

Balgowlah Heights Public School

Excellence and Opportunity



Term 2 Week 9
26 June 2019

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Cunninghams

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COMMUNITY

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Balgowlah Heights Public School
Steve Lambley | 0402 859 644
Jodie Lynch | 0407 955 551



Principal's Message

Staffing

We congratulate Mrs Anji Kirwan who has been appointed to our school permanently.

Student Semester I Reports

As part of our Reporting to Parents Initiatives the students will bring home their Semester I Progress Reports on Thursday (27 June) of this week.

Recognition Assembly

We are looking forward to our K-6 Recognition Assembly next Monday 1 July, commencing at 9.15am in the Hall. Parents of students receiving awards have been notified by email.

Balgowlah Heights Public Speaking Competition

Congratulations to all the students who took part in our school's Public Speaking Competition. Results of the competition were:

	Winners	Runners-Up
Year 3	Quinn Paulsen	Sophie Mooring
Year 4	Zoe Rheinberger	Madeline Simmons
Year 5	Maxim Berberian	Jarod Binley
Year 6	Alexander Harvey	Chase McLean Toby Reardon

PBL Celebration Day

We look forward to our PBL Celebration Day next Wednesday 3 July. Further information is on page 3 of this Newsletter.

State Cross Country

We wish Gemma Sellick and Jacob Kimball all the best as they represent Sydney North at the NSWPSA Cross Country Championships early next term.

Sydney North Dance Festival

We look forward to the Junior and Senior Dance Groups performing on the following days at the Sydney North Dance Festival:

- Thursday 27 June : Rehearsal
- Friday 28 June : Evening Performance 7.30pm
- Sunday 30 June : Afternoon Performance 5.00pm
- Wednesday 3 July : Matinee Performance 9.45am

Education Week Open Day

We look forward to celebrating Education Week Open Day next term on Wednesday 7 August. The activities including class visits, performances and a picnic morning tea will all be held in the morning of this day.

Tournament of Minds

Students in Years 5 and 6 have been offered the opportunity to participate in a problem solving workshop next Tuesday, 2 July at school. The purpose of the workshop is to select two teams to represent the school at the Regional *Tournament of Minds* Competition to be held in Term 3. Tournament of Minds offers students the opportunity to solve open-ended challenges that foster creative, divergent thinking whilst developing collaborative teamwork.

School Masterplan

We welcome your ideas for our School Masterplan which will outline projects we would like to undertake in our school during the next five years. A google document link is provided below. Please proceed to this document and list any projects you would like the school to consider. Next term we will send the full list of projects to all families for further feedback. It would be appreciated if you could list your projects by Friday 5 July. Listed below are some of the projects already listed.

<https://docs.google.com/document/d/19OubQtH2QcJLMrAGV1f90auiX5U-JDlpNgCgHKVPKAA/edit?usp=sharing>

- Eastern Campus Playground surrounds
- 2 x Entrances on Radio Avenue
- Landscape and Resurface Entrance at Lewis Street - Administration Building
- Deck and Outdoor Classroom at Remembrance Garden
- Amphitheatre seating down to Netball courts
- Western Campus Playground upgrade
- Canteen facilities on Eastern Campus
- Chicken Coop
- Redevelopment of eastern and Western Campus vegetable gardens including a native bee hive in the Eastern Campus garden

Western Campus Toilets

Work has commenced on a total refurbishment of the toilet block on the Western Campus. During the building period the bubblers will not be available. The students are encouraged to bring a drink from home and will be able to fill drink bottles on the Eastern Campus.

Earn and Learn

The *Earn and Learn* Program has concluded. If you have any stickers at home you are welcome to forward them to the school.

Upcoming Events

Term	Date	Activity	Time
Term 2 Week 10	Monday 1 July	Recognition Assembly	9.15am
	Tuesday 2 July		
	Wednesday 3 July	PBL Celebration Day (Mufti Day) Sydney North Dance Matinee Performance	9.45am
	Thursday 4 July		
	Friday 5 July	Year 4 Maritime Museum Excursion Last day of Term 2	
Term 3 Week 1	Monday 22 July	School Development Day	
	Tuesday 23 July	Students commence Term 3	
	Wednesday 24 July	Visiting Artist - Maluerendi Clan	
	Thursday 25 July		
	Friday 26 July	State Cross Country Winter PSSA Round 9	12.15pm

Have a great week.

David Shuster
Principal

School News

Positive Behaviour for Learning

Celebration Day Wednesday 3 July

Students who have been observed following our school expectations receive a thumbs up token which is used to vote for a whole school celebration day.

