



Term 1 Week 8
20 March 2019

Contents

Principal's Message	Page 1
Upcoming Events	Page 3
School News	Page 3
P&C	Page 5
Uniform Shop	Page 5
Canteen	Page 6
Arabadoo	Page 6
Community News	Page 7

Principal's Message

Harmony Day

This year we will be celebrating Harmony Day at our school on Thursday 21 March. Harmony Day is a day to celebrate Australian multiculturalism. It is about inclusiveness, respect and belonging. To help celebrate this day we will be undertaking classroom lessons and the students are welcome to wear an orange accent clothing item to accompany their school uniform.

NAPLAN

We will also be holding a NAPLAN Information session for parents of Year 3 students on Tuesday 9 April. An email providing further information has been sent to Year 3 families. Further information is also on page 3 of this week's Newsletter.

Parent/Teacher Interviews

We will be holding Parent/Teacher Interviews the fortnight commencing Monday 25 March. This will be a valuable opportunity to discuss how your child has settled into the new school year, share with you assessment information and areas of focus for the future. We will be using an online booking system for interviews. For parents who do not have internet access please contact the office with a choice of two preferred booking times.

Bookings open: Monday 18 March 9.00am

Bookings close: Friday 22 March 3.00pm

URL: www.schoolinterviews.com.au

Event code: xxccs

1. Enter your details
2. Select the teachers you wish to see
3. Select the appointment times that suit you best

When you click 'finish', your interview timetable will be emailed to you automatically. You can return to www.schoolinterviews.com.au at any time and change your interviews until Friday 22 March (3.00pm).

Bally Bolt

Thank you to Diana Worman and the team for their endless hours and wonderful efforts to ensure a successful Bally Bolt. Despite the weather the day was a great success. A full report is on page 5 of this week's Newsletter.



IN YOUR COMMUNITY

Proud Diamond Sponsor of
Balgowlah Heights Public School

Steve Lambley | 0402 859 644
Jodie Lynch | 0407 955 551





Balgowlah Automotive



MILLIN'S

★ SINCE 2011 ★



Bally Bolt
FUN RUN

National Day of Action Against Bullying

The students took part in classroom and whole-school activities for National Day of Action Against Bullying. Students took a pledge against bullying and shared this with each other at assemblies.



Specialist Education Programs

On page 3 of this week's Newsletter is information on our Learning Support program for this year.

Winter PSSA

Trials for Winter PSSA teams will commence next week for students in Years 4-6. Students are requested to wear their sports uniform on these days if they are trialling. The trials will be held on the following afternoons:

- Thursday 28 March Junior (turning 9 or 10 this year)
- Friday 29 March Senior (turning 11 or 12 this year)
- Thursday 4 April Junior (except Year 5 Juniors)
- Friday 5 April Senior and Year 5 Juniors

The following sports will be offered:

- Junior Girls Soccer Junior Boys Soccer Senior Girls Soccer Senior Boys Soccer
- Junior Netball Senior Netball
- Junior Rugby League Senior Rugby League

PSSA Representation

Congratulations to the following students who have gained representation in regional and/or state PSSA sports.

Manly Zone Representatives to Sydney North AFL Trials:	Annabel Lynch Mason Palmqvist Larnach Black Jonas Antolik Max Jans
Manly Zone Representative to Sydney North Hockey Trials:	Aidan Gilbert
Manly Zone Representative to Sydney North Hockey Trials:	Jarah Vinks
Sydney North Representatives to NSW PSSA Tennis Championships:	Ellen Hirschi Pantha Tilsley

Upcoming Events

	Date	Activity	Time
Term 1 Week 9	Monday 25 March	SportsPro (Years 1 and 2) Years K-2 Assembly	2.00pm
	Tuesday 26 March		
	Wednesday 27 March		
	Thursday 28 March	School Tour Sydney North swimming	9.30am
	Friday 29 March		
Term 1 Week 10	Monday 1 April	SportsPro (Years 1 and 2) Years K-2 Assembly	2.00pm
	Tuesday 2 April		
	Wednesday 3 April	SRC Meeting Year 5 Narrabeen Camp	2.00pm
	Thursday 4 April	Year 5 Narrabeen Camp	
	Friday 5 April		

Have a great week.

David Shuster
Principal

School News

NAPLAN

NAPLAN assesses literacy and numeracy – important skills that each child needs to succeed in school and life. The NAPLAN tests are designed to help us make sure students are on track with their literacy and numeracy development. Students in Years 3, 5, 7 and 9 participate in NAPLAN tests for reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy.

