arabanoo. If your child hasn't got a hat with them we have hats for hire for \$5 per session. These hats get washed after every use.

Extra-Curricular Activities Term 4

During Term 4 we offer the following activities. Please contact the Arabanoo Office for a copy of the booking form:

- Monday – Yoga
- Tuesday - Musical Theatre
- Wednesday mornings - Mindfulness and Meditation (no booking form required)
- Wednesday afternoons - Skater HQ
- Thursday afternoons - Uni-cycling

Contact Us

T - 0299 486 722

M - 0421 014 308

E - admin@arabanoo.com

W - www.arabanoo.com

Hannah Goodeve

Acting Centre Director

Community

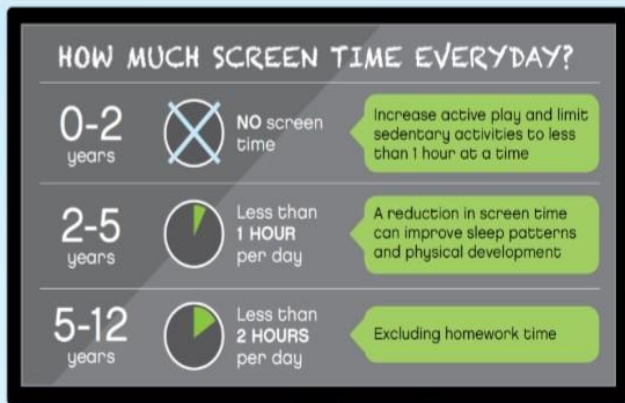
Live Life Well @ School

TURN OFF SCREENS + GET ACTIVE

Screens can be great for learning, play and communication.

Too much screen time can be unhealthy.

Try to sit less and move more!



** Based on Australia's Physical Activity and Sedentary Behaviour Guidelines 2014

Types of screens?

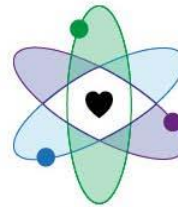


Based on WSUHD Screen time poster

More information at:
healthykids.nsw.gov.au



Health
Northern Sydney
Local Health District



eye • heart • science
Igniting young minds to think

Join the Balgowlah Heights Young Investigators for Term 4 BEFORE SCHOOL SCIENCE



Sessions run Monday mornings 7:30-8:30am
onsite at BHPS. For additional info & bookings:
www.eyehartscience.com.au/balgowlah-heights
Or email: alana@eyehartscience.com.au