This term students have voted for a mufti day. Students are able to wear mufti clothes, instead of their school uniform, next Wednesday 3 July to acknowledge their positive behaviour.



Year 2 Vacluse House Excursion

On Thursday 21 and Friday 22 of June, students in Year 2 visited Vacluse House to learn about what life was like for the residents of the house in the 1850s. The students were given a tour of the house and the gardens and were able to participate in many hands-on activities including playing 19th century games and helping out with chores around the kitchen.



It was a fantastic day full of learning!

Thank you to all the lovely parents who joined us on the day and to the Year 2 teachers, Ms Rhodes and Mrs Jerman for making it such a successful excursion.

Laura Ewan
Year 2 Teacher

Student Achievements



Congratulations to Annabel Lynch who will be participating in the Sydney North State Netball Championships in Orange next term. To assist Annabel attend this event she will be selling raffle tickets for \$2.00 on Wednesday 3 July, Thursday 4 July and Friday 5 July from 8.30am to 9.00am in front of the Admin Office. Prizes for the raffle are listed below and will be drawn in December:

- 1st prize : Notebook Laptop
- 2nd prize : iPad Mini
- 3rd Prize : Coffee Machine
- 4th Prize : Fitbit

Library News

Premier's Reading Challenge

The Library has had a very busy term with lots of enthusiastic reading by the students. We have also started reading the shortlisted CBCA books in the lead up to Book Week in Term 3.

Premier's Reading Challenge Information - the challenge is optional but if your child is participating:

Kindy : All classes are completed.
Years 1-3 : Please complete your paper sheet and hand in to the Librarian.
Year 1-2 : Were emailed 16 books that were read in library to add to those read at home - 30 books in total
Year 3 : 20 books in total entered on a paper sheet

All paper sheets should be back in the Library by the end of Term 2.

Year 4-6 : 20 books entered online by the students.

The **Challenge closes on August 15** so we can do the final validations.

Sports – Weekly PSSA Fixtures

Round 8 : 28 June 2019		
Girls Jnr & Snr A Soccer	v Manly Village	John Fisher 1
Girls Jnr & Snr B Soccer	v Manly Village	Reub Hudson
Boys Snr A Soccer	v Balgowlah North	Seaforth 1
Boys Jnr B1 Soccer	v Balgowlah North	Seaforth 2
Girls Netball		John Fisher Park
Rugby League		Nolans Reserve

P&C

School Masterplan

Have you got any suggestions for future school playground updates? Don't forget to add them to the Googledoc [here](#) and submit your ideas by Friday 5 July.

Cyber-safety talk - Monday 19 August at 7pm

Save the date and come and hear Julie-Inman Grant, Federal e-Safety Commissioner and mum at BHPS host a presentation on cyber safety. Please email Alison at bhpsvpcomms@gmail.com if you would like to see any particular issues discussed. Tickets coming soon on Flexischools.

Building Fund Contribution

It's not too late to contribute to the **School Building Fund**. Please consider making a **tax-deductible donation** of \$100 per family to via [Flexischools](#) **before this Sunday 30 June 2019** in order to get a deduction in your 2019 Income Tax Return. You will receive a receipt from our Treasurer, Nicole Larcombe. If you would prefer to donate using a different means of payment (card/cash/cheque/bank transfer), please use the [payment page](#) or contact Nicole at bhpstreasurer@gmail.com.

Soft Plastics

Can you lend a hand and help our sustainability team to recycle the soft plastics generated at school? Just pick up a bagful of plastics at the school at drop off or pick up and take them to Coles or Woolworths.

Please [click here](#) for more info and to add your name to the roster. For any questions please contact Felicity at felicity.stevens.aus@gmail.com.



Father's Day Breakfast on Friday 30 August - Save the Date

Tickets on sale via Flexischools soon.



BHPS Trivia Night – A VIKING'S FEAST

Saturday 21 September - 6.30pm to 11.00pm in the School Hall

Tickets for Tables of 10 available via Flexischools NOW !

Join in our annual celebration of our ever popular P&C fundraising Trivia Event. Start gathering your table of 10 fearsome vikings! To ensure another hugely successful night, why not help by volunteering? If you are interested please contact [Sharmila Normington](mailto:Sharmila.Normington@BalgowlahPublicSchoolNSW.nsw.gov.au) at Sharmilanormington@gmail.com

Entertainment Book

Don't forget to order your new Entertainment Book online or in paper form if you haven't already. Fourteen dollars from every purchase goes to the school. Click [here](#) to buy and if you order a printed copy please forward your receipt to [Alison](#) so you can pick it up.