This year school will participate in NAPLAN Online from 14-17 May 2019. Students do not need to be computer experts to take the NAPLAN test online. Making sure students have computer skills is part of our school curriculum, and our teachers will ensure your child is familiar with the online format. To see the types of questions and interactive features of NAPLAN Online, visit [the public demonstration site](#).

This term students in **Year 3 will participate in a practice test on Tuesday 2 April and Year 5 on Tuesday 26 March**. The purpose of the practice is to enable students to experience the online environment and to enable the school to fine tune our management of test delivery. Feedback will not be given regarding student performance in the practice. If you have any questions about NAPLAN Online, please contact your child's teacher.

For more info:

- [How to support your child during NAPLAN](#)
- [information for parents and carers](#)
- [Watch a video that explains NAPLAN Online](#)
- [Subscribe to ACARA's monthly parent newsletter, Parent Update](#)

Learning Support Program

At Balgowlah Heights Public School the Learning and Support team plays a key role in ensuring we meet the specific needs of students with additional learning and support requirements.

We have been working closely with classroom teachers, providing extra assistance and support that enables students to meet their individual needs.

The team has been busy implementing evidence based, best practice programs from Macquarie University in both literacy and numeracy this term.

- Selected Year 1 students - MiniLit
- Selected Year 2 students - MultiLit
- Selected Year 3 students - Spelling Mastery
- Selected Year 4 students - MacqLit and Quicksmart Numeracy Program

In addition to these programs our Year 5 and 6 students have been benefiting from small group or individual instruction in literacy and numeracy. Later in the year selected kindergarten students will be involved in the KindyLit literacy program.

Quote from Robert John Meehan *"Every child has a different learning style and pace. Each child is unique, not only capable of learning but also capable of succeeding"*.

We are very proud of how hard our students are working this term.

Learning and Support Team

**Mrs Sally Lambooy, Mrs Maria Naylor,
Mrs Antoinetta Nicolson and Mrs Michelle Cruikshank**

PSSA Representation Support

To assist Pantha Tilsley and Ellen Hirschi attend the State Tennis Championships at Inverell in May the students will be selling raffle tickets next week on Tuesday 26 March and Wednesday 27 March from 8.30am-9.00am in front of the School Office. Tickets are \$2.00. Prizes for the raffle are:

- 1st Prize: Notebook Laptop
- 2nd Prize: iPad Mini
- 3rd Prize: Coffee Machine
- 4th Prize: Fit Bit

Live Life Well at School



Live Life Well @ School

BIKE RIDING!

Children under 16 years of age (and adults supervising them) are now allowed to ride on footpaths in NSW. Happy riding!

Follow these tips for safer cycling:

- Wear an approved, fitted and fastened helmet
- Keep left when riding on the footpath and give way to pedestrians
- Wear bright or reflective clothing to make yourself visible
- Travel at a speed that is safe for you and others

More tips:
www.bicyclenetwork.com.au
www.roadsafety.transport.nsw.gov.au

National RIDE2SCHOOL Day
22 March 2019 is National Ride2SchoolDay.
Walk, bike, ride, skate or scooter to school to celebrate active travel!

NSW GOVERNMENT | **Health** Northern Sydney Local Health District

**Megan Holland
Deputy Principal**

Bally Bolt - Wet and Wild!

A huge **THANKS** and **CONGRATULATIONS** to everyone who took part on Sunday in the Bally Bolt 2019. You made the day bright and cheerful, despite the rain! We'd like to thank all our generous sponsors and supporters who donated their time and money to help make this a really successful event.

Thank you to our Diamond Sponsors and Race Partners [Balgowlah RSL](#) and [Cunninghams](#), our Gold Sponsors [Vision Personal Training](#), [SquareOne Physiotherapy](#) [The Healthy Mummy](#) and our other partners, [Balgowlah Automotive Pty Ltd](#), [Hands On Health Care Clinic](#) [Healthy Heights](#), [Manly Surf n Slide](#), [Miss Beatrice](#) and Costello Rumps and Ribs.



We are still collating ticket sales and sponsorship, so will let you know shortly how much we have raised for our school and for the Adolescent and Young Adult Hospice in Manly. If you want to check out your 5km race times, please visit My Race Result. https://my4.raceresult.com/118437/?lang=en#1_7AAEAD

Follow the [BHPS Facebook](#) to see photos from the day and updates on winners of each category.

Remember that you can still get sponsored for another couple of weeks. All the money raised via sponsorship is tax deductible and goes to the school Building Fund to fund school infrastructure projects such as playground upgrades, air conditioners, smartboards etc. [Click here to find out how](#). If any finishers missed getting their wristbands there is a box of them in the school office - help yourself!