Like us on Facebook at [Balgowlah Heights Public School P & C](#) 
The P&C Team

Uniform Shop

Opening Hours: Tuesday 8.30am - 9.30am
Thursday 2.30pm - 3.30pm

Don't forget to grab a rain jacket and a fluffy jumper!

Donations - thank you for your kind donations. Please check that your donated items are in good condition and are **current uniform items**, no socks, tights or hair accessories.

If you can't make the Uniform Shop please use the online Order Form located on the school website or Flexischools and your items will be delivered to your child's class.

Loretta Mykityshyn
Uniform Shop Manager
bhpsuniformshop@gmail.com

Canteen

This week Monday 24 – Friday 28 June is the turn of **Year 5** parents to help out. Just one parent per class is all that's needed to make a huge difference to the canteen staff. Sign up here: <http://www.signup.com/go/yaQUgsw>.

Sanja Vidaic & Kathrine Boulderstone
Canteen Managers

Arabanoo

Fete - Wednesday 26 June

Our Fete is here! Come along for a Sausage Sizzle, Popcorn, Raffle and heaps of fun interactive games and challenges. All family members are welcome to come and join in the fun between 5pm - 6pm on the Western Campus (Senior). **A free day on our Vacation Care and Manly Sea Eagles Tickets are up for grabs.**

Swap Shop - 3 donated items only

A popular stall has been the swap shop. Children can bring in items (toys, books or clothes) that they no longer use. If children have donated three items they are free to choose two items to swap in return for the donation. We are asking parents to ensure there are no more than 3 items donated per child please. Please bring items to Arabanoo on Wednesday morning between 7:30am - 9:30am so we can make a list of all the children donating.

Vacation Care - Filling Fast

Please note that the early bird rate booking deadline for Vacation Care finishes this Wednesday 26 June. Currently only Disney on Ice is fully booked while other days are filling up fast. Booking forms are available on our website or in the centre.

Term 3 Bookings - Changes for Term 3

Please email the Arabanoo office if you want to make any changes to your current booking for Term 3. We have all sessions available (mornings and afternoons) except for Tuesday afternoons. If you require a Tuesday afternoon we can add you on the wait list.

Family Yoga Day – Sunday 30 June

Head over to Forestville Community Arts Centre between 3pm - 4pm this Sunday. Suitable for ages 3 - 8 and all adults. Find out more at www.myogaplayground.com.au/timetable

Contact Us

T - 0299 486 722

M - 0421 014 308

E - admin@arabanoo.com

W - www.arabanoo.com

Rowan Friend

The Arabanoo Team

Community



TENNIS AND COMBINED SPORTS CAMP



www.bareenatennis.org.au

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Phone: 0403 833 293

CAMP 1: 8th - 12th July 2019

CAMP 2: 15th - 19th July 2019



Live Life Well @ School

LESS SALT, MORE FLAVOUR!

Use **herbs** and **spices** (fresh or dried) to add flavour to meals *instead* of salt.

The list is endless!

Try basil, oregano, rosemary, paprika, cumin.

Top tips:

Avoid dried herbs labelled 'seasoning' as they contain salt.

Try swapping Mexican taco seasoning for a spice mix of **2 tsp paprika, 2 tsp coriander and 3 tsp cumin**

For recipe inspiration, search 'herbs and spices' at heartfoundation.org.au



Health
Northern Sydney
Local Health District

Winter School Holiday Activities



Check out our school holiday activities for primary school students

Students will receive an interactive presentation on banknote security features and get a sneak peek at the new uncirculated \$20 banknote. They will also be taken on a guided journey through the Museum and learn about the history of Australia.

Sessions for Kindergarten – Year 2
Monday 8th July, 10.00am – 11.30am
Wednesday 10th July, 10.00am – 11.30am
Friday 12th July, 10.00am – 11.30am

Sessions for Year 3 – Year 6
Monday 8th July, 1.00pm – 2.30pm
Wednesday 10th July, 1.00pm – 2.30pm
Friday 12th July, 1.00pm – 2.30pm



Cost: Free
Registrations of interest are now open.
To register your child please visit the
Museum Website
www.museum.rba.gov.au/events

Important Information:
Offers for attendance to School Holiday sessions
will be sent 5-10 business days out from the event.
As this is a highly subscribed event we cannot
guarantee all registrations will be offered a place
for this school holiday period.

Email: museum@rba.gov.au
Phone: (02) 9551 9743
Ground Floor, 65 Martin Place
Sydney NSW 2000



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