Finally, a huge thank you to the Bally Bolt organising committee and all the volunteers who worked hard to plan for months in advance and who came in the rain to set up, marshall and pack up at the end. These kinds of events couldn't happen without you! But a special thank you must go to **Diana Worman** who project-managed the whole event, all in her spare time, juggling 3 kids, work and other volunteering activities!

Trivia Night - Year 3 team to lead

Year 3 has been allocated the task of running this year's ever-popular Trivia Night. Please contact [Alison](#) if you would like to lead the working group to run this fun event. There are lots of templates available to make this job a little easier.

Easter hats for the parade this year are going to be made using sustainable materials only. This is a great step forward towards a more environmentally-friendly mindset.

Like us on Facebook at [Balgowlah Heights Public School P & C](#) 

The P&C Team

Uniform Shop

Opening Hours: Tuesday 8.30am - 9.30am
Thursday 2.30pm - 3.30pm

Volunteers Please! - If you can help out on a Thursday afternoon for only 1 hour, please email Loretta at bhpsuniformshop@gmail.com

All New Students - Winter Uniforms for Term 2

It's time to get your Winter Uniforms for Term 2. Please don't leave purchasing your Winter Uniforms until the last week of term, the Uniform Shop gets very busy!

Donations - Thank you for your donated uniforms. Please make sure all donations are in good condition, washed and are current school uniform items. No socks, tights or hair accessories please.

If you can't make it to the Uniform Shop, orders for Tuesday deliveries can also be placed through the Online Order Form, under P&C on the school website or Flexischools and delivered to your child's class.

Loretta Mykityshyn
Uniform Shop Manager
bhpsuniformshop@gmail.com

Canteen

The canteen desperately needs more volunteers. To prevent prices increasing or limiting food choices, we need our parents to help.

To try and encourage more volunteers and to spread the load, we are implementing a weekly year group roster. We are asking for **one parent** from **each class** to volunteer during their year group's rostered week. No Cooking Skills Required - feel free to buddy up, it's fun and the kids love seeing you.

This will make a massive difference to the canteen's ability to continue operating effectively and it will take the pressure off the same volunteers helping all the time.

Your Class Co-ordinators will be reminding you when it's the turn of your year group so please look out for these reminders in the "In the Loop" email newsletter each week.

This week 18 - 22 March is the **Kindy** year group's turn. If you haven't signed up yet and you have children in kindergarten, it's not too late! There are short 1-hour slots available so please just do what you can. Click here to sign up: <http://signup.com/go/yaQUgsw>

Sanja Vidaic & Kathrine Boulderstone
Canteen Managers

Arabanoo

Vacation Care - Taking Bookings

Booking forms are out for the Autumn Vacation Care. Spaces fill up fast so get in early to secure a spot. Please note there is a \$15 fee for changes to bookings after the early bird booking deadline (3rd April). Booking forms can be downloaded from our website or picked up from the centre.

Sustainability - Update

Our Worm Farm is back up and running on the senior campus and our compost bins are next on the list to bring back to life.

Family Challenge Week - Prepare yourself

All of next week the children will be running some parent/carer challenges when you arrive to drop off or pick up your child. Please allow 5 minutes to complete some fun challenges at some point next week.

Save the number – 0421-014-308

We are increasingly using the Arabanoo work mobile to contact parents in the afternoon for child non-attendance. Please save this number into your phones.

Contact Us

Email: admin@arabanoo.com
Website: www.arabanoo.com
Phone: 02 9948 6722
Mobile: 0421 014 308

As always, please contact the Arabanoo office if you have any questions.

Rowan Friend
Arabanoo Team

CANTEEN NEEDS YOUR HELP!

1 IS THE MAGIC NUMBER!

1 VOLUNTEER PER FAMILY

1 HOUR

1 DAY

1 TIME

Go to the school website to sign up:
balgowlah-p.schools.nsw.edu.au/need-to-know/canteen/canteen-rosters
 Or just pop in to the canteen.

Headstart
 MANDARIN
 领先·汉语

Give your child the best bilingual headstart by joining our play, inquiry and story based Chinese language program.

Learning Made Fun Easy and Engaging
 Small Class Size Multi Media Resources

• Creative Kids Provider • Free Trial Class •

Phone: 0430 222 116 Website: <http://www.headstartmandarin.com> Email: headstartmandarin@gmail.com



BEFORE SCHOOL SCIENCE

Monday mornings 7:30am-8:30am ONSITE

Limited places now available for Term 2!

For more information or to book a place: <https://www.eyehartscience.com.au/balgowlah-heights